



SJUNEWSBITES

THEME: NATIONAL GIRL CHILD DAY

Digital Generation, Our Generation, Our Time is Now - Our Rights, Our Future



A monthly Newsletter of St. Joseph University

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EDITORIAL MESSAGE

The editorial team brings warm greetings to all the readers of this issue. Every year, on January 24th, India comes together to mark National Girl Child Day—a dedicated occasion to shed light on the challenges faced by girls and emphasise the importance of their well-being. It serves as a poignant reminder to address issues like gender inequality, access to education, and healthcare. It was to address not only these issues but also several more, that the decision to dedicate one day in the year to the girl child was made by the government of India. The idea was to use this one day to bring about an awareness that would continue, all year long.

The slogan for National Girl Child Day is “Digital Generation, Our Generation. Our Time is Now – Our Rights, Our Future.” It serves as a reminder to society about the importance of providing equal opportunities and respect to every girl, encouraging their education and overall well-being. The day is also in line with various campaigns and programs run by the Indian government including Beti Bachao, Beti Padhao (Save the Girl Child, Educate the Girl Child). National Girl Child Day was established by the Ministry of Women and Child Development in 2008. Since then, every year the day has been celebrated across India with a common annual theme. The move aimed to acknowledge the unique challenges faced by girls in a society grappling with gender inequality, education limitations, school dropouts, healthcare, child marriage and gender-based violence.

The notion of celebrating such a day has deeper roots – the day is meant to remind us that girls make up almost half the country’s population, but they are not getting the rights and freedoms they deserve. When National Girl Child Day is celebrated on January 24th, every year, it is also meant to serve as a reminder of everything that has been done and still needs to be done to protect and nurture every girl child of our country.

Therefore, every child in the country may be a boy or a girl is important and are the future of the country. Girls should be treated equally and should get all the opportunities in our society for the welfare of the Nation as a whole.

This issue includes articles, poems, anecdotes, art-works, a host of other things. .We hope you enjoy reading this issue as much as we have enjoyed making it.

Happy Reading
The Editorial Team



HAPPY NATIONAL
GIRL CHILD DAY

MESSAGE FROM THE DEAN OF STUDENT AFFAIRS



The National Girl Child Day is celebrated on 24 January in India to spread awareness about the rights of girls and to highlight the inequalities that they face in their lives. National Girl Child Day was first initiated in 2008 by the Ministry of Women and Child Development. The main objective behind this is to highlight the inequalities faced by girls and to promote awareness including the rights of a girl child, and the importance of education, health, and nutrition. The idea of National Girl Child Day emerged from the recognition that girls in India face a multitude of challenges, including gender-based violence, child marriage, and limited access to education and healthcare. These challenges not only hinder girls' personal growth and development but also have a detrimental impact on the overall progress and development of the country. Various events are organized all across the country to celebrate Girl Child Day to promote education, position, equal status, etc. in society. Also, the Government of India organizes several campaigns to increase the consciousness among the people regarding girl children in Indian society. Through this campaign, the Government of India highlights the inequalities and problems related to the girl child. One of the major programme is the BetiBachaoBetiPadhao through which the welfare of the girl child is looked after with a long term goals.

The theme for National Girl Child Day 2024 is "Digital Generation, Our Generation, Our Time is Now—Our Rights, Our Future". This implies the tremendous potential technology has for empowering the girls of this nation. The 21st century is the age of information and knowledge and the application of technology in the field of accessing latest information to generate knowledge is developing at great speed. In fact there is no barrier or boundary in the process of accessing information. It is seamless and instantly available on the palm of our hands with the onset of smartphones and other IT gadgets.

However, this immense treasure trove of information cannot be accessed without proper know-how on using the latest technological gadgets as well as the precise location of these sources of information. Therefore the theme of the year 2024 will surely go a long way to emphasise the great importance technology has for the welfare and development of the girl child in our country. The observation of this event will also lead to a reaffirmation of our commitment towards securing equal rights and opportunities for the girl child.

Prof. Charles Mhonthung Ezung
Dean of Student Affairs

DEPARTMENT MEETING

DEPARTMENT OF JMC

The Departmental meeting of JMC was conducted on Tuesday, the 31st of January 2024 at 11:50 am. The meeting was moderated by the Head of Department, Dr. Naorem Nishikanta Singh. A total of 6 agendas were discussed and the faculties present in the meeting were: Dr. N. Nishikanta Singh. Asst. Prof. and HOD, Mr. D. Kayideluo Pfoze. Asst. Prof. Ms. Hoijahat Gangte. Asst. Prof. Mr. Jimmy Chishi. Asst. Prof.



OBSERVANCE OF FOUNDATION DAY

St. Joseph University has crossed one more milestone as it celebrated its 8th year of excellence on 25th January 2024 with great zeal and fervour. The celebration started with an opening performance of steps in tune with music by the Department of Education, SJU, followed by lighting of the candle ceremony by the Honourable Vice Chancellor Dr D Gnanadurai, Dr S Thiyagarajan, Rev Sr Victoria, Prof Charles and Rev Fr Arockia Sezhan.

Rev Fr. Dr. Michael Arockiam Nathan, pronounced the invocation, followed by welcome address by Dr. Avinuo Chupuo, Head Dept of History. Prof. Charles Mhonthung Ezung, Dean, Student Affairs exhorted the gathering by reflecting on the history and origin of the university. He gave credit for the present success and growth of the university to the founding father Rev Dr JE Arul Raj, Bishop Rev Dr James Thoppil and other founding members. A special song was presented by the alumnis of SJU, followed by Ms Paukizonne Mariam, Asst Professor Dept Of Education, Peren Govt College who is also an alumna sharing her experience as a student of SJU. The Dept of Social work performed a cultural dance followed by a video presentation under the theme-

‘Fully Human fully alive.’

Message was delivered by Dr. D. Gnanadurai, Vice chancellor having served in the university since its inception, he shared his anecdotes of past days, about how things functioned then and the changes that can be seen now. He expressed his happiness on how things have progressed now with many new developments in the campus as well as in the field of research and other academic activities. He expressed his gratitude to each and every member in achieving extraordinary milestone despite all challenges. He stressed on focusing for internationalisation of education in the days to come.

The programme concluded with a note of thanks by Dr Rajaganesh, Dean Science and management studies followed by university anthem by SJU choir and benediction by Rev Fr Anish PRO..

The HODs’ of various departments, faculty members, DMI Sisters, MMI Fathers, staffs, students and the alumnis graced the ceremony with their presence and celebrated the special day reflecting the beginning of the university and its significant development since the inception.



DEPARTMENTAL ACTIVITY

DEPARTMENT OF HISTORY

THE DEMO DAY ORGANISED BY DEPARTMENT OF HISTORY IN COLLABORATION WITH IIC

On 31st January 2024, the Department of History in collaboration with Institution's Innovation Council (IIC), St. Joseph University, Nagaland, conducted a Demo Day on the theme, 'MY STORY- MOTIVATIONAL SESSION'. The speaker was Dr. Akha Khou Stephen, Assistant Professor, Department of Manafement, SJU, Founder and Proprietor A. K East Himalayan Food and Secretary, Mey Maikho Development Welfare Trust. The coordinator of the event was Dr. Lanuchila Changkiri, Department of history, SJU.



CLUB ACTIVITIES

ECO CLUB

AWARENESS CAMPAIGN ON WETLANDS CONSERVATION

24th January 2024

The Eco Club St. Joseph University organized an Awareness campaign on "Wetlands conservation" on the theme "Wetlands and Human Well-being" on 24th of January 2024. The program was conducted from the university's seminar hall at 10am. The resource person of the session was Dr Marsosang Pongen, Assistant Professor, Department of Zoology, St. Joseph University. The program was conducted as per the direction of the Ministry of Environment, Forest and Climate change. It was aimed to raise awareness about the vital role of wetlands for people and our planet.

The Awareness program was conducted through lecture session in which Miss Jennyrose of BSc. Zoology 4th Sem chaired the session. The informative event was initiated with the invocation by Sr. Nitu Kujur, BSc. Zoology 4th Sem. It was followed welcome address by Miss Kevimhenio Rio, MSc. Mathematics 4th Sem. After the welcome address the Resource person gave his talk where he mentioned the importance of wetlands. He shared various facts about the wetlands and how it benefits the human welfare. He also cited that wetlands act as the kidneys of the planet earth. The program concluded with the vote of thanks by Dr Magdalene Assistant Professor Department of Zoology and Eco Club coordinator.

Altogether 80 members and several faculty members took part in the campaign. Overall, the campaign was a successful event in which the participants acquired numerous knowledge on the importance of wetlands.



ARTICLES

“SOCIAL WELFARE THROUGH EDUCATION”



SOMET CHEMDEN CHANG
SEMESTER IV
MA EDUCATION

INTRODUCTION:

Education stands as a cornerstone in the edifice of societal progress, functioning not only as a conduit for individual enlightenment but also as a transformative force with the potential to uplift entire communities. When harnessed strategical-

ly, education becomes a linchpin in the pursuit of social welfare, contributing to economic development, mitigating inequality, and fostering a more inclusive and enlightened society.

DEFINITION :

Social welfare encompasses policies and programs designed to enhance the well-being of individuals and communities within a society. It includes initiatives related to healthcare, education, housing, employment, and other essential services aimed at improving the overall quality of life and addressing societal needs.

Education in the other hand is a systematic process of acquiring knowledge, skills, values, and attitudes through instruction, study, or experience. It is designed to promote intellectual, social, and personal development, enabling individuals to contribute effectively to society.

Therefore, Social welfare through education refers to the improvement of overall well-being in a society by providing accessible, quality education. It involves enhancing individuals' knowledge and skills, promoting equal opportunities, and fostering social cohesion to contribute to the overall development and prosperity of the community.

Through the given heads, we will now explore the myriad ways in which education serves as a catalyst for positive societal change and well-being.

1. Economic Empowerment and Development:

At its core, education is a catalyst for economic empowerment. As individuals acquire knowledge and skills, they become better equipped to navigate the complexities of the workforce, ultimately contributing to economic growth. Education nurtures innovation, critical thinking, and problem-solving skills, laying the foundation for a skilled and adaptable workforce that can drive economic development.

Moreover, educated individuals are more likely to secure stable employment and higher-paying jobs, leading to an overall improvement in living standards. This economic upliftment, in turn, has a cascading effect on societal well-being, reducing poverty and enhancing the overall quality of life for communities.

2. Reducing Inequality through Inclusive Education:

An equitable education system is a potent tool for reducing societal inequalities. The provision of accessible and quality education to all segments of society, irrespective of socio-economic status, serves as a countermeasure against systemic disparities. Inclusive educational policies, such as scholarships, affirmative action, and community-driven initiatives, can break down barriers and ensure that education becomes a transformative force accessible to all.

By addressing educational inequalities, societies can pave the way for a more level playing field, empowering marginalized groups and fostering social cohesion. In doing so, education becomes not just a means for personal growth but a vehicle for dismantling systemic inequalities that hinder social welfare

3. Health and Education Nexus:

The intertwining of health and education is a critical aspect of social welfare. Education equips individuals with the knowledge and awareness needed to make informed health choices, leading to healthier lifestyles and improved well-being. Simultaneously, good health facilitates effective participation in the educational process.

An educated populace is more likely to understand the importance of preventive healthcare measures, leading to reduced healthcare burdens on society. This symbiotic relationship between education and health underscores the role of education as a comprehensive driver of societal welfare.

4. Empowering Women for Societal Well-being:

Education is a potent instrument for advancing gender equality and empowering women. Beyond being a matter of social justice, educating women has far-reaching implications for societal well-being. Educated women tend to delay marriage, have fewer children, and actively participate in the workforce, contributing significantly to economic development.

Moreover, educated women often play pivotal roles in community development, acting as catalysts for positive change. By ensuring access to education for women, societies can break the cycle of gender-based disparities and foster a more inclusive and enlightened future.

5. Civic Engagement and Social Responsibility:

Education is not just about acquiring knowledge; it is also about instilling a sense of civic responsibility and social awareness. An educated populace is more likely to actively engage in democratic processes, advocate for social justice, and contribute positively to their communities. Education empowers individuals to critically analyze societal issues, fostering a culture of informed decision-making and responsible citizenship.

By nurturing a socially conscious citizenry, education becomes a vehicle for positive societal change. Informed and engaged citizens are essential for the functioning of a vibrant and participatory democracy, ultimately contributing to the overall well-being of society.

6. Technological Advancements and Educational Opportunities:

In the contemporary era, technological advancements have revolutionized the landscape of education. Online learning platforms, digital resources, and e-libraries have extended educational opportunities beyond traditional boundaries. Embracing technology in education not only enhances the reach and effectiveness of educational programs but also addresses accessibility challenges, particularly in underserved and remote areas.

The integration of technology into education has the potential to democratize access to knowledge, ensuring that individuals from diverse backgrounds can benefit from quality educational resources. This democratization of education aligns with the principles of social welfare by making learning opportunities more accessible and adaptable to the needs of a rapidly evolving global society.

7. Education for Sustainable Development:

Promoting environmental awareness and sustainability through education is integral to securing the well-being of present and future generations. Education can play a pivotal role in fostering an understanding of environmental challenges, encouraging sustainable practices, and instilling a sense of responsibility towards the planet.

By integrating eco-friendly principles into educational curricula, societies can raise environmentally conscious citizens who are equipped to address pressing global challenges. This nexus between education and sustainable development underscores the broader impact that education can have on societal well-being beyond immediate economic and social considerations.

8. Life-Long Learning and Adaptability:

Social welfare through education extends beyond the confines of formal schooling. Encouraging a culture of continuous learning and adaptability ensures that individuals remain resilient in the face of evolving challenges. A commitment to life-long learning prepares individuals to navigate an ever-changing world, fostering personal development and contributing to the overall dynamism of society.

9. Education and Individual Well-being:

Education plays a pivotal role in shaping individual well-being by equipping individuals with the knowledge, skills, and attitudes necessary to lead fulfilling and productive lives. Access to quality education empowers individuals to make informed decisions about their health, finances, and personal development. For example, comprehensive sex education programs not only provide young people with essential information about reproductive health but also promote gender equality and reduce the risk of early pregnancies and sexually transmitted infections.

Furthermore, education enhances critical thinking, problem-solving, and decision-making abilities, enabling individuals to navigate complex challenges effectively. By promoting cognitive development and socio-emotional skills, education fosters resilience and adaptability, equipping individuals with the tools to cope with adversity and pursue opportunities for personal growth and advancement.

CHALLENGES AND OPPORTUNITIES

Despite the transformative potential of education, significant challenges persist in ensuring equitable access to quality education for all individuals. Socioeconomic disparities, gender inequalities, and systemic barriers continue to limit educational opportunities for marginalized populations, perpetuating cycles of poverty and exclusion. Addressing these challenges requires a holistic approach that prioritizes investment in early childhood education, teacher training, infrastructure development, and policy reform. Moreover, the rapid pace of technological advancement and globalization presents both challenges and opportunities for education systems worldwide. Embracing digital learning technologies, promoting lifelong learning, and fostering innovation in pedagogy are essential for preparing individuals for the demands of the 21st-century knowledge economy. By harnessing the potential of education to foster creativity, critical thinking, and digital literacy, societies can empower individuals to thrive in an increasingly interconnected and rapidly changing world.

CONCLUSION

In conclusion, education is a powerful force for promoting social welfare, driving individual well-being, economic prosperity, and societal cohesion. By investing in education, societies can unlock the potential of their citizens, foster inclusive growth, and build resilient communities. However, realizing the full potential of education requires concerted efforts to address systemic inequalities, expand access to quality education, and embrace innovation in teaching and learning. By working together to prioritize education as a fundamental human right and a cornerstone of sustainable development, we can create a more equitable, prosperous, and inclusive future for all.

“EMPOWERING CHANGE: WOMEN ENTREPRENEURS IN NAGALAND “

The rise of women entrepreneurs in Nagaland is testament to the indomitable spirit and untapped potential of woman in the region. These women are not only creating successful business but also inspiring a new generation of aspiring entrepreneur, despite facing numerous challenges, these determined and talented women have carved a niche for themselves in various industries, contributing to the growth and development of the state. As Nagaland's economy becomes more liberalized and globalized, female entrepreneurs are on a rise. Some of the successful women entrepreneurs in Nagaland are:

- Zakietsono Jamir, Founder, Farmer Square café
- Karen Yephthomi, Founder, Duzoko Tribal Kitchencafe
- JesminaZeliang, Founder, Heirloomnaga
- Sony Jemu, Founder, 'Moi Bake'

These Women entrepreneurs are just a few examples of the incredible talent and innovation coming out of Nagaland. Their passion, creativity, and determination are driving a positive change in the world of business, by breaking barriers, stereotypes and embracing opportunities, inspiring others and reshaping the landscape of entrepreneurship. Their tendency to grow even in the odds inspire others to pursue their entrepreneurial aspiration.

Women entrepreneur in Nagaland are making a remarkable, strides in various industries, from fashion and hand-crafts to food and hospitality. These women are not only creating successful businesses but also empowering their

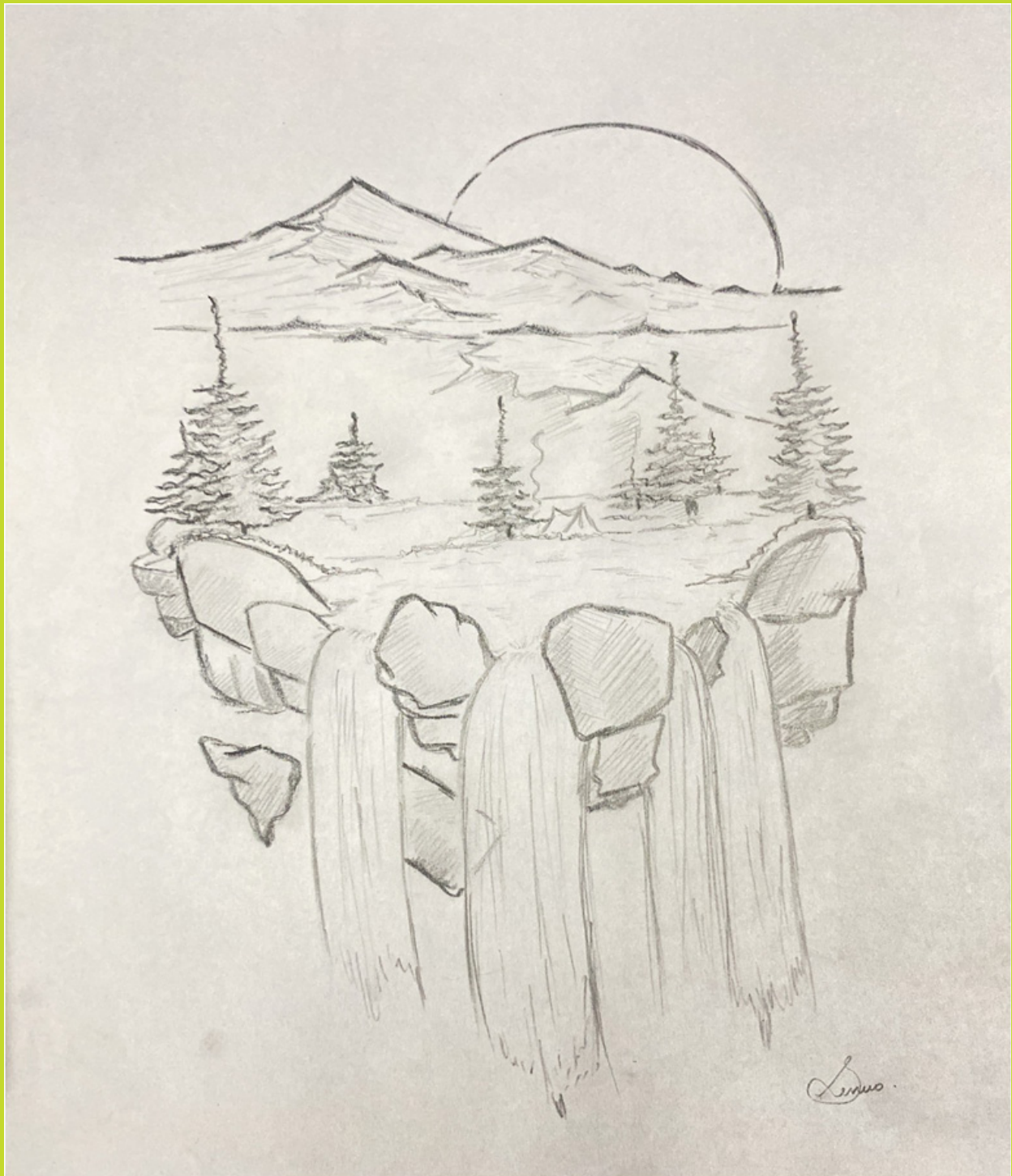
communities. Through their ventures, they are providing employment opportunities and promoting local craftsmanship and traditions.

Nagaland women entrepreneurs are breaking social norms and challenging traditional gender roles, proving that they can excel in any fields they choose, whether it's technology, agriculture or, tourism.

Their success stories inspire other aspiring entrepreneurs, these women are the change makers, role models and catalysts for progress.

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