



# SJUNEWSBITES

A MONTHLY JOURNAL OF ST JOSEPH UNIVERSITY VOL. V ISSUE NO.III SEPTEMBER 2023

*from the theme*

## 'TOURISM AND GREEN INVESTMENTS'

On the occasion of World Tourism Day, September 27,  
India is globally launching **'Travel for LiFE'**

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## EDITORIAL MESSAGE

The editorial team brings warm greetings to all the readers of this issue. It is exciting to be working on this issue of the Newsbite as we are celebrating together the “World Tourism Day” that is celebrated annually and globally on the 27th of September with the aim in creating and raising awareness among the societies on the immense significance of tourism, and its contribution on social, political, financial, economic and cultural worth and value. The observance of this day serves multiple important purposes, it encourages responsible and sustainable tourism practices; it allows people to experience the joy of exploring world’s cultural heritage and diversity building bridges between societies and cultures promoting tolerance and mutual respect and prompting international peace and cooperation; it urges in investigating world while protecting its natural and cultural treasures for people in the future. Infact, it is known to be one of the world’s most important economic that provides livelihoods and job opportunities to millions of people.

It is evident that tourism plays a key role in advancing social learning and giving the essential apparatuses and general conclusion bolster in ensuring world heritage Adding to this year’s theme, as UNWTO have highlighted we “need for more and better-targeted investments for people, for the planet, and for prosperity. Now is the time for new and innovative solutions, not just traditional investments that promote and underpin economic growth and productivity.”

As part of practicing the culture of tourism, St Joseph University has also embarked on various vocational tours and trips that provides students’ the opportunities and platforms in experiencing the joy of traveling and also to contribute largely to their academic pursuits, and their social personalities as well. Hence, the editorial team hopes that the readers enjoy the contents of this issue, by exploring new things and gaining insights on the places and cultures of the people.

Happy Reading  
The Editorial Team



## TOURISM AND GREEN INVESTMENT

*Dear Readers,*

The World Tourism Organization (UNWTO), a United Nations specialized agency, is the leading international organization in the field of tourism. As growing numbers of countries around the world ease restrictions on travel, the World Tourism Organization (UNWTO) has launched a new Tourism Recovery Tracker to support global tourism.

From its beginning, green tourism was known as a small-scale tourism that encouraged people to visit natural areas and minimize the impacts of tourism on the environment. The term is used for businesses with an environmentally friendly activity.

Green tourism, a rapidly rising popular concept among tourists, investors, and other stakeholders in both developing and developed countries, offers sustainable, environmentally friendly, and socially responsible tourism services. The government is expected to encourage new investors, tourist agencies, financial institutions, and governments to raise investments in green tourism aiming towards providing customized green tourism services. Green tourism contributes to economic growth and protects the environment and culture of tourist areas.

The tourism business in rural areas contributes to the sustainable development of nature and the rural economy, improving the level and quality of life of rural residents, and increasing human potential by expanding the available offers of tourist products and services as related activities, hence increasing employment and income of the rural population. Therefore, the development and implementation of innovative investment projects for the development of tourism activities in rural areas is extremely relevant and timely. Rural green tourism is often perceived as a guarantee for the preservation and development of rural areas, and rural communities, and the reproduction of rural lifestyles.

Government and tour sections ought to enhance the level of green investment, promoting the role of green investment in tourism development. The investment covers forest and vegetation conservation, health & life investment, green energy input, and recycling of resources. Government and firms, especially tour sections, ought to issue green bonds, develop green finance, and carry-on green investment, taking green action such as energy saving, rubbish classification, recycling of waste products, and so on, so that they can manufacture green products by redesign, innovation or creation. In total, green investment, social livability and tourism development help one another.

World Tourism Day 2023 invites the government, firms, and tourism sections to promote investment making them form good interaction and recycling, boosting sustainable development in society and economy.

*Dr.S.Thiyagarajan*  
*Controller of Examinations*

## DEPARTMENT MEETINGS

DEPARTMENT OF BOTANY:	14 <sup>th</sup> September, 2023.
DEPARTMENT OF BIOTECHNOLOGY:	13 <sup>th</sup> September, 2023.
DEPARTMENT OF JMC:	04 <sup>th</sup> September, 2023.
DEPARTMENT OF ZOOLOGY:	13 <sup>th</sup> September, 2023.



## DEPARTMENTAL ACTIVITIES

### DEPARTMENT OF BIOTECHNOLOGY

**INDUSTRIAL VISIT:** UG 2nd and 3rd year students of Biotechnology Department along with two staffs namely Dr. K. Rajaganesh & Dr. Naorem Chanu Sumedha has visited the Guwahati Biotech Park, Assam on 22nd September, 2023 as a part of Industrial visit/Field visit.

### INTERNATIONAL MICROORGANISM DAY:

The Department of Biotechnology, St. Joseph University, Chumoukedima organized an event on microorganism to celebrate 'International microorganism day' on 19th of September 2023. This program was organized to celebrate the day and to create general awareness about the microorganism. The program was started with the invocation by Sis. Thaines, Deputy Registrar, SJU. Followed by welcome address by Dr. K. Rajaganesh, HOD, Department of Biotechnology. The keynote speaker Dr. Swaranjit Singh, President of Microbiologist Society of India, Chandigarh Tricity, Nagaland, Ladakh, Manipur and also serving as Director of SAS Polyclinic delivered his speech as resource person. He explained the importance of microbiology towards the society and environment. Enlightened the students on how microbes are creating wonders in pharmaceuticals, food and beverage industry, waste management, leather, textiles etc.

More than 100 Students from various science departments of the University and school students from St. Joseph global school have actively participated and attended the event. The programme followed with quiz, painting and microbial working model competition. After the 1st session, painting and microbial working model competition started off



parallely. For painting, students were given to paint under the theme Harmful and Beneficial microbes. From various science departments, 25 students participated in painting competition and 8 microbial working model was presented. The model competition was judged by Dr. Temsurenla, Assistant Professor from department of Botany and the painting competition by Dr. Magdalene Kiewhuo, Assistant Professor from Zoology department. Students performed remarkably excellent in both the competition. The programme continued further with quiz competition where 18 groups from all the science department participated. The student's strife for the first place by going through two rounds and performed astoundingly.

Prize and certificate for Winner as well as for the participant are distributed. And at last, the event concluded with vote of thanks by Dr. Naorem Chanu Sumedha, Assistant Professor, Department of biotechnology and the Organizing secretary of the event. Overall, the programme was a great success. It was very engaging and informative for young minds in the field of science. And the programme also emphasizes to educate and understand the importance of microorganism in today's scenario.



## DEPARTMENT OF BOTANY

**GREEN FEST:** Department of Botany, St. Joseph University (SJU), Chumoukedima, conducted green fest with the theme “Back to the nature in the future” on September 27, 2023. The program consisted of two sessions, a technical lecture session related to theme and competitions.

**Technical Session:** The technical session began with Invocation and Welcome address by Ms. Tongtikala Kichu, Assistant Professor, Department of Botany and Dr. T. Lirola Sangtam, Head of the department, Botany followed by group song performed by B. Sc 5th semester botany students.

Dr. Kinitoli H. Yeptho, Dean of Academics addressed the crowd with the importance of knowledge and education followed by the speaker.

The guest speaker Dr. Lamsunep, Deputy director, RCFC- NER CSIR-NEIST, Jorhat, Assam addressed the importance of community forest model (future model), plantation of pollution absorbing trees in Nagaland, destruction of natural habitat due to



human activities, role and activities of Biodiversity management committee (BMC) in recovery of natural habitat, and benefits of stress relieving plants. Vote of thanks was delivered by Dr. Temsurenla Jamir, Asst. Prof. Dept. of Botany, followed by Benediction by Dr. Bendangnaro Jamir, Asst. Prof. Dept. of Botany.

**Competition Session:** The second session began after technical session at 12:00 PM and consisted of poster and model display competition based on fest theme, solo singing and dance competitions

Students from various department participated in the poster drawing competition based on the green fest themes and two best posters were



selected for prize and certificate for first and runner up positions.

Models were prepared by students of botany department theme basis and were displayed for the competition. The models were judged by Dr. Amrita Difusa and Dr. Kikoleho Richa (Dept. of Biotechnology). The best model was awarded with certificate and prize.

Singing and dancing competition began shortly after model and poster competition. The participants were judged by Dr. Kikoleho Richa (Dept. of Biotechnology), and Dr. Sarikokba (Dept. of Chemistry). Prizes and certificates were distributed to first and runner up positions.

## PARENT-TEACHER

**MEET:** The second “Parent-Teacher Meet” was successfully organized by the Department of Botany at St Joseph University in Nagaland on 30th of September, 2023. The primary objective of this gathering was to provide parents with updates on their children’s progress and to create an opportunity for them to address any concerns or queries they may have regarding their ward. The event featured a two-fold interactive session fostering communication and understanding between all the faculties and the parents. The first aspect of the session encompassed a collective interaction, where all the faculties joined

hands to address the concerns and queries raised by the parents. This collective approach provided a comprehensive perspective and allowed for a holistic understanding of the students’ progress. In addition to the collective interaction, the Parent-Teacher Meet also incorporated a one-on-one interactive session between the class-in-charge and parents. This personalized approach aimed to cater to the specific needs and concerns of each individual student, ensuring that no query or concern is left unattended. Parents were provided with comprehensive information regarding the rules and regulations implemented by the institute, encompassing various aspects such as



methodologies of teaching and learning, as well as an array of other activities meticulously devised by the department with the sole aim of fostering the overall well-being and prosperity of the students. Moreover, parents were actively encouraged to acknowledge and value their child’s active

involvement and enthusiastic participation in all academic endeavours. The faculties conscientiously took note of the invaluable suggestions proffered by the parents, recognizing their significance in the continuous improvement and refinement of the educational process.

**DEPARTMENT OF ZOOLOGY**

**ORIENTATION PROGRAMME:** The Department of Chemistry, St. Joseph University conducted an orientation program on September 9, 2023 for the I M.Sc. (2023 batch) students on Curriculum and Disciplinary, NET/JRF, Career guidance etc. The resource person Dr. Thechano Merry, Assistant Professor of Chemistry Department explained the importance of studying chemistry after which the program concluded with the vote of thanks from Dr. K. Raja, Associate Professor of Chemistry.

**ONLINE QUIZ ON NATIONAL NUTRITION WEEK:** The Department of Chemistry organised an Online-quiz entitled “National Nutrition Week” on 16th September, 2023 coordinated by Dr. K. Raja, Associate Professor of Chemistry where a total 64 students and faculties from various department participated in this program.



**DEPARTMENT OF CIVIL ENGINEERING**

**NATIONAL ENGINEER’S DAY:** National Engineer’s Day 2023, was organized by the Department of Civil Engineering, St. Joseph University in association with the Institution of Engineers (IEI), India, Student’s Chapter on 15th September 2023 at 10:00 am. The program was hosted by Imnatula Pongen and Kerito.

Invocation was done by Rev. Sr. Thaines Mary, Deputy Registrar. The welcome address was given by Edmund Vitsu and the Presidential address was given by Dr. Gnanadurai Vice Chancellor of SJU. He said, the beginning of engineers and that the pioneers were the Mechanical and Civil Engineers and how an engineer’s make the world a better place and challenged the students to change

oneself from an engineering graduate to an engineer.

A special song was presented by Ameeka Shohe after which a short video was displayed on the screen.

The speech was given by Special guest Shri D.A Shishak, Chairman of IEI Nagaland State Centre. He encouraged the students to be better engineers and to grow stronger, smarter and safer, and to try to get the best education quality, after which a special number was presented by first-year students.

Guest of Honour Er A Lumtsala Sangtam SDO PWD(Housing) took her time to encourage the students to focus on quality education rather than just a degree, prioritise not for the work but for the quality and think outside the box, stand out and to make a difference along with the practical in

studies. She wined up her speech that failure in life should not disturb our goal.

The vote of thanks was delivered by Amekali Aye, and the programme ended with a benediction by Rev. Fr. L. Anish, PRO-SJU.

Overall, there were around 100 students, Special Guest and Faculties and a non-teaching staff from the Civil department.

The four technical events were covered under National Engineers Day 2023, paper presentation, poster presentation, Quiz, debate, spelling Bee and non-technical events like Esports competition.

In the closing ceremony, the prize distribution was held where trophies and cash prizes were given to all the winning teams/participants from each event.

**DEPARTMENT OF COMMERCE**

**OUTREACHED PROGRAM:** The Department of Commerce 5th Semester B.Com and 1st Semester M.Com along with two Faculties went to the Angel’s Home for differently abled on 22nd September, 2023 a total of 28 students. The program is an initiative to help students learn the reality of life and help them to improve their communication skill given any kind of situation.

The program was fully initiated by the students in leading and conducting the activities with the children. The activities include Actions songs, Dance and Games by the students.



**DEPARTMENT OF ECONOMICS**

**FRESHER’S DAY PROGRAM:** The Fresher’s Day Program for the Department of the Economics was conducted on 19th September 2023 in the St. Joseph University Auditorium at 3.05 PM, Miss Levika and Miss Kavitolli where the Host of this Program. The program began with an invocation led by Bro. John Bosco PG3rd Semester. A short Welcome address was given by Dr. Debojit Konwar, head of the Department of Economics. In his speech he encouraged the students to be a good citizen whereby he stressed upon the new batch will bring new hopes new sensation academic excellence and brilliance to the department and the university. Followed by UG 5th semester, presented a welcome song and a Group Dance from PG1st semester students.

Dr. Patrick and Miss Avono (Asst. Prof.) were the judges to select the Mr. and Miss freshers for the upcoming Semester. Among 18 Mr. and 12 Miss the following were honored as Mr. and Miss Fresher's for UG and PG classes. UG. Mr. Tongpang Nokshangba Chang PG. Mr. Tokik Awomi, UG. Miss Yanbeni Kikon, PG. Miss Nzanbeni N. Lastly Mr. Yanglitsa Sangtam the President of the Economic Association proposed vote of thanks.



**DEPARTMENT OF PSYCHOLOGY AND COUNSELLING**

**VISIT TO GOOD SAMARITAN OLD AGE HOME:** Students of the final year UG programme from the Department of Psychology and Counselling, visited Good Samaritan Old Age Home Meriema, Kohima to observe World Alzheimer Awareness Day on 21st September 2023. The objective of the programme was to spread awareness about Alzheimer's disease which is a brain disorder that slowly destroys memory and thinking skills and eventually inability to carry out the simplest tasks.



**PSYCHE-FEST:** The department of Psychology and Counselling hosted and conducted the Psyche-Fest 2k23 under the theme "Katharsis" on 29th and 30th of September 2023 at the university campus. Mr. Phira M, Inspector of Exise, Govt. of Nagaland, Proprietor of Achievers Academy Coaching institute, Author of Nagaland NPSE books was invited as the esteemed Chief Guest. He inaugurated the fest and gave a speech where he emphasized on the importance of mental health and the speech underscored the importance of psychology in addressing contemporary societal challenges. The fest was a vibrant and intellectually stimulating event that brought together students, faculty, and psychology enthusiasts to celebrate and explore various facets of the field. Psyche-Fest 2023 conducted various competitions such as short film, slam poetry, model exhibition, graphic story and photography, collage, debate, street play, cosplay, treasure hunt, open mic, tug of war and outdoor games. Altogether 250 students participated in the event from various institutions and winners were honored with cash award and certificates.



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**DEPARTMENT OF HISTORY INTERNATIONAL CHARITY DAY**

The Department of History St. Joseph University has observed 'International charity day' on 5th of September 2023 from the Seminar Hall at 11:00AM. Mrs. Kevin Krose, Assistant professor, Department of history was the coordinator. The objective of the event is to let the students learn to appreciate and to be charitable in life. The UG 1st semester students took initiative in the programme and expressed their gratitude to the 'supporting staff' by giving them gift hampers. The speaker, Ms. Shinatoli V Shoh Assistant professor, Department of history spoke about international charity day and its importance. Charity is not just about providing materialistic supports but physically and voluntarily willing, having a heart to help and contribute towards the society. She also expressed on 'dignity of labour' and has appreciated the supporting staff for their untiring works for clean and hygienic environment in the campus. She has also advised the students to maintain cleanliness and to treat the supporting staff with high morale which is also the motive of the event to treat everyone equally and to be respectful. The event was attended by 26 supporting staffs of SJU, and 55 students.



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**FRESHER'S DAY:** The Department of History, St. Joseph University had conducted FreshersDayprogramon 14th of September 2023. Theprogramstartedat2:30 pm at SJU Auditorium.ItwashostedbyYotsulam (PG3rd Sem)andYekhuli (UG VSem). The invocation was said by Qhutoli (PG3rd-Sem) which was followed by a welcomesong byPG3rdsemester students. The welcome address was said by Dr. Avinuo Chupuo, HoD, Department of History, SJU.



ThecompetitionfortheTitleMr.&Ms.Freshersconcludedwiththreerounds, Mr.Neangba andMs.Mhalelhounuo LhovinoliEdwinaSolo were declared winners as Mr. & Ms. Freshers, Department of History, 2023. The judges for the event were Mr. Khekato Zhimo, Mrs.Kevino Krose, and

Ms. Shinatoli (Asst. Professors,Department of History). Theprogramconcludedwith voteofthanksbyMr.AlokeofP-G3rdSem.

**CAREER GUIDANCE:** The Department of History in collaboration with Institution's Innovation Council, St. Joseph University, Nagaland, organized a career guidance program for PG III semester. It was held at room no 2409 at 9.30 AM. The program was hosted by Ms. Alovi D Sumi of PG III Sem. The resource person was Mr. Keisham Damaru Singh, Assistant Professor, Department of Journalism and Mass Communication, SJU. He encouraged the students to identify and explore career options, make informed decisions about their future and develop strategies to achieve their goals. He also shared his experiences on various fields, steps to prepare for civil service examination. He also clarified the doubts of the students, and exhorted them to take the right path. Along with faculties 62 students attended the program.

**DEPARTMENT OF JOURNALISM AND MASS COMMUNICATION**

**ORIENTATION PROGRAMME:** The Department of Journalism and Mass Communication, St Joseph University, Chumukedima conducted an Orientation programme specially for PG 1st Year (2023 Batch) on 11th September, 2023. The programme was started with briefing about the department by Mr. K. Damaru Sing, Asst. Prof., JMC Department. Dr Naorem Nishikanta Singh, HoD, JMC Department oriented the students on following subjects: Students' Account in University Web portal, Fees payment link and working on it for Examination fees and Semester fees, Maintenance of Classroom, Disciplinary activities- Uniform and Departmental T-Shirt, punctuality and ID Card, CAT exam and End Semester Examination, Marking-Internal and External followed by attendance and eligibility of Examinations and Responsibilities of CR and ACR.



**DISCIPLINARY LECTURE PROGRAMME:**The Disciplinary Cell of JMC department, on 22nd September 2023, organised a lecture class to brief the students of UG 1st, 3rd and 5th semester on discipline and on various code of conduct. For this programme, the members of the cell viz. Mr. D. Kayideluo Pfoze, Asst. Prof., Ms. Ningchipem Shimray, Asst. Prof., organised by inviting Prof. Charles Ezung, Dean of Student Affairs, to give an hour briefing. The programme starts at 9.30 am which was conducted in room no. 1508. He talked about various topics including, use of tobacco, uniform, punctuality, etc. He stresses on saying that discipline means having to do exactly what is needed and also pointed out that following a simple good habit consistently takes a person a far long way. Mr. Jimmy Chishi, Asst. Prof. JMC Department also witnessed the programme which was ended at 10.30 am.



**GNI TRAINING ON DISINFORMATION:** Journalism and Mass Communication Department of St. Joseph University, Chumoukedima, hosted a Google News Initiative (GNI) one-day training programme on "Combating Disinformation with Visual Verification" on 15th of September 2023. The programme was started at 12.30 pm and concluded at 2.00 pm. Dr. Moalemba, certified trainer of GNI and Associate Editor of The Morung Express, attended the programme as resource person.



**DEPARTMENT OF MATHEMATICS**

**FRESHER’S DAY:** Fresher’s Day for this academic year was well organized and conducted by PG and UG students of the Department of Mathematics, St. Joseph University on 22nd September, 2023 at 2.30 PM. Warm welcome has been given to Fresher’s through entertainment programs. Freshers are welcomed with Blessing by one and all.

Head of the department Mr. J. Richard and Dr. Lakshman welcomed the gathering with their motivational speech.



**DEPARTMENT OF SOCIAL WORK**

**International Peace Day 2023** On 21st September 2023 the Dept. of Social Work, St. Joseph University, Chumoukedima, Observed the International Day of Peace based on the theme “Action for peace: Our Ambition for the #Global Goals” at University Seminar Hall, The Key note address of the seminar was delivered by the Dean of Academics Dr. Kinitoli H. Yeptho. Dr.MhadenoY Humtsoe, Asst. Professor, Department of social work was the speaker for the day. She spoke on the Theme “Action for Peace” and briefed the participants about the contributions of Women in Peace building. In the second session, Poem writing and Poster making competitions based on peace was organized for Bachelor of Social Work student’s and Master of Rural Development student’s.

**EXTENSION ACTIVITY TO RINTANIEMI NEIGHBOURHOOD CHILDREN HOME**

The Bachelor of Social Work, 3rdSemester organized Extension Activity to RintaniemiNeighbourhood Children Home, Midland, Dimapur on 22nd Sept. 2023. Thirty two students along with theirClass Incharge, Dr Janet Gonmei, Assistant Professor, Department of Social Work took part in the program.On reaching their destination, the students were welcomed by Miss Esther, the Incharge of the Children Home.



**EXTENSION ACTIVITY**

On 25th September 2023 the Department of Social work, St. Joseph University, MA(Rural Development)3rdsem had organized and undertakenone day extension activity at Punglwa Village, Peren District with the students of Government Primary school of Punglwa Village Under the Theme: ‘Unleashing Child’s potential Through Social Action.’ The main objective of the Extension activity is to enhance and stimulate the social and Creative learning skills of the students.



**EXTENSION ACTIVITY AT GOVERNMENT PRIMARY SCHOOL, THILIXU**

ON 29 SEPTEMBER 2023 The Bachelor of Social Work first semester students of St Joseph University, Department of Social Work guided by Mrs.Cihilekath, Assistant Professor, organized an extension activity at Government Primary School, Thilixu Block-I, Dimapur, Nagaland on 29 September 2023. The theme of the event was“Addiction Blind, Education Shields”.



## CLUB ACTIVITIES

### DRAMA CLUB

The Drama Club Department of English organized an event “Royal Ball” on 8th September 2023 under the theme “Around the World.” The dance forms of Waltz and Foxtrot of different eras were performed by the students of each semester. The objective of the event was to enable the students to learn about the eras in Literature through dance, to promote creativity and to learn through participation. The essence of the ballroom was captured by the students as each of the classes gracefully danced along.



### ECO CLUB

The Eco Club of St. Joseph University participated at the “World Cleanup Day” organized by Let’s do it India foundation on the 16th of September. The theme of the World cleanup day was “Embodying Unity” to learn, plan and inspire one another. The event was categorized into two sessions in which the formal session started at 9am at DDSC stadium. During the session Mr Imnaningum Longkumer, State advisor, LDIF highlighted the aims and objective of the foundation as well as the event. He stated that LDIF is an international organization founded by Prof Pankaj Choudhary in 2016. Volunteers from various organizations and several educational institutes participated in the event. The formal session was followed by the second session, which is the cleanliness drive session.

The volunteers were divided into five groups for the cleanliness drive at different locations, Dimapur District Sports Complex to Khermahal, Khermahal to Clock Tower, Clock Tower to Holy Cross Hr Sec School, Super Market and DC complex. The work allocation for the Eco Club of St. Joseph University was at Super Market area in which the club members actively participated and worked wholeheartedly.

A bicycle rally was also carried out in which it was flagged off from DDSC stadium by Mr Hinoka A Chophi, president, Let’s do it India, Nagaland.

Altogether 22 club members along with the club Coordination represented the university and took part in the World Cleanup Day. Overall, the event was a successful one.



## SJU PLACEMENT CELL

**WORKSHOP ON EFFECTIVE COMMUNICATION AND INTERVIEW SKILLS:** September 22nd St Joseph University, Chumoukedima, held a four-day workshop on effective communication and interview skills, with executives from Talent Acquaintance as the resource persons.

The main resource person of the workshop, Anil Makvana, Managing Director of Talent Acquaintance, exhorted the students on the need for good communication skills and how possessing it is an asset to oneself. Job seekers in Nagaland should have an open mind to relocate as there are not many companies or organizations that can absorb the thousands of graduates who pass out every year, said Makvana.

The workshop was divided into two parts, the first two days were for the post graduates and the remaining days



were for the under graduates. Writing of resumes and individual mock interviews were some of the activities conducted in the workshop.

Sashilemba Aier, Business Director, Talent Acquaintance, said there are 1.8 lac unemployed youths in Nagaland, and added that the job seekers must look beyond government sector if they want to earn and have a job.

Aching Susanna, the Placement Cell Coordinator, encouraged the students to build confidence in communication, further adding that even if one has the best of subject matter knowl-

edge but is unable to communicate, it can prevent one from getting the best of opportunities.

On the first day of the work shop, Dr Kinitoli Yeptho, Dean of Academics, felicitated the resource persons, Shanmi Pheirim conducted the program, invocation was said by KanatoChishi, while Martin Arul Raj said the closing prayer, all the three were students from MBA III semester. The workshop was held from 19-22 September, 2023.

## ARTICLES

### *DO YOU KNOW SOMETHING ABOUT THE MEANING OF LIFE?*

By Jayaraj, 2203204003  
PG Semester III  
JMC Department

What is the meaning of life? I am not going to tell you something new, rather I would like to remind you of the meaning of life with what I have studied and reflected on. It would be copies of copies, stolen reflections, gathered information, or anything of that kind if you think. Otherwise, it is my reflections which I want to express. This question has been asked by many philosophers, theologians, and ordinary people alike, and it continues to be a topic of discussion and meditation still today. There are different theories and ideas about the meaning of life but there is no absolute answer to this question. Another theory about the meaning of life is the idea of eudaimonia, which is a Greek term that translates to “happiness” or “flourishing.” This theory says that the purpose of life is to achieve a state of happiness or well-being, which is often equated with living a virtuous and fulfilling life.

The theory of existentialism, suggests that the meaning of life is something that each individual must create for themselves. This theory is based on the belief that life has no inherent meaning, and that it is up to each individual to give their own life meaning through their actions and choices. Some say that meaning of life is to find happiness and avoid suffering. Still others believe that the meaning of life is to make the world a better place and moreover, believe that the meaning of life is simply to exist and to experience the world around us. And there are very many answers and ideas for the meaning of life amidst those theories and answers. Here, I would like to add my reflections. When we think about the meaning and the purpose of life, we must know first where are we from? And where will we go after life? If we have accurate answers for these two questions then we can have exact answer for the question, what is the meaning of life? We are helpless that we don't know about origin and end of our life. And whether there is life after death. There are many philosophers, theologians, great thinkers given their own opinions and reflections and yet they are related to

answers only.

It is unimaginable to answer those two questions. But still, we can indirectly get some of the answers. One thing we must be aware that there is no absolute answer but related answers. And all the religions speak about life after death. Many believe that there is life after death. There are number of books, theories, reflections, contemplations, articles, scripts which try to satisfy the questions of the people yet all are not satisfied still searching for the answers. People of all faiths have their own way of understating the meaning of life from their religious perspective and they rely on the teaching of spiritual books and knowledge from spiritual leaders.

The estimated world population was around 7.9 billion as per September 2021, and those who believe in God are 84 %. We can clearly drive some truth about the existence of God. When we talk about the existence of God, it is abig topic which cannot be grasped very easily, but with some related truths, we can believe in the existence of God. St. Thomas Aquinas, a medieval theologian and philosopher, proposed five arguments for the existence of God, known as the Five Ways: The Argument from Motion: Everything that is in motion must have been set in motion by something else, leading to an unmoved mover, which is God. The Argument from Efficient Causes: Every effect has a cause, and there must be a first uncaused cause, which is God. The Argument from Possibility and Necessity: If everything is contingent and can either exist or not exist, there must be a necessary being, which is God. The Argument from Gradation of Being: Different degrees of goodness, truth, and perfection suggest the existence of an absolute standard of perfection, which is God. The Argument from Design: The order, purpose, and complexity observed in the natural world indicate an intelligent designer, which is God.

These arguments were formulated as an attempt to reconcile reason and faith, and they are part of a broader philosophical and theological framework developed by Aquinas. However, they have faced criticism and continue to be debated in philosophical circles. Yet we come to understand and realize the existence of God. I just talked about the existence of God because 84% of the believers believe that God is the giver of life and he who gives the life alone knows the meaning of it. All the religions speak about love of God and love of neighbour, which is the essence of human life and which gives meaning to life. All the laws of the world focus on the good of others, which means language of love must be spread and protected. All that exist are interdependent beings which depend on the other. No one can live independently, which can be supplemented by Elisabeth Noelle-Neumann's "Spiral of Silence" theory. So, the attitude of interdependence plays significant role on shaping meaning life.

Meaning of life can't be confined to one page. It has a number of dimensions. Yet I try to end this first part with what I want to convey to you. I just join with others who say and request you to not to worry about where we come from? Or where we will go after life, but live in the present. And seek pleasure, as the theory of hedonism conveys. Life is to be enjoyed and gathers beautiful experiences. You are free to do whatever you want but your happiness should not affect the happiness of the other. Laws are made purely because of this statement. One can seek for any amount of happiness in anyway, but all the ways should not affect the other in any form and should not affect one self. For example, if someone steals others' property, it affects the other or if someone kills the other, it affects the person's family. And if someone does take alcohol, it affects his body. Life is not to be lived anyways, but there is a way to be lived. The actions or work or way of life of people contribute to make tomorrow a better life.

There are some factual truths like; people seek for only happiness which cannot be denied. "No one wants to suffer" is the universal truth. Some exceptions are there, but still most of people seek for happiness and pleasure. People expect others to be good to them. All these things tell us, live and let live, be happy and make others happy, love and you will be loved, care you will be cared, what you sow shall you reap. And if you suffer today, it must bring happiness tomorrow. If you suffer, it must have a meaning. Because suffering is the unavoidable topic when we talk about meaning of life. It is just begging of my reflections and I will be reflecting with you all some of the themes related to the meaning of life in further articles which may give us good idea about our life and lifestyle.

Finally, the meaning of life is a deeply personal question, and the answer will be different for each individual. Some people may find meaning in relationships, others may find meaning in their work or their hobbies, and still others may find meaning in their spirituality or their contributions to the world. The meaning of life is something that is subjective and personal to each individual, and it is up to each of us to determine what gives our own lives meaning and purpose.

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