



ST. JOSEPH UNIVERSITY

Virgin Town, Ikishe Model Village, Chümoukedima, Nagaland - 797 115



4th SJU Heritage Diem

THEME

“Flavours of Heritage: A Cultural Voyage through Food and Words”

Date

1st October 2026

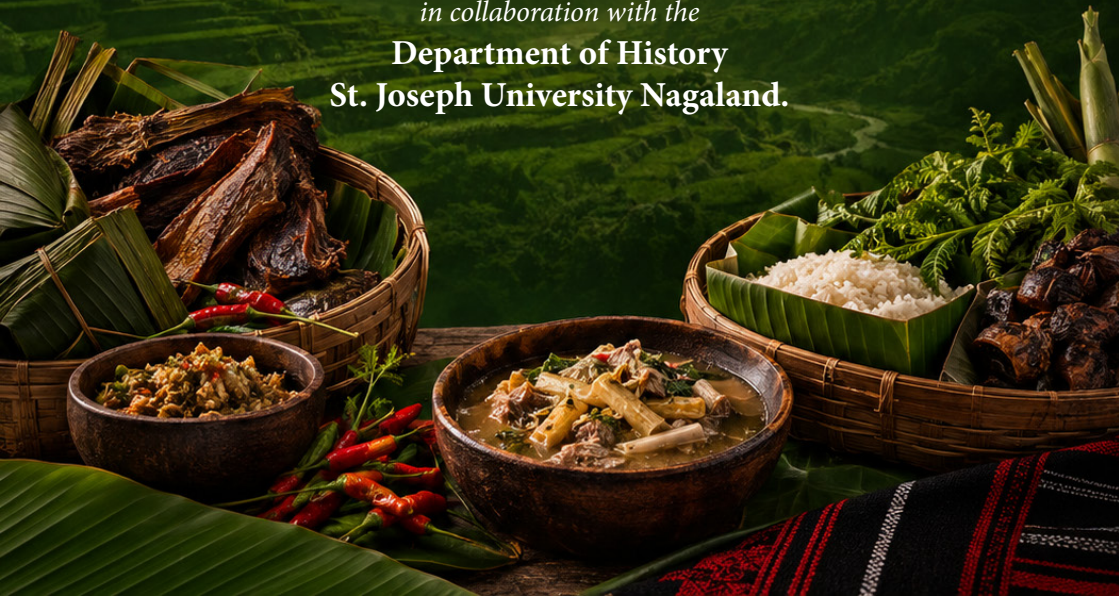
Time

9:30 AM

Venue

SJU Auditorium & Campus

Organized by the
St. Joseph University
in collaboration with the
Department of History
St. Joseph University Nagaland.





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Virgin Town, Ikishe Model Village, Chümoukedima, Nagaland - 797 115

4th SJU Heritage Diem- 1st October 2026

Theme “Flavours of Heritage: A Cultural Voyage through Food and Words”

SJU Heritage Diem celebration, under the theme “**Flavours of Heritage: A Cultural Voyage through Food and Words,**” aims to celebrate and promote cultural heritage through food, literature, memory, and traditional culinary practices.

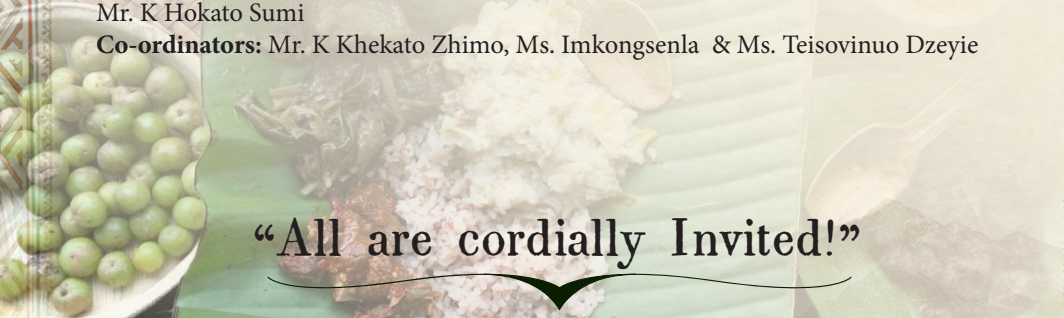
The celebration will be explored through two complementary themes:
“**Poetry of Food: Expressions of Taste and Memory**”: Exploring the connection between food, memory, emotions, literature, and cultural identity.

“**Heritage on Leaves: Celebrating Traditional Culinary Practices**”: A celebration of traditional foods, culinary practices, methods of presentation, and the rich cultural knowledge and traditions passed down from one generation to the next.

Convenor: Prof. Dr. Avinuo Chupuo

Co- Convenors: Dr. Lanuchila Changkiri, Dr. Kinitoli H Yeptho, Dr. Muleto Vero & Mr. K Hokato Sumi

Co-ordinators: Mr. K Khekato Zhimo, Ms. Imkongsenla & Ms. Teisovinuo Dzeyie



“All are cordially Invited!”

INFORMATION FOR THE PARTICIPANTS

Part-I : “Poetry of Food: Expressions of Taste and Memory”

- Registration of participants' name (two from each department) will be done at staff room no. 1416, Block -E (Dept. of History)- 20th August 2026
- Participants must compose poems (original poems) based on the theme 'poetry of Food: Expressions of Taste and Memory,'
- The participants should present poems inspired by food, culinary traditions, cultural practices, Memories, and Heritage.
- The participants should recite the poem with proper expression, relevance on the theme, originality and creativity.
- Power point is a must (1 -2 slides). The time limit for each presentation will be 5 to 10 minutes.
- The poem must also be submitted in soft copy to the Co-Convenors on 20th September 2026.
- A short note about the poem, source of inspiration, and theme (50–100 words) must also be submitted in soft copy to the Co-Convenors on 20th September 2026.
- Scrutiny team will be inducted from various departments
- The poems will be published in book form.
- Any work found to contain plagiarism will be rejected

PART–II : “Heritage on Leaves: Celebrating Traditional Culinary Practices”

- All students and staff are requested to come dressed in cultural attire on this day.
- The Food Festival will be held from 12:35 p.m. to 2:15 p.m.
- Students should bring one or more traditional food items from their respective communities and arrange them for display. Following the display, students may partake of the food as part of a celebration lunch.
- Food should be plated and served on banana leaves and other traditional utensils, reflecting the rich culinary traditions of our communities.
- Participation is compulsory for all departments, and all classes are expected to contribute actively towards making the celebration meaningful and vibrant.
- Food labels and brief descriptions of the dishes are encouraged, as they will make the display more informative and appealing.
- All the class teachers are requested to coordinate the arrangement and presentation of the food at the SJU Ground, beneath the trees on campus.
- All respective department teacher-in-charges and participants are requested to take proper care of the tables provided. After use, each department must ensure that the tables are cleaned and returned to the SJU Mess.
- Hot cooking items, cooking stoves, or any other heat-producing appliances must not be placed directly on the tables.
- Students are requested to use the designated garbage bins and avoid littering. Everyone is expected to help maintain the cleanliness of the venue.
- Students are requested to bring their own water bottles.
- The feast will commence after the invocation.

Note: Please note that further information will be disseminated through the convenors/organisers. All departments and students are cordially requested to extend their wholehearted cooperation and support for the successful conduct of this university event.

Poetry of Food: Expressions of Taste and Memory

Date: 1st October 2026

Venue: Auditorium

Time: 9:30-12:00 PM

Order of Programme

Chairperson

Mr. K. Khekato Zhimo, Assistant Professor, Department of History

Invocation

Rev. Sr. Sabeena DMI, Finance Controller, SJU

Welcome address and introduction of the Programme

Prof. Dr. Avinuo Chupuo, Head, Department of History

Special no

Cultural Club, SJU

Speech

Prof. Achanger, Head, Department of Political Science

Poetry competition

Special No

Rükhru Mezü (By the sweat of the cross) : PG III

Evaluation and declaration of result

Dr. Muleto Vero, Assistant Professor, Department of History.

Vote of Thanks

Dr. Lanuchila Changkiri, Assistant Professor, Department of History

Heritage on Leaves: Celebrating Traditional Culinary Practices

Date: 1st October 2026

Venue: SJU Ground

Time: 12:35-2:15 PM

Chairperson

Dr. Kinitoli H Yeptho, Associate Professor, Director, IQAC

Invocation and Blessing of food

Fr. Anish, PRO, SJU

Vote of Thanks

Ms. Teisovinuo, Assistant Professor, Department of History

Celebration begins

Judges for Poetry competition

Dr. Muleto Vero, Assistant Professor, Department of History

Ms. N Esther Ezung, Assistant Professor, Department of English

Ms. Aching Susanna, Assistant Professor, Department of Management