



SJU NEWS BITES

St. JOSEPH UNIVERSITY

Virgin Town, Ikshe Model Village, Dimapur Nagaland, India 797115

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Bi - MONTHLY

Dear readers,

We are glad to get in touch with you again through this third issue of "SJU News Bites." Learning is a lifelong process which, in a simple way, we can say is that the 'process of learning begins from the womb and continues till death.' Everything that has breath is being made learn something or the other. Through learning we change and grow. It is also popularly understood that a person stops growing when he stops learning. One should never stop learning because life itself never stops teaching. When we cease to learn we stop using the most important gifts in us, the capacity to learn. Brian Herbert said, "The Capacity to learn is a gift; the ability to learn is a skill; the willingness to learn is a choice."

Institutions are formed with an objective of bringing about desirable changes through the process of learning. It is also a platform to make the present have a learning atmosphere and in moulding us for future. It is true as we can recall what Mahatma Gandhi said, "The future depends on what we do in the present." Let us make our present, a lifestyle of learning everyday by utilizing our gift, our ability to learn so that in future we can become good coach, an expert in the field of our varied interests and to be irreplaceable. The editorial team wishes to impart the importance of learning through this volume consisting of various innovative ideas contributed by various departments and showcasing their accomplishments. We hope and wish you a happy reading.

Editorial Team
SJU News Bites

Dear Readers,

I deem it a great pleasure to meet you through this news letter. I would like to recall the words of William Lyon Phelps regarding 'STUDENT'

"A student never forgets an encouraging private word, When it is given with sincere respect and admiration"

Students are the core and the backbone of the society and they are the real builders of the future of a nation. The duties of a student, from my perspective, are four -fold. First of all, the students should have the fear of the 'ALMIGHTY'. Next the students should be respectful towards their parents as well as their teachers.

Next the students always seek knowledge and information to make them as more intellectual.



VICE CHANCELLOR
Prof. Dr.D.Gnanadurai

Finally, they should have self-discipline. If a student does his/her work truthfully and hardworking in nature then he/she becomes a very successful person.

It is the responsibility of the teachers and parents to make the students life a very successful one.

SJU CELEBRATES THE EUCHARISTIC MASS



Glimpse of the students participating in the Mass

St. Joseph University celebrated its Annual Eucharistic service on 2nd August, 2019 at the University Auditorium Hall. The service was celebrated by Fr Augustine, GSS, Holy Cross Parish and Fr Justine, MMI, Dimapur. The service was attended by the Masters Students of St. Joseph University.

During the sermon, Fr Augustine stressed on the parable of the Lost Talents and mentioned how we should render one's time and service for the good of the greater community. It was followed by the election of the executive members of the spiritual committee from among the Catholic Students.

DEPARTMENTAL ACTIVITIES

SJU Conducted a Seminar On “The Present Agricultural Scenario With Specially Reference To Nagaland”



Photo: Faculties and Students Executives of Department of Economics along with the Resource Person Dr. Sanjoy Das Stage II Assistant Professor of Nagaland University

PC: JMC Department

The Department of Economics, SJU, conducted a seminar on the theme “The Present Agricultural Scenario with specially Reference to Nagaland” on the 17th of September 2019, with Dr. Sanjoy Das Stage II Assistant Professor of Nagaland University as the resource person, who enlightened

the students by featuring the various current trends of agricultural production in Nagaland. It was then followed by students (MA 3rd Semester) presentations on the various agricultural oriented topics ranging from – Tea, Potatoes, Kolar, Agriculture system, Pineapple and Ginger.

One Day Seminar On “Career Track: Discovering One’s Passion And Talents For The Future” Conducted By The Department Of Sociology



Photograph: Faculties and Students Executives of Department of Sociology along with Resource Person Shri Sentilong Ozukum

“Encountering Life- Antics Of A Government Servant”, Shri Khekiye K. Sema, IAS (Retd): A Day Of Self Retrospection With The Department Of History

A talk was hosted by the Department of History, St. Joseph University, Dimapur, on the autobiographical work “Encountering life- Antics of a Government servant” by Shri Khekiye K. Sema on 29th August 2019 at the University’s Auditorium. The keynote address was given by the registrar, SJU, Dr. Robert Edwin Chester. Shri Khekiye K. Sema exhorted the students from his personal experiences and important lessons

learned from being a Government Servant. He also urged the students to be God fearing and also inculcate ethical values to develop positive mindset and not coddle in corruption. He pondered upon the usage of technology towards positive growth. He concluded his talk by encouraging the students to take dreams seriously, understand the importance of time and to work truthfully.



Photo: Faculties and Student Executives of the Department of History with Shri Khekiye K. Sema, IAS (Retd)
PC: JMC Department

The Department of Sociology conducted a one-day seminar on the theme “Career Track: Discovering one’s passion and talents for the future” on 9th of August

2019, at Auditorium. The keynote address was given by Professor Dr. D. Gnana-durai, Vice-Chancellor of the University. Shri. Sentilong Ozukum,

EAC Medziphema, was the resource person for the occasion. He spoke on the aspects and prospects of intelligence and how to determine one’s career or profession through it. He also motivated the students on how to excel in competitive exams and attain self-employment in the follow up interactive session.

AN INTERACTIVE SESSION ON “RESEARCHING SOUTH ASIA IN EUROPE”; AN ACTIVITY ORGANIZED BY THE RESEARCH FORUM, DEPARTMENT OF ENGLISH

The Department of English, St. Joseph University, Dimapur, organized an interactive session on the 30th of August 2019, which is a second kind held as a part of the Research Forum activity. The outlook of the session was to encourage the research scholars and students to get cognizance of Research

writings and understanding. Florian Schybilski, a PhD researcher at the University of Potsdam, Germany enhanced the first session with his academics discourse on the topic “Researching South Asia in Europe”, which attempts on locating different “Dalit Modernities” and the role of “salvation”

in secular context. The second session highlighted the various study programs and courses offered in Germany and the ways to avail such opportunities by the students. The session was also graced by the presence of Dr Robert Edwin Chester, Registrar of St Joseph University, Dr Thokchom Sunanda

Devi, (HOD, Department of English), the coordinators of Research Forum – Dr Achuth, Mr Vikholo & Ms Alemmenla Walling (Assistant Professors, Department of English); faculties from across the Departments, as well the research scholars and students.



Florian Schybilski addressing the Faculties and Students



Picture: Faculty members, Research Forum co-coordinators, and students along with the Resource Person Florian Schybilski

POETRY READING CONTEST: AN INTITATION OF THE LITERARY CLUB, DEPARTMENT OF ENGLISH



Winners of the contest: (From Left to Right) Ms. Lutsoi (1st Place), Ms. Tajungmenla (3rd Place), Ms. K. Mongsen Phom (2nd Place)

The Literary Club, Department of English, St. Joseph University organized a poetry reading contest at the university auditorium on 29th August, 2019. There were 27 participants from various departments. Songs, musical piece and

stand-up comedy were performed in the course of the programme. Winners were given cash prizes with certificates and their works are to be published in the university newsletter, News-Bites. The judges of the contest were: Mr. Vikholo Rosii,



Participants with Faculty members, Literary Club Coordinators, Club members as well the Judges

Department of English, Dr. Chubaita, Department of Political Science and Dr. Imkumnaro, Department of Philosophy. The winners of the contest are as follows: First place: Ms. Lutsoi, B. A Semester III, Department of Political Science.

Second place: Ms. K. Mongsen Phom, B.A Semester III, Department of Journalism and Mass Communication. Third place: Ms. Tajungmenla, M.A Semester III, Department of English.

SEMINAR ON “RENEWABLE ENERGY” ON THE 6th OF SEPTEMBER 2019, ORGANISED BY THE DEPARTMENT OF PHYSICS



The Department of Physics, St. Joseph University, Dimapur, conducted a one-day seminar on “Recent Trends on Renewable Energy” today. The programme was organized to introduce students to contemporary uses of renewable energy and to promote new sources and methods of producing sustainable power. The seminar was held in two sessions presided over by

imminent resource persons from other institutions. Following a formal welcome and invocation, the first session was headed by Dr. Dushmanta Kumar Das, HoD and Asst. Prof. of EEE at NIT Nagaland. During the talk, Dr. Das discussed about the current energy scenario in India. He pointed out the need to develop renewable and sustainable energy with- in this context and stressed

upon the need to conduct research and develop energy from sources such as solar, hydro-electric, wind and biomass.

The afternoon session was chaired by Mr. Anal Chandra Sarma, HoD and Asst. Prof. at the Department of Physics, Patkai Christian College. During a highly informative discussion, Mr. Sarma talked about the technical challenges of producing renewable electricity. He commented that electricity remains the ideal form of energy. He stated that the need of the hour was to harness solar energy through concentrator photovoltaic and to make more efficient methods of capturing ocean energy.

Both speakers spoke at length about the necessity of harnessing renewable energy at a time when the world is threatened by drastic environmental destruction. The only way forward is by moving ahead from fossil fuels to more sustainable and efficient sources of energy. They also pointed out the massive potential for developing renewable energy in India in general and Nagaland in particular. The Vote of Thanks was addressed by Dr. C. Chelladurai, HoD and Prof. at the Department of Physics, St. Joseph University. The programme was concluded following a benediction by 2 PM.

QUIZ COMPETITION AN INITIATION OF “TEKNE CLUB” DEPARTMENT OF COMPUTER SCIENCE



Picture of Faculties and Participants in the Competition

On the 9th of August 2019 the ‘TEKNE CLUB’ of the Department of Computer Science organized a quiz competition at the University. The participants were divided into 5 groups, inclusive of both the BCA IInd and IIIrd year students. The topics covered in the competition were from the

various facets of Computer Science studies like the identification of various famous personalities, and the testing of programming skills of the students. The questions were designed in such a way that students can know a lot about computers which are basically not dealt in the curriculum.

REPORT ON ‘NAVOTA FIESTA’ 2019 DEPARTMENT OF COMMERCE AND MANAGEMENT STUDIES

The Department of Commerce and Management Studies organized a program on the 13th of July, 2019, which is a kind of orientation programme conducted to acquaint the Freshers with all the University’s activities as well to get connected to them. The programme be-

gun with a welcome address by Mesho, followed with the words of felicitation by Ms Temjenaro, Assistant Professor, Dept of Commerce. The program was also enlightened with various performances like songs, beat boxing, special appearances and ended with few words of prayer by Sister Sabita.



Photograph: Faculties with students inclusive of both seniors and Freshers

VARIOUS ACTIVITY REPORTS OF THE DEPARTMENT OF PSYCHOLOGY & COUNSELLING



Dept of Psychology attended the conference.

2. Students of MA in Psychology along with faculties attended one day seminar on “World Autism Day” organized by the Department of Developmental Paediatrics, Institute of Health Science and Research, Dimapur on 2nd of April 2019. Dr. Wataro Longkumer, Head of the Department Psychology and Counselling was the invited Chief Guest and speaker of the occasion.

1. The Department organized a “Case Conference” on the 22nd of March 2019. Two Students from MA IV semester and two students from Institute of Psychology Counselling and Educational Research presented Clinical Cases of their ongoing internship work. Students and faculties of IPCER and

3. Department of Psychology & Department of Economics co-hosted “World Health Day” on 3rd of April 2019. The event was organized by Christian Institute of Health Science and Research, Dimapur on the theme “Universal Health Coverage: Everyone, Everywhere.” Students from the department of Sociology, Social Work, Psychology and Economics participated during the program.

seminar organized by the Department of Philosophy Patkai Christian College and Department of Philosophy, St Joseph University on 17th of April 2019.

5. Four MA II semester students from the Department presented paper at Good Shepherd Seminary, Dimapur on “Humanistic Theory of Personality” on 30th of April 2019.

4. Four students of MA II semester presented papers and participated in group discussion at a one day

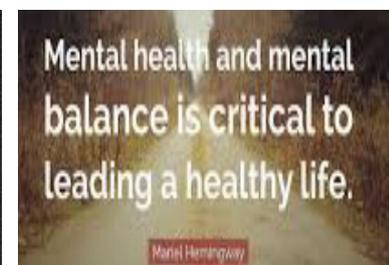
6. The Department conducted farewell program for the outgoing Masters students on 10th of May 2019 at the University Auditorium.



Faculties and students from St Joseph University and Patkai Christian College



Ms. Nyanbeni Lotha (MA II Sem) Br. Prasanth (MA II Sem)



SJU CELEBRATES FRESHERS'S DAY

The annual Fresher's Day for the PG students was held on 17th August, 2019 in the University in the presence of the Administrative Officials, Vice-Chancellor, H.O.D's, staff

faculties, and senior PG students along with inter-departmental representatives. The event saw the crowning of the new Miss and Mr. Fresher (PG) which went to

Miss Sharon of Zoology Department and Mr. Arup Roy of MBA Department respectively. The event had 18 participants from various departments consisting of three different rounds

such as talent show and other presentations. It was a successful programme with active participation and was well organized

Post Graduate Fresher's Day



Mr. and Ms. Freshers PG, 2019



Picture with all the contestants from across departments (PG)

The Fresher's Day for the UG students was held on 31st August, 2019 which was graced by the presence of the Registrar, Dr. J. Robert Edwin Chester. The programme was attended by staff, faculties and students both seniors and freshers. The Guest Speaker was Dr. J. Robert Edwin Chester, the Registrar who warmly welcomed the new young aspirants and congratulated them for choosing the university. Around 20 Freshers attended the programme which saw the crowning of Ms. Ashene from Department of Journalism and Mass communication as Miss Fresher, while the Mr Fresher title was bagged by Mr. Ato of Mathematics Department.

Under Graduate Fresher's day



Mr. and Ms. Freshers UG, 2019



Mr and Ms freshers with the Judges



Mr. and Ms. Freshers with the Students Council President and his Colleagues

SJU ORGANIZED ORIENTATION PROGRAMME



Picture: UG Students with the Administrative Officials along with the Guest of Honour Rev Fr Paul



PG students attending the Orientation Program

SJU organized an orientation programme on the 3rd and 4th of September 2019, where the students from both UG and PG courses convened at the University's Auditorium. The program started with a welcome address by Rev Sr. M Thaines, followed by an inaugural speech by the Vice Chancellor, Prof. Dr. D. Gnanadurai. The guest invited for the program, Rev Father Paul, encouraged the

students to take up challenges on entrepreneurship. He is currently based at Copuchin House Dimapur. Further, the Controller of Examination, Dr S Thiyarajan acquainted the students on the structure of Examination and Dr Imkongsenla Longchar, HOD of the Department of Education instilled the students' on the various code of conduct.

FACULTIES ORIENTATION PROGRAMME



POETRY SECTION

Maybe Someday

Maybe someday
The sun that she missed,
Will rise in her valley again,
She will enjoy the drizzle
With no worries of being left brittle.
She'll run for her dream with
No fear of inability to redeem.
Maybe Someday
She will feel every emotion to the
Fullest like the rest..
She'll smile and there would be no
Lies in that smile.
Her eyes will shine bright with no
Fright behind them.
Maybe Someday
Not scared of the trivial judgment
Made by some fragment of mind
She will mend herself.
She will let down the guards that
Kept her bound; fall in love to her
Hearts deepest desire with no
Conspire.
Maybe Someday
Her insecurities will not be feed on
her.
Breathe
She will be freed from the chains
With no seethe in her.
Maybe Someday(2).

K.Mongsen Phom
IIIrd sem B.A. J.M.C

The Mockingbird

There she is, "The Mighty Mockingbird"
She can marvel you by her unknown
song.
She's a magnificent chameleon too:
Her colours can hypnotize you
Her melancholic tones might obsess you
Her unseen tales will leave many into
confusion.
She deceives, she skills insanity and in-
nocence.
She feeds on souls, mystical and dangerous
She blinds their reality;
They can no longer be themselves.
She sells off innocent souls to save herself.
She blames her sins off to those poor little
beings
She poisons them bit by bit infesting ha-
tred inside their innocent little hearts.
Insane and irrational is what she can
turn you into.
She's a powerful demon too,
Truths don't bother her and weeps for non.
she gains and care for non, attention she
craves.
Talks high and mighty, non she owns but
possession she craves.
Desperate to drain money out of them,
common sense she lacks, yet acts of her
well
But, in the eyes of truth, pity aimless be-
ing she is called and moron by haters.

Lutsoi N Lam
IIIrd sem B.A. Political Science.

Learning Self-love

*The intensity of the fight raised high,
We forget the motive behind.
Life has been a constant fight,
So much to be thankful about,
Yet too much to bear at times.
The attempt of the shattered person
Hidden in the dusk,
She is one uninvited guest.
Such frequent attempts to ruin my energy
To keep up with the fancy.
Constantly challenged by the over rated
Fantasy to be in the light of perfectionism,
But I'm in love with my unaccomplished challenges.
Taught to gather the best from everything,
A very fine, broken woman she is,
Standing in all her brilliance,
Adored for the person she is.
I am broken too, but not as fine as her.
My obsession with the feeling of homelessness
Fills me with fear.
Wondering how it feels to be loved
Completely and fearlessly.
Will that be normal too?
Some say we're running out of time,
Some say that we have all the time
In the world, but I'm timeless.
Life is disastrously beautiful to me,
And I need me some love.
I must learn to love myself.*

Tajungmenla

IIIrd sem M.A. English

My Paradise

“You mean much
more than just a
Cup of tea.
You're my Night skies
that comes with
wonderful bodies
of Constellation.
A Tree of cherry blossom
not just a Petal of Rose.
The Mighty ocean
not just a glass of wine.
You're the Sunshine
of my Day, and the
Sparkles of my night.
And I can Combat the
Hundreds just to
dwell with one.
Somewhere have I heard
Life beyond this world
shall be Eternal.
Let's Fly together
Not to the Skies but the
Stars, that's where our
destination lies!”

Chubasangla
Vth Sem B.A English

MY ANCESTRAL HOME

**OH! MY ANCESTRAL HOME
TWICE, BURNED AND
SLASHED INTO ASHES,
WHERE FATE WAS AT
STAKE.
FOR IMMORTAL SOUL
HUNTERS
HAD RAID.
WITH OF BEAST AND BLACK
MAGIC,
CLAWS AND FANGS
WITH NOTHING TO FOR-
GIVE, THEY HAVE TORN US
APART.
AND WHEN ALL WAS LOST,
YOU SET OUT FOR IMMOR-
TALS FOR VENGEANCE.
WHERE YOU SEE NO VIC-
TORY;
WHERE NATION'S WILL DE-
SCEND UPON AND
EVEN GODS AND GODDESS
WILL SHOW NO MERCY.
BUT WITH YOUR ARMOUR
AND SPEARS
YOU KNEW THAT YOU WILL
HAVE YOU
FATHER'S GLORY.
FOR NOW, I LOVE LIKE YOU
WORTHY TO EARNED YOUR
SHIELDS.**

**ASA PUYO-O
IIIIRD SEM
DEPARTMENT OF HISTORY**

WRITINGS



Quality of Life
In this modern era, where people strive for luxurious living, most of them tend to forget about the quality of life. Quality of life is elusive; it can be even complicated, multi-faceted, and subjective. Conventional ways of measuring it have emerged, mostly in terms of access to technology, level of fulfillment of basic needs, etc. Certainly it is very difficult to have a high quality of life without having a consistent or stable source of food for your family or yourself. But in the end, despite circumstances such as that, the question always hits a wall—because in the end, while aided by more concrete qualifications, defining “quality of life” seems to be, unavoidably, self-determined.

The quality of life for a man living his life in poverty, who’s daily longing is to provide food on the table for his household, may differ from the ones who live their life spending way more than that man’s daily wage. It is easy to see but hard to tell about when it comes to expressing it.

This possibility, this hypothetical chance, is not to discredit or downplay the suffering in this man’s life, and my intention could not be further from that. Certainly I do not know what it feels like to live that way, to fear for my own

safety and well-being, and cannot begin to imagine what it entails. But in the face of such a response, would it not make it difficult to conclude that this man’s quality of life was low? Does self-evaluation not trump any conclusions made from factors such as access to clean water, the comfort of their beds, and the nutritional level of their food?

However, when I turn to my own life, that these possibilities and ideas are still very distant from my experience—of course, for which I am always grateful. This is because “quality of life,” to me, depends more on my month-to-month goals, the smaller things, and only because I can afford to focus on those things—afforded me by my home. Despite its flexible definition, though, there are still things we can do to increase the quality of life of others.

We should learn about global development for example - what it means, to give someone access to things that will aid them in their goals and hopefully their happiness, which in turn not only improves the quality of life of a person but the society as a whole with this gesture. Ever since childhood, I have been taught to live a life of global development, to not only seek for higher quality of life but to share all happiness of life with the people around.

Another quality which has been instilled in me is to always keep Christ at the centre of all. And I strongly believe that without Christ no matter how good our quality of life be; no matter how high our success be it; we’ll have no existence in the presence of God.

Thank you!

“Keep your life free from love of money, and be content with what you have, for he has said, ‘I will never leave you nor forsake you.’” Hebrews 13:5

Arup Roy

Ist Sem MBA

Department of Management Studies and Commerce



IMPORTANCE OF CLEANLINESS



A common saying, “cleanliness is next to godliness” has a meaning to ponder about. In our daily lives, we do not know this but we are judged by our hygiene from the clothes we wear to the bed we sleep. Almost everything that we do includes hygiene. The moment we wake up, do we make our beds? Or do we wash our faces and brush our teeths? These examples all comes down to cleanliness. As a human being, most of us have been brought up by morale that our family taught us when we were little. We are expected to live like humans and not pigs; this is why we are the most intelligent life forces in this world.

Cleanliness is nothing but hygiene and the way we take care of things in simple words. We sleep on a bed rather than the floor because it is clean, comfortable and appropriate. Since the beginning of the time, people have learned the basic rules of cleanliness from washing hands before supper to washing clothes. Cleanliness separates men from animals. It is only with the time that we learned how important cleanliness is because of all the effect it has on us. Before, people used to fall sick from not washing their hands, not bathing for days, weeks or months, we never know. Today, people are considered poor and homeless when they don't have access to a hygienic life because staying hygienic is high maintenance too.

We even see examples today in our lives every day. What would we say to a student who doesn't wash himself for a week? Or, a well dressed man sporting a soiled, ragged shoe? These judgements, whether we choose to speak about or keep it inside, somewhat subconsciously find its way out one way or the other and it affects the way we live.

We picture God to be spotlessly clean, dressed in snow-white and who lives in heaven, which itself is an epitome of the word 'clean'. Maybe this is the reason why we use the term 'godliness'. But irrespective of that, we uphold all the same moral values as it makes us more human, more civilized than the rest. It is like a badge we wear proudly when we go out, showing others that we are human and accept cleanliness as a way of status. This may sound condescending but it is true. Many people also have a way of fooling others and themselves by their appearances. Let's take Tom as an example.

He is a handsome boy who lives by himself. He dresses up perfectly when he goes out, making himself look flawless but at home his bed is a mess, clothes are piled up, dishes are dirty and floor is dusty. Who would like to live in that room? I think almost everyone would like to live like civilized beings instead of animals, am I wrong?



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IIIrd Sem B.A
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