

SJU NEWSBITES

St. JOSEPH UNIVERSITY

DIMAPUR, NAGALAND 797115

EDITORIAL

From the Editor's Desk

When a thought that has been persisting in mind becomes real, it is truly overwhelming. This newsletter is one such cherished work that had its roots in the pursuit. And here we are with the successful 4th edition of the bi-monthly newsletter "Newsbites".

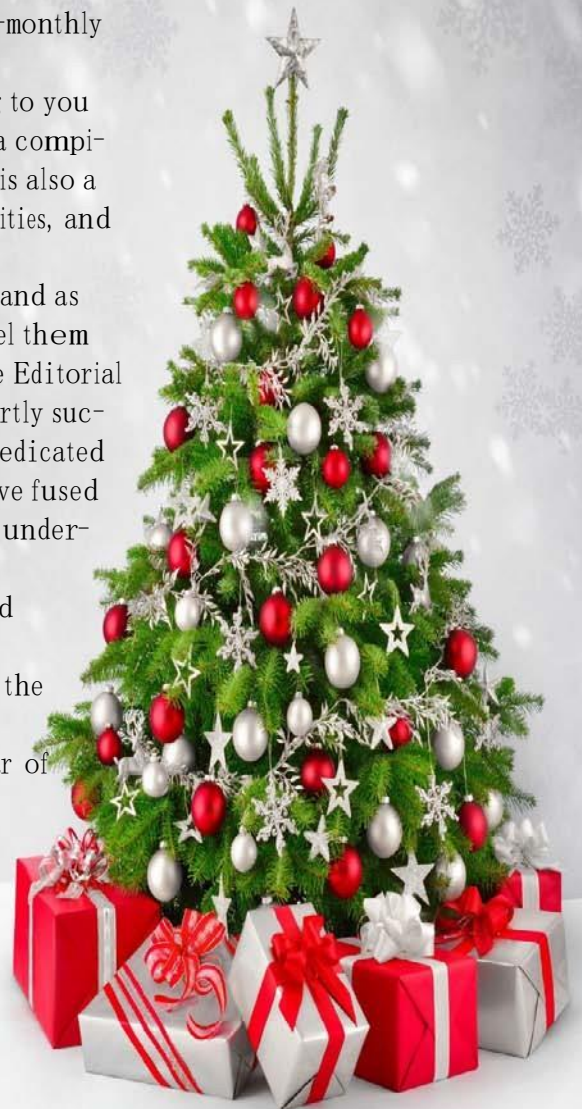
As a newsletter mirrors a university - its vision and mission, we bring to you the momentous moments experienced by every SJU-ians family. It is a compilation of the immense effort put forward by the invincible family and is also a specimen of their creativity. It also highlights the various events, activities, and academic progress as well achievements.

With the belief that every academic institution instills creative minds and as students ignites this spark of creativity, it is our responsibility to propel them into the realm of imagination. And so it is the continuous effort of the Editorial team to integrate and present the minds of the students and we are partly successful in achieving it. The credit also goes to the vibrant young and dedicated faculties and also the commitment of the administrative body that have fused to usher an excellent working ethos which permeates all the activities undertaken by the collaborative editorial members.

Also it is expected that the wide support for the issues will be provided through the readers' valuable comments and suggestions, and so far every volume has been well-received and we are thrilled to know that the presentation of the newsletter matches the quality of the content produced by our members. This is only the completion of the first year of the long journey, where we have to cross numerous milestones.

This volume can be received as a reminiscence of the splendid year experienced by the SJU-ians family and is not the outcome of the effort put in by an individual, but is the immense effort put forward by the University as a whole.

Happy Reading!
Editorial Team





VICE CHANCELLOR'S Message

Dear Readers,

I feel great pleasure to meet you through this newsletter during this month which is a special month to enjoy the Christmas celebration with all your loved ones.

Now a days in most Christmas parties the person whose birthday we are supposed to be celebrating is entirely overlooked. One must not forget that the reason we celebrate Christmas is because "God loved the world so much that he gave his one and only beloved Son, so that everyone who believes in him will not perish but have eternal life." During the celebration of the Christmas one should think about the purpose of the birth of Jesus Christ in this world which is nothing but "saving the sinners". A true Christian should have faith in His birth and should get deliverance from sin and its consequences.

Apart from your regular celebrations, I would like to suggest the following things which one need to do to make our Lord pleased

- Share the Gospel of the Christ
- Help the Poor and pray for them
- Prepare yourself to face the second coming of Jesus Christ
- Follow the way of Christ and be a model for others
- Make peace with enemies

Wish you a Merry Christmas and may this festival bring plentiful joy and cheerfulness.

With regards,
Dr. D. Gnanadurai,
Vice chancellor,
St. Joseph University
Dimapur , Nagaland



REGISTRAR'S Message

I am in a pleasure to introduce myself through this newsletter 'SJU Newsbites', St. Joseph University, Dimapur, Nagaland. The University is very rich in terms of conducting excellent programmes for the purpose of strengthening learning abilities of students. Hence, the University organized a large number of activities besides rigour of academics. This has enhanced the image of our university by multiple notches. One of our greatest strength is that the institution has highly qualified and dedicated faculty members and staff. Apart from teaching, the faculty members are also involved in research works. Among the many initiatives, the various departments are working to bring the world to the University and the University to the world. All the varied Departments lay stress on desired learning outcomes for students, in the form of knowledge and understanding skills. The students are widely state-of-the-art and ever keen interest to absorb new perceptions.

As a Registrar, I, congratulate the members of editorial board, HODs, faculty members and specially the students who mutually helped in materializing the issue of newsletter.

In conclusion, as the festive season is approaching, through this message I would like to express my warm greetings to each and every reader and wishing you merry Christmas and a prosperous New Year.

Best wishes,

Dr. J. Robert Edwin Chester
Registrar
St. Joseph University
Dimapur, Nagaland.



Retrospecting Christmas Celebration

Mrs. Pakinzinliu Chawang Salikyu

Christmas is around the corner and the first things that run through our mind when we talk about Christmas are merriment, fun, decorations, lights, gifts and long holidays. We celebrate Christmas with pomp and gaieties, but are we truly celebrating Christmas the way Jesus would have wanted? Christmas is the most revered celebration of the Christian community. It is the time of the year for families, friends, and community to come together and have a meaningful time. Nowadays with the change in time, Christmas is no longer celebrated by Christians alone but by the whole humankind. Christmas is nothing but a celebration of the birth of the Prince of Peace. Ironically, the birthday of the Prince of Peace is always accompanied by social unrest, be they fight, shallowness, the superficiality of the modern society and many are left either bankrupt by incurring more debts trying to keep up with the conventional or accepted way (of course, constructed norms) of celebrating Christmas.

Christmas is always a special occasion and everyone wants to be at their best, by their best here it connotes to outward appearance the surface base best. The best example is the striking decorations, lights, good-clothes, good-food, etc, etc... Truth be told, nowadays it seems like we are competing with each other in who can be more superficial and shallow by giving more efforts in embellishing the outward appearance of oneself, one's house, one's churches, colonies, etc., etc. We are only or if not, mostly confined to the surface level celebration and had sideline the true meaning of Christmas. Today in our Naga society, Christmas celebration is incomplete without a bunch of drunkards' shout and scream "Merry Christmas" on top of their voice, a rash driver hitting random passerby on the street, a shopkeeper charging a high price, and of course shoplifters on their mission to grab stuff of their choice.

For reasons best known to humanity, Christmas celebration has become the time of the year to show one's arrogance, material possessions, and pride instead of love, kindness and compassion. How much better it would be if the amount of money spent on decorations is used to feed the hungry, to clothe the homeless and the poor. There will be fewer homeless people, less hungry people, and a more peaceful place to live. Isn't it more meaningful to feed the hungry mouth and clothe the naked body and decorate our hearts with Christ then adding artificial embellishments to our homes which is temporary? Isn't it more fulfilling to bring a smile on the faces of those whose needs are very limited than to feed the unending egos and arrogance of oneself which does no good to anyone?

Christmas is a time of sharing, spreading love, peace, hope and joy. And to me, Christmas should be celebrated every day because we need peace, happiness and love every day of our lives, not only during Christmas. How much of a better place this world would be if we celebrate Christmas in the truest sense of the meaning of the celebration of Christmas every day?

Let's celebrate this Christmas differently and more meaningfully by inviting Jesus into our hearts and lives, decorating our hearts with kindness, love and compassion as Jesus has for us and spreading more love, peace and joy to everyone around us. May the joy and peace of Christ live in us throughout the year and more...



A Christmas Message

Daniel M. Khan

Christmas takes me back to the creation story- the reason for the Creation of man. In the beginning, God created and expanded His own community through us as in Genesis 1:26, God says, "Let us make man in our own image, according to our likeness." The "let us" indicates that a community already exists. Thus, God gave life to man and put man under the obligation of being the image bearer of God. That is why we were created. But we were separated from God through the sin of Adam and Eve. Genesis 3 gives an account of how sin entered the world when Adam and Eve ate the 'Fruit of the knowledge of good and evil' consequently sowing the seed of disobedience and disrupting the beautiful oneness that we enjoyed with God. The consequence of the sin was separation from God. Sin destroyed man's relationship, first with God and secondly with man. Sin exiled us from God's presence, destroyed the union mankind had with God (Isaiah 59:1-2) without which there is no life. Isaiah 59:2 says "It is your sins that have cut you off from God; because of your sins, He has turned away and will not listen anymore." Being separated from God, mankind has no future beyond physical death unless God acts to restore that relationship, or give us eternal life as a Gift! For, "the wages of sin is death but the gift of God is eternal life in Christ Jesus our Lord". (Romans 6:23)

In Colossians 1:11-23, Paul gives a gloomy picture of life outside of Christ. We were trapped in "the domain of darkness", "alienated and hostile in mind, doing evil deeds". However, Paul doesn't seem to imply that the people in such a depraved state are unhappy, rather, he explains in Romans 1 that they are enjoying being apart from God and are unwilling or unable to make any effort to reconcile with God and so he writes, "you were dead in the trespasses and sins" (Ephesians 2:1). Therefore, God must take the initiative. He must be the one to transfer us from the domain of sin into the Kingdom of Christ. He must be the one to reconcile us; He must make peace, because we cannot and would not. And the price of sin has to be paid as well.

So, God sent His beloved Son to pay the penalty for our sins and thereby restored our broken relationship with God. As promised and prophesied, in Isaiah 7:14 "The virgin will be with child and will give birth to a son and will call Him Immanuel", Jesus (which means 'God Saves') was born. He lived among men and on the appointed day, was crucified, but victoriously rose from the dead on the 3rd day accomplishing the immense work of reconciliation, full and complete, sealed with His precious Blood. In Romans 5:18, Paul writes in acknowledgement of Christ's work, "Adam's own sin brings condemnation for everyone, but Christ's one act of righteousness brings a right relationship with God and new life for everyone".

Therefore, our celebration of God's work of reconciliation through Christ becomes even more significant during Christmas, because, if God did not send His Son, we would still be languishing in darkness, not even aware of our hopelessness and helplessness. But praise be to God! We rejoice because as promised, "Unto us a son is born, unto us a son is given..." Isaiah 9:6. He has bridged the gap and reconciled us to God by bringing peace and harmony between us and God, restoring what sin had disrupted. Our exile from God's presence has ended through the reconciliatory work of Christ. So what would this mean to us as Christians, who are called to be bearers of His image, ambassadors of Christ? In Ephesians 2:8-10 Paul reminds us that, "By grace you have been saved through faith. And this is not your own doing; it is the gift of God, not a result of works, so that no one may boast. For we are his workmanship, created in Christ Jesus for good works, which God prepared beforehand, that we should walk in them." We have received such an immense gift from God and have been prepared in advance to accomplish good works in and for Him. Hence, this Christmas, instead of mere merry making, parties, and family get together, let us take the Message of Reconciliation to the World in darkness, to people who need the light and life of Christ. Let us be like the star of Bethlehem, shining brightly to lead people to Christ. Let us take the Great Commission Christ has given to us to go and make disciples of every nation, being assured of His presence and empowerment in this task. The world needs Jesus, the only means of reconciliation, the true peace and it's a wonderful privilege to take this Message to the World.

DEPARTMENTAL ACTIVITIES

ECONOMICS



Department of Economics St. Joseph University Dimapur and Ministry of MSME Dimapur branch Nagaland has jointly organized a two days “Industrial Motivational Campaign” at the University campus from 29th to 30th October 2019. Shri.Tali Longchar was the guest speaker of the event

HISTORY



The Department of History, St. Joseph University, invited Shri KHEKIYE K. SEMA, I.A.S. (Retd), Former Commissioner and Secretary, Govt. of Nagaland, Prominent Social Activist, Author and Public Speaker, to give a talk on his autobiography “ENCOUNTERING LIFE-ANTICS OF A GOVERNMENT SERVANT.” The event was conducted on 29.07.19 at 10:30 A.M. from the Auditorium, SJU.

History Department curricular activity-I

On the 17th of October 2019, for the skill enhancement paper, “Understanding Heritage”, the UG 1st semester students conducted an art work class based on the curriculum related to heritage sites in India. The class teacher Miss Mhonlumi Tungoe conducted the activity.





History Department curricular activity-II

On 23rd and 24th October 2019, for the skill enhancement paper, “An Introduction to Indian Rock Art” a class activity on the theme “Rajasthani painting” was conducted for the PG 1st semester students. Eighty (80) students participated under the guidance of the subject teacher Dr. Avinuo Chupuo, HOD, Department of History.



Photo: PG 1st semester students, 2019 - 21 Batch.

The results of PG History (1st semester) class activity



COMPUTER SCIENCE

PHOTOSHOP DESIGN CONTEST



The Department of Computer Science association ‘TEKNE CLUB’ conducted a Photoshop design contest on 1st October 2019 for the students of SJU. It was the department’s first Interdepartmental contest. The Photoshop design contest was based on the theme “Advertisement Design”. It was aimed not only to test the participant’s Photoshop skills but also to measure the design intellect hence the theme was named “Advertisement Design”.

The participants were judged based on creativity and knowledge of Photoshop. The participants were judged by the HOD of Computer Science, Dr. S. Pradeep Kumar Kenny. Kiron Chandra Borah from



II yr MSC Chemistry bagged the first place and Kamrang Sinson of II yr BBA bagged the second prize. All participants were presented certificates. The certificates were handed over in a separate function by Dr. S. Thiyagarajan, Controller of Examinations, SJU.



SOCIAL WORK

The curricular activities undertaken by the Department of Social work (2019) are as follows:

Skill Enhancement Course- Crafting paper bags and making shoes:

A program was held on 6th and 27th September 2019 under the collaboration of Department of Social Work and Samaritan Home, Dimapur. The programme was based on crafting

paper bags and making shoes as a part of skill enhancement course. The main objective of the course was to develop awareness on self-employment



Seminar on Social Issues and Community Ownership

A seminar on "Social Issues and Community Ownership" was organized jointly by the Department of Social Work and Prodigals' Home, at St Joseph University Auditorium Hall on February 22, 2019 with Vishal Chauhan, DCP, Zone II, Dimapur and K. Ela, Director, Prodigals' Home as resource person. During the seminar K Ela shared about Prodigals' Home and her personal experience with various social issues such as drug abuse, alcoholism, vulnerable women and children, persons with disability, HIV/AIDS, etc. at the ground level over the years. Vishal Chauhan in his message conveyed the atrocities of crime against women and children, substance abuse, misuse of social media, and lack of opportunities and awareness about individual rights, which are prevalent social issues in the present context. He



gave a detailed analysis of the above mentioned issues reflecting from the recorded police cases. Chauhan also pointed out that there are many cases that remain unreported. He also presented some ideas and methods that can be applied by students and the community. He exhorted the gathering to be aware of one's basic rights, especially related to the process of dealing with the police and in reporting cases.

Orientation program on Employment Skill training and Personality Development Training

Department of Social Work organized an orientation program on Employability Skills Training and Personality Development Training at St. Joseph University Auditorium Hall on 16th Aug 2019. The main purpose of the program was to address the issue of rapid growth of unemployment in the state of Nagaland and to spread the awareness among the students.



Seminar on Plastic Free Nagaland

Department of Social Work, St. Joseph University (SJU), Dima-pur in collaboration with Green Team Kohima (GTK) conducted a one day seminar on "Plastic Free Nagaland" with the theme of Green Team Kohima "My Waste, My Responsibility" at Khuzama Village, Kohima, on August 30, 2019. The founder of GTK, Thangi Mannen (Rtd/Commissioner and Secretary) talked about the devastating effects of plastic to the human and ecological systems. He emphasized on the "3 Rs- Reduce, Reuse and Recycling: to overcome the plastic pollution.



Akhrie Mor, General Secretary KCCI, member of GTK applauded the immense contribution of women towards limiting the use of plastics. Ela Mary, member of GTK spoke on the issues of youth beneficence in plastic free campaign. The concept of making Paper bags was introduced by Francis Ruangmei, chief administrator, The Coming Generation and member of GTK and his team. He emphasized on the importance of finding an alternative product like paper bags that were eco- friendly and economically affordable, at the same time creating opportunities for employment.

Exposure visit cum Field Trip

Department of Social Work, St. Joseph University (SJU), organized a one day exposure visit cum field trip for the Master of Arts in Rural Development to Central Institute of Horticulture (CIH), Medziphema on August 30, 2019. Dr. I Moasosang, Assistant Horticulture Specialist, CIH, graced the occasion and spoke briefly on the history of CIH and stated that training was given based on the needs of the farmers. Dr. Longkumer said that training and courses were free of cost



for the unemployed youths both short and long terms. He added that the institute organizes organic farming, demonstration on and off farm, and exposure visit to create interest among the rural people. He said that those trainings were given because farmers in the regions were ill equipped with the modern technology based agricultural tools, techniques and methods. Marina, Senior Technical Specialist and Anjani Kumar Singh Horticulture Specialist accompanied the students and visited various production units and sites and explicitly explained about the procedures incurred in the process of plantation.

Rural Camp




Department of Social Work, St. Joseph University (SJU) Dimapur conducted Rural Camp for the Bachelors of Social Work at Khuzama Village from 29th August 2019 to 4th September 2019. Twenty seven students along with two faculties took part in the Rural Camp. The Department of Social Work, SJU also organized tree plantation and cleanliness drive to promote the importance of individual responsibility in safeguarding biodiversity. A survey was conducted on 'Socio-economic, health and education'

status of the village for educational purpose. During their stay at the village the students interacted with elders of the village to understand their culture and society. A session was organized on career planning and confidence building for Classes 9 and 10 students in the village. Participatory Rural Appraisal (PRA) was conducted to make the social work students understand the landscape and resources of the village.

Cleanliness Drive

Students of BSW III semester conducted a cleanliness drive on 11th and 18th Oct 2019 at St. Joseph University campus and Kushiabill Village, Dimapur respectively. The main objective of the cleanliness drive was to keep the environment clean. The program was a part of extension activity included in the academic curriculum. Through this activity the students were taught, the importance of environment in a society and the roles and responsibilities of keeping the environment clean and sustainable.





Department of English THEATER DAY

The students of English Department, St. Joseph University presented a drama on Hamlet at the University Auditorium on 22nd October, 2019 at 12 Noon. The programme was compered by Mr Yopong of M.A 1st semester. An Invocation prayer was delivered by Father Ratheesh Superior, Campus Manager and a welcome note was addressed by Ms. Mazhuni, Assistant Professor, Department of English. Ms. Muilila Assistant Professor, Department of English introduced the play after which the students enacted the play. The play was quite enthralling and the audience had a quite time of amusement, laughter and full of emotions.

The event ended with a word of gratitude by Mr. Manphoa Konyak President, Department of English Association.





REPORT ON MANIPURI POETRY DAY

The Department of English, St. Joseph University, Dimapur, observed the Manipuri Poetry Day 2019 with a poetry recital programme. The programme, titled “Open Mic/Poetry: Manipuri Poetry Day ‘19” was held between 9-11 AM on 4th October, 2019. The event involved the recitation of original poetry by BA and MA English students of the University. The event was convened by Manphoa Konyak, President of the Department of English Students’ Association. Around 15 to 20 students from both postgraduate and undergraduate courses recited their original works. The poetry performed was diverse and vibrant – ranging from ruminations on life and death to body-shaming and body politics, from love, disillusionment and depression to the future of Naga youth. All the works presented during the event will subsequently be compiled and published as an ISBN-coded book.

Manipuri Poetry Day is observed to honour the life and career of notable paragons of Manipuri literature, while also paying homage to the rich and unique literary tradition of the region. This year, Manipuri Poetry Day has been celebrated in various institutes in cities across the country with the aim of popularizing and exposing Manipuri literature to the broader world.



RESEARCH PAPERS PRESENTATION (DEPT. OF ENGLISH)

Dr. Thokchom Sunanda Devi, Assistant Professor and Head, Department of English presented a paper on the topic Marginalization and Taboo Relationship in Mahesh Dattani’s *On A Muggy Night In Mumbai* in the two day International Conference on Interdisciplinary Studies: Redefining Boundaries of Humanities, Science and Social Sciences jointly organized by the English Literary Circle, Manipur and the Manipur University Students’ Union 2018-19 held on 22nd-23rd November, 2019.

Dr. Achuth A, Assistant Professor, Department of English presented a paper on the topic *Tasting Cultures: Tourism and Culinary Exchanges in Fort Kochi during the Bienalle* in the two day International Conference on Interdisciplinary Studies: Redefining Boundaries of Humanities, Science and Social Sciences jointly organized by the English Literary Circle, Manipur and the Manipur University Students’ Union 2018-19 held on 22nd-23rd November, 2019.

Muilila Sangtam, Research Scholar, Department of English presented a paper on the topic Second Thought: Quest for Selfhood in the two day International Conference on Interdisciplinary Studies: Redefining Boundaries of Humanities, Science and Social Sciences jointly organized by the English Literary Circle, Manipur and the Manipur University Students' Union 2018-19 held on 22nd-23rd November, 2019.

Thejasanuo Khezhie, Research Scholar, Department of English presented a paper on the topic Conflict between Civilization and Savagery in William Golding's Lord of the Flies and Aravind Adiga's Last Man in Tower in the two day International Conference on Interdisciplinary Studies: Redefining Boundaries of Humanities, Science and Social Sciences jointly organized by the English Literary Circle, Manipur and the Manipur University Students' Union 2018-19 held on 22nd-23rd November, 2019.

Sr. Laly Varghese, Research Scholar, Department of English presented a paper on the topic Stone Angel: Marginalization of Older People in the two day International Conference on Interdisciplinary Studies: Redefining Boundaries of Humanities, Science and Social Sciences jointly organized by the English Literary Circle, Manipur and the Manipur University Students' Union 2018-19 held on 22nd-23rd November, 2019.

Kahor Raleng, Research Scholar, Department of English presented a paper on the topic I am Malala: Gender and Education in the two day International Conference on Interdisciplinary Studies: Redefining Boundaries of Humanities, Science and Social Sciences jointly organized by the English Literary Circle, Manipur and the Manipur University Students' Union 2018-19 held on 22nd-23rd November, 2019.

Vikholo Rosii, Research Scholar, Department of English presented a paper on the topic Biblical Allusions in Easterine Kire's Son of the Thundercloud in the two day International Conference on Interdisciplinary Studies: Redefining Boundaries of Humanities, Science and Social Sciences jointly organized by the English Literary Circle, Manipur and the Manipur University Students' Union 2018-19 held on 22nd-23rd November, 2019.

SJU Hosts National Conference on Smart Materials and its characterization Techniques

National Conference was organized by Department of Physics, St. Joseph University, Dimaipur on 28th October 2019. A press release by the University PRO stated that Dr. S. Venugopal, Director, NIT- Nagaland was the chief Guest and he delivered special address and highlighted about smart materials and motivated students to create smart materials. The release stated that Vice Chancellor of St. Joseph University Dr. D Gnanadurai gave inaugural address and motivated the students and the registrar of St. Joseph University, Dr. Robert Edwin Chester delivered Keynote address and encouraged the students. Felicitation address was given by Dr. C Chelladurai, HOD, Depart-



ment of Physics. The conference highlighted on various topics of the theme of smart materials and its characterization Techniques by various resource persons.





Department of Civil Engineering

Field Trip

The students of B. Tech - Civil, 3rd and 5th semester of the Department of Civil Engineering visited Nagaland Medical College, Kohima on the 9th of August 2019, as a part of our taught course “Study of Planning and Construction Engineering” under the supervision of Mr. Khekiye Aye. The requirement of the curriculum is to enable the students to learn by observing and recording in true creative sense. In this regard, the field trip was undertaken which led us to the learning of the various aspects of Planning and construction. Additionally, the affirmation of the students towards such a positive learning experience motivates the growth of the department as well. Thus the field trip was a successful one.



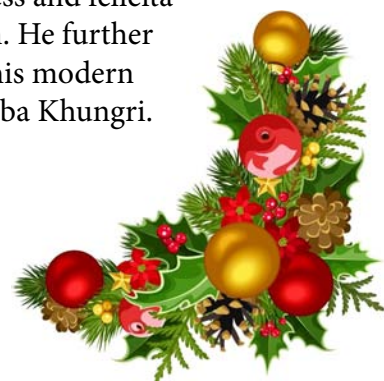
Department of Civil Engineering & Chemistry

Guest Lecture Program

The Department of Civil Engineering and Chemistry, St. Joseph University, organized a Guest Lecture program on “Environmental Management System” on the 29th of August, 2019, in the University Conference Hall. The welcome address was given by Mr. Kiron. Dr. S. Ganapathy Venkata Subramanian,



Professor, Department of Environmental Engineering, Anna University Chennai was invited as the chief guest. Dr. Robert Edwin Chester (Registrar) gave the keynote address and felicitation. The chief guest delivered a speech on Environmental Management System. He further emphasized on the use of technology as a learning tool and its importance in this modern day. The program ended with the words of gratitude and thanks by Mr. Latsangba Khungri.





PRINT MEDIA IN NORTHEAST: NAGALAND

Journalism in Nagaland has not been an easy journey with roller coasters on its way to the present state. Journalist faced lots of unfavourable circumstances since 1990s when they were torn between threats and journalistic truth. During Indo-Naga the conflict in the 1990s was rife in the state. Mhalezolie Kire, Editor & Publisher of Capi, one of the longest surviving vernacular newspaper in Nagaland, recalls how different groups demanded that a particular news story be carried on the front page or sometimes be left unpublished on several occasions but it did not stop them from performing their journalist duty.

Media in Nagaland also faces the problem of facilities of technology, where they had to compose it manually letter by letter. They had to delay on international and national news as they were unable to get the news information on time due to lack of internet facilities where they depended upon television and radio for the information.

Today journalist faces the challenge to write against strong organisations, individuals, UGs etc. The meagre salary of the journalist/reporters is making it hard for their survival. Nagaland being a part of democratic country where the constitution guarantees freedom of speech and expression, this right has been limited to the journalist. They are deprived from writing against the misconduct of the elite people and organisations that are dominant in the society and also the wrong doings in the society in regard to ism which is quite prevalent in the state.

Print media in Nagaland have its own short comings. Its major problem is lack of sophisticated technologies. So far there is no local channel in the state as setting up a TV channel is a major challenge due to lack of funding. As well people hesitate to set up or own a TV channel because it needs big investment.

There are only few newspapers/magazines/periodicals in Nagaland because newspapers need good circulation for revenue and sustenance. Newspaper for its existence needs good circulation and subscriber. A newspaper cannot exist without its readers. But Nagaland with a small population has fewer subscribers.

Nagaland is in need of good journalist/reporters who are experts in the journalistic field. There is a dire need for people who are expertise in the field of journalism. It also needs people who can uphold the ethics and responsibilities of journalist. Sensible journalist who can uplift truth and justice is needed.

Despite the selfless service done by the journalist, we fail to acknowledge and appreciate the sacrifices done by the journalist. The people should know the value and strength that media holds. Media have the power to even bring down a government if they exercise their power in the right manner. The people should trust in the capacity and potential of the media.

Today, media have become the voice of the voiceless in Nagaland. It has five (5) English dailies namely – Nagaland Post, Nagaland Page, The Eastern Mirror, The Morung Express and Nagaland Today. It also have eight(8) vernacular language newspapers in Nagaland- Tir YimYim in Ao, Capi in Tenyidie, Sumi Ziimulhii in Sumi, Nagamese Khobor in Nagamese, Ketho Mu Kevi in Angami, Ao Milen in Ao, Viinglangh Manliiing in Phom and Tenyi Ralha in Angami. Despite all the short comings, journalists are working inconsistently and deliberately for the upliftment of the society.



Interview with Khrie bu Meyase

Khrie bu Meyase is a 20 year old rapper from Kohima. He is the art director of table 3. Table 3 is a group of solo artists coming together as a team based in Kohima. Khrie bu Meyase is a young talented rapper making his way to the top. His last single was 'can't stay here' ft. Moko Koza.

Interviewer - What got you into Music?

Khrie bu Meyase - If I get into the Real basics, I would say appreciation by the people. You would love to do the things that people really admire about you!

At first when I was 10, I use to sing along with some tracks playing on! Someone appreciated me. I don't really know whether it was real or sarcasm (well at that age, I guess no one would). So I started doing it more often. Especially when I was alone because I wanted more people to admire me!

I - Who inspired you?

KM - For me, Young Dirrt. A Bangalore based rapper from North East India inspired me a lot. He literally has a song for every occasion, he is also my favorite rapper and has influenced a whole genre of North East rapper's.

I - How would you describe your voice?

KM - Interesting question, well according to my friends, mellow means ripe, almost rotten. (Laughs)

I - What is your creative process like?

KM - It's different for everybody -try everything and find the one that works for you. However, I will add a counterpoint I always carry and still do a notebook on me and yes the arrival of Smart Phones was a boom it helps me save some lines which comes to my mind.

I - Who would you like to collaborate with?

KM - I would like to collaborate with many artists, if it's in and around India ,Top one is obviously Young Dirrt and for any local artist LC Sekhose is the man.

I - Have you ever dealt with performance anxiety?

KM - A lot of times I would say but that doesn't stop me from doing what I want and slowly slowly I'm stepping over it.

I - Who is your inspiration and role model?

KM - Like I mentioned before Young Dirrt is an inspiration and a role model too. I do learn so much from him as well.

I - How many years are you practicing Rapping?

KM - Since I was 10 years of age it's a decade now. (Laughs)

I - What hardships do you face in this field?

KM - Less support and negative thoughts on a rapper.

As an Artist It's never easy being a rapper in states like Nagaland our parents mindsets are



really different as well as the other people looking at us. The Hip Hop Genre is looked to as Drug, Sex, Guns and many more. Yes I agree that the hip hop scene was never clean when it came out because the media only focused on those, the blacks used Rap as their weapon to speak the truth but many people don't see this.

I - Have you had any memorable experience that you would like to share with us?

KM - There are lots of things I treasure being on this journey well I would like to say that doing the opening act for Boney M during their visit to Nagaland Hornbill International Music festival is one of the most memorable experiences for me because my grandpa was a big fan of Boney M and he couldn't be happier me doing an opening act for them.

I - Would you like to give any message to your fans and upcoming artists?

KM - Message to everyone supporting me till today You guys are the only Reason I'm so much more that I ever thought I would be. THANK YOU SO MUCH, GOD BLESS.

And to every upcoming artist NEVER LEAVE THE BASIC ASIDE, always be hungry for more, be humble and PUT GOD FIRST IN EVERYTHING YOU DO.

God speed.

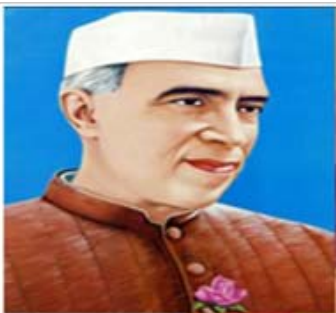
Loknankevi Zingkhai (loknankevi@gmail.com)

Department of JMC





Hearty congratulations to our team member, Dr. Sunanda and her husband Mr. Rajesh Tayenjam. Both are working as Assistant Professors at the department of English, St. Joseph University. We wish them a happy married life!



"Every Child comes with the Message that GOD is not Yet Discouraged of Man"



HAPPY CHILDREN'S DAY

**Best Wishes From
DMI South Province**





STRESS FOR SUCCESS: STUDENTS WHO ARE INTENDING ON ACHIEVING SUCCESS, COLLEGE ENTRANCE EXAMS ETC

When we talk about success, the first thing that comes to our mind is people's opinion, people's view, what people think about us and how people see us. When people see you as a doctor, engineer, etc. or you make good money, people say he/she is a successful person. When it comes to a student, a successful student is the one who scores good grade in the academy, having a good name and being popular in school/college.

And if you think the above is true then you are stressed. And that is making you an unhappy person. Hunger for success is of great quality but stress for success can be unproductive as it takes away your intelligence and uniqueness. When you begin to compare your success with others you're bringing stress into your life, which kill your creativity and your natural self.

Being in a competitive world, the stress of individuals for success is at its peak. Every year thousands of students commit suicide over failing examinations. Every hour, one student commits suicide in India, according to 2015 data from the National Crime Records Bureau (NCRB). India has one of

the world's highest suicide rates for youth aging from 15-29, as per Lancet report, 2012. Statistics from the NCRB reveals that close to 40000 students in India committed suicide from 2011 to 2015, with 8,934 cases in 2015. Data published by the National Crime Records Bureau shows that 2,646 people died in 2015 due to "failure[s] in examinations".

In 2015, over 6.3 lakh students took the Medical exam. The total number of MBBS seats in the country is around 52,300. Government colleges offer fewer than 25,000 seats. From those, the all-India quota reserves 15% of seats, excluding institutions like AIIMS and JIPMER. Thus from the many candidates that sits for the exams only 0.6% students cracks it. This year the suicide toll amounts to 20 students after receiving failing grades in national exams. Such instances undoubtedly show the high cut throat competition level and stress for success.

Students are taking life over scoring low marks and failing exams. The present education system fosters a very competitive environment. Students unable to secure admission to top

institutes are viewed as failures by the society. What so ever the grade, there are expectations to succeed. The biggest cause of stress in school and suicide is actually the expectation to succeed; where the students have to live up according to their parents, their peers, and even colleges. It is a societal norm in India to make kids feel that 12th exams as 'do or die' situation. Stress for success on my opinion is based on two primary perspectives.

1. Family pressure: Generally, many of our Indian parents lack the ability of discovering their children's talent. They consider true success only when their child cracks an elite service job or for that matter any government job and this stigma is deeply rooted in the minds of many parents. This point can be rightly illustrated from a saying "if you judge a fish by its ability to climb a tree, it will live its whole life believing that it is stupid". This is where pressure falls on the children. A child whose ingenuity is entrepreneurship/singing/dancing etc sits for any competitive exam several times sheerly due to family pressure and fails to crack it after numerous attempts, which frustrates



them and makes them feel stupid. I believe parent's duty is to channelize their child's interest and talents but not to push them to do something where he is not interested. This I believe is another reason for professional incompetency in their professions as doctors, engineers or administrators etc. Or the other way is the child to be successful in anything doesn't because of wrong direction. This results in the increase of stress for success. This can eventually lead to depression and other devastating outcomes.

2. Lack of smart reading attitude: As we are all aware of the vast world where millions of happenings occur every minute, it becomes difficult for us to understand every bit of it though we say we live in a global village. Numerous books are written on a single topic by different

authors in different languages. Thousands of reports appear on newspapers and magazines everyday. Here, smart reading becomes the key. We should learn to read things that we think is important for us or things that are based on our syllabus (from exam point of view). If we just try to mug up everything, time is very limited and so we begin to feel stress. We just read too much in a short time beyond the holding capacity of our brain leading to stress. Therefore, smart reading is the key to success.

To conclude a child should be independent of his or her decision. A child should be given the freedom to choose that will help him to achieve his/her goal rather than give pressure. There is no need to stress when you are doing the things you love. Numbers and grades should not

be something to stress about as long as you learn the maximum. Coming to the context of society comparison should be done away. A student should not be defined by the institution he graduated but rather on the knowledge and skill the individual possesses.

A child should be allowed to take the profession he/she likes in order to succeed. If a child is able to do what he/she loves there is no need for stress. If one does what he loves there is guarantee to excel, one can keep working for hours and never feel stress. Feeling tired and exhausted and stress are different things.

Ashene Latsatiiomai
Reg no: 1903104002
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Cultural Day

The first Annual Cultural Day of St. Joseph University was held on 31st October 2019 at 9:30 a.m with Dr. Hesheto Y. Chishi, Director, Indigenous Cultural Society Nagaland as the chief guest. The programme was chaired by Ms. Krelo Vincenza, Assistant Professor, English Department. The students from different departments participated in showcasing the vibrant cultural shows and also took an active part in the traditional games.





Spinning Qs and As with the Bomb

Electronic Dance Music

Whether you're an avid listener or someone who's just beginning to wonder what it is, EDM is a fascinating style of music. The catchy rhythms and complimenting sound additions make it both incredibly danceable and fun to listen.

The music EDM almost has a respective percussion track and typically includes a melody played by a synthesiser laid over the drumming.

There are a number of music genres that fall under the EDM category: House Music, Techno Music and Trance Music.

A little tête-à-tête with none other than Liden Longchari, 25, who goes by the stage name as DJ Lil' BOMB is an EDM DJ and Producer from Kohima. Awarded as the best producer in Nagaland Music Awards 2018. He has been performing in and around the Northeast vicinity since 2015. He shared stages with DJ Leenata, Teri Milo, INA, Mozzey, DJ Brahmin, CJ.



DJ Lil' BOMB

His genres are Funk, NU Disco, Moombahton, Twerk, Trap, Bass House, Bounce

Let's see what he has to say about his journey:

Starting off, Who/what inspired you to become a DJ?

DJ Lil': Back in 2014, when I came to know about Tomorrowland, the festival itself made a huge impact on me and inspired me a lot. And also to name a few artists (DJ/Producer)- DVBBS, Griz, Mike Perry, inspired me to become a DJ.

How long have you been doing this?

DJ Lil': I started performing since 2015.

EDM a genre in music. Do you think there will be a rise in Nagaland? Compared to other genres.

DJ Lil': oh yes! Definitely, it's already blooming around, and according to me, like in Clubs, Shows and Festivals. EDM is taking over and is

happening all around the world. People love to dance, listen to good melodies. So I think EDM has made a huge impact specially to the younger generations.

What is the purpose of your music?

DJ Lil': I love to creat beautiful melodies. But my main purpose is to spread love, peace, and unity through my music wherever I go.

What is your favourite genre that you listen to?

DJ Lil': There are about more than 200 genres under EDM. But to name a few my top favourites would be Funk, NU Disco, Twerk, Trap, Bounce.

As an artist what are the challenges you face in making new music?

DJ Lil': I really love EDM and for me since I'm hooked up in the particular genre, composing and creating new music is not so difficult for me. Rather, i enjoy it. But what I wish for as a DJ/Producer is, bigger platforms and reaching out to a wider audience. That's the challenge!

Who do you listen for inspiration?

DJ Lil': Party Favor, Griz, Alan Walker, Mike Perry, Avicii.

Were your family and friends supportive of you working in the music industry?

DJ Lil': At first, I would say No. But I kept persisting in my love for music. And right now, they are my biggest supporters.

Do you have any artist to collaborate or planning to? (New Music!)

DJ Lil': Yes, I'm coming up with new music this year with Metet Jamir and Moko Koza.

So, in conclusion what would you like to say to your fans and all the music lovers out there of your music?!

DJ Lil': First of all, I wanna give a shout out to my friend Sunep Oz, who is in California, US. He was the one who provided me. with platforms/ opportunities when I started out nd because of that, it made me who I am today.

And for all the young upcoming DJs/Producers, I really encourage them a lot. Never give up, stay Humble, Work hard. Thank you so much to one and all for listening to my music, I really appreciate you all. Please do continue to support me and I will continue to bring you good music and shows. Love, Peace, Unity.



@dj_lil_bomb



www.youtube.com/c/LiLBomBLid3n

Source:

Joyshree K Sharma

JMC Dept. 1st Sem

St Joseph University.



First CARNIVAL Organised by the SJU Hostellers

The SJU Hostel organised a one day Carnival cum Musical Night at the Seminar Hall on the 30th Nov 2019 amidst varied stalls being opened and games hosted by the hostellers and various Department with an aim to promote entrepreneurship and provision of a platform to display God's musical skills to all young vibrant students.

It was a fun-filled evening with performance from the likes of Miss Vincy (Asst. professor Eng Dept.), and students to mention a few. The programme was successfully held with the presence of Fathers, sisters, teaching faculties and the Registrar Dr. Edwin Robert. Similiar kind of of events are also to be held at the interest of the students in the near future.



TILL WE MEET AGAIN

This time is not enough,
For us to be saying goodbyes
Now that we've become a family,
Saying this farewell is really tough.
Like a mother you've become,
You saying goodbye is the hardest.
Never thought this day would come near,
Especially you leave us behind.
Our hearts are now filled with hush of silent tears,
And emotions spreading all over the place
For a great soul is weaving her hand,
Leaving all her sheep's sad and filled with sorrow
But we have you in our hearts,
For GOODBYE is just a word.
Praying that we might remember each other,
For the day, till we meet again.

Ms. Kitokali & Mr. Senopfelo Koza
PG IVth Semester, Education Department.





As we rejoice and celebrate this wonderful season of Christmas, let us not forget to thank baby Jesus for coming into our lives. Let us together prepare ourselves to welcome him into the homes of our hearts. Merry Christmas to you and your loved ones.

*Love
St. Joseph University
Family*

For more Information Contact SJUNEWSBITES at: sjunb@stjosephuniv.edu.in

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