



FREEDOM OF EXPRESSION

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Dear Readers,

We are honoured and pleased to bring forth the latest edition of 'SJU Newsbites' August 2021. A reminder for all of us about the success and journey during this time of adversity. Despite the hard time the team would like to express its gratitude to the management as well as the faculties for the epitome to bring quality education, striving to mould and lead students in the right direction.

As the theme of this issue, "Freedom of Expression", the right to express one's thought and to communicate freely, SJU newsletter is a wonderful platform for all those who have a keen interest and the enthusiasm to express ideas, opinions and present their skill in bringing life to their creative world. As quoted by Liu Xiaobo, "Freedom of expression is the foundation of human rights, the source of humanity, and the mother of truth". Let us all try to express our minds; our thoughts in a positive way and influence the environment so that it becomes a place we wish to live in.

The editorial team would like to extend our sincere gratitude and appreciation to all who have contributed to make the Issue a sturdy, significant and a cherishing one.

Wish you all, a very Happy Reading!



MESSAGE FROM REGISTRAR



Dear Friends,

Greetings!

India has turned 75 years since its independence. The freedom what we enjoy is not acquired freely; thousands of our forefathers have sacrificed their lives for getting us the sovereignty. At this juncture, we pay homage to the freedom fighters for sacrifices made to free our nation from the colonial rule. While we ascertain that, ours is the largest democratic country with the rights of every citizen being protected, it is also the responsibility of every individual of our educated community to orient the people that all citizens can exercise the right to freedom of speech and expression. It refers to the right to express our conviction and opinion freely by using any mode of communication and to ensure that the individual's freedom is appreciated and valued.

It gives me immense pleasure to get connected with you all through our esteemed St. Joseph University's newsletter "Newsbites". At the outset, I thank all the members of the editorial team for their meticulous effort in publishing it regularly. Newsbites provides a platform to witness our accolades, innovations and to set the road map to success. Let us all be united to guarantee quality teaching and learning, to make our young students knowledgeable, employable and also socially responsible.

In line with the quote "The Class rooms decide the future of the nation", it is responsibility of the galaxy of faculty to guide and inspire the students to make them be aware of constitutional rights. And the youth of the day must dedicate themselves towards research and development, addressing socio-economic challenges to alleviate inequalities, to promote the traditions and culture of Nagaland, to radiate positivity and to contribute towards the development of our state and the nation.

Wishing you all Success.

Dr. A. ANTHONISAN
Registrar
St Joseph University

Indian Constitution says that all citizens have the right to freedom of speech and expression. Freedom of Speech and expression means the right to express one's own convictions and opinions freely by words of mouth, writing, printing, pictures or any other mode.

MEETINGS

Editorial Committee

The SJU Newsletter Editorial Board conducted its monthly meeting on the 31st of August 2021 at 3 PM through Google Meet. The meeting was chaired by Dr. Imkumaro and was attended by 6 members.

HOD Meeting

The St. Joseph University, HOD meeting was held on 14th and 28th of August respectively at 3 PM through Google Meet. The meeting was conducted by Dr. I. Arokia Mary (DOA), and was attended by all the administrators and HODs of 19 Departments.

Department of Sociology

The Department of Sociology conducted the staff virtual meeting on 18th and 30th of August 2021, at 3 PM through Google Meet.

Department of JMC

An online Departmental meeting was held on 2nd of August 2021 through Google Meet from 2 PM till 3:40 pm. The department conducted second and third online Departmental meetings on 15th and 29th of August 2021 respectively.

Department of Social Work

Staff meeting of the Department of Social Work was held on 6th of August, 2021 through Google Meet at 8 AM.

Department of Education

The Department of Education conducted departmental meetings on 2nd, 15th and 30th of August 2021 via Google meet.

Department of Political Science

The Department of Political Science held online meeting on 3rd August, 2021 at 2.00 pm and 17th of August 2021 at 2.45 PM.

Department of Zoology

Department meetings conducted on 3rd and 19th of August 2021 via Google Meet.

Department of English

Department of English organised a virtual staff meeting on 28th of August 2021

Department of History

The Department of History, SJU conducted two departmental meetings on 7th and 30th of August 2021 respectively via Google meet.

Department of Botany

Department faculty meeting to discuss student participation in online classes and programmes and organization of international conference was held on 2nd of August 2021

Department of Psychology and Counselling

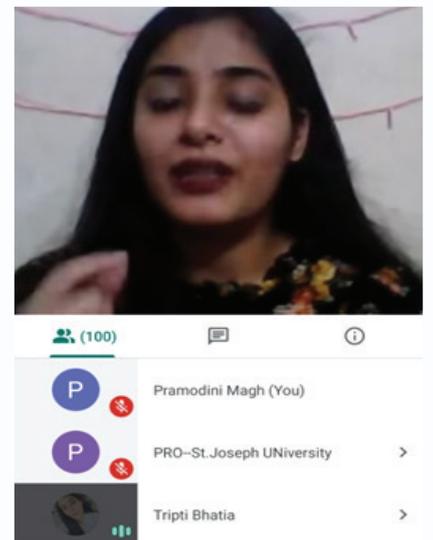
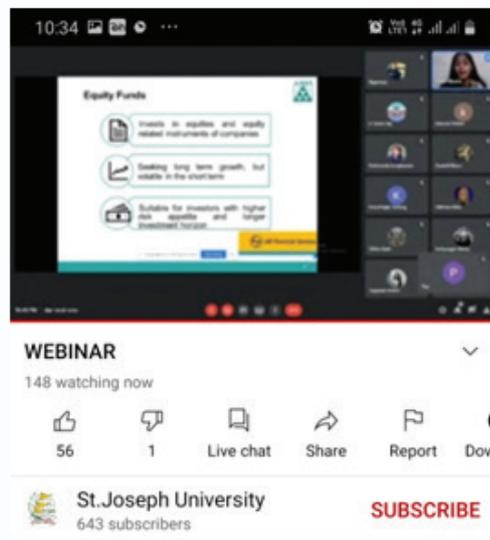
The department of psychology & Counselling held virtual meetings on 2nd and 24th of August 2021.

SEMINARS/WEBINARS

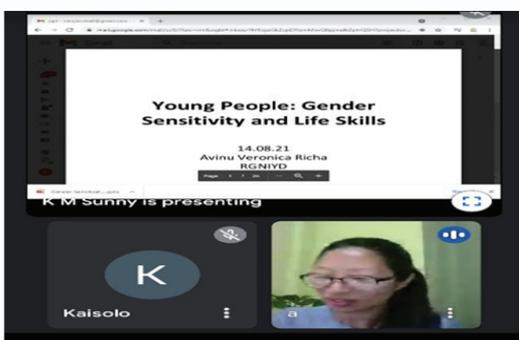
Department of JMC: The Department of Journalism and Mass Communication, St. Joseph University conducted a webinar on the topic “Journalism in North East India: Prospects and Challenges” on 21st of August 2021. Dr Nongmaithem Reena Chanu (IIS), who is currently working as News Editor in Regional News Unit, All India Radio, Agartala attended the webinar as the guest speaker.



Department of Social Work: St. Joseph University, Dimapur, Nagaland organized a Webinar on “Financial Literacy and Money Management” in collaboration with Ambition Learning Solutions, Thane West (Maharashtra), under the initiative of Security Board of India (SEBI) on 17th of August 2021 at 10 AM. The programme was coordinated by Department of Social Work. Miss Tripti Bhatia, Investor Education Expert, NISM was the resource person of the programme.



Department of Education: The Department of Education, St. Joseph University, Dimapur, Nagaland organised a webinar on the topic “Understanding of peace and conflict in Naga Content and Dialogue as a means to resolve issues” on 27th of August 2021 at 12:00 PM with Rev. Dr. C.P Anto as the speaker.

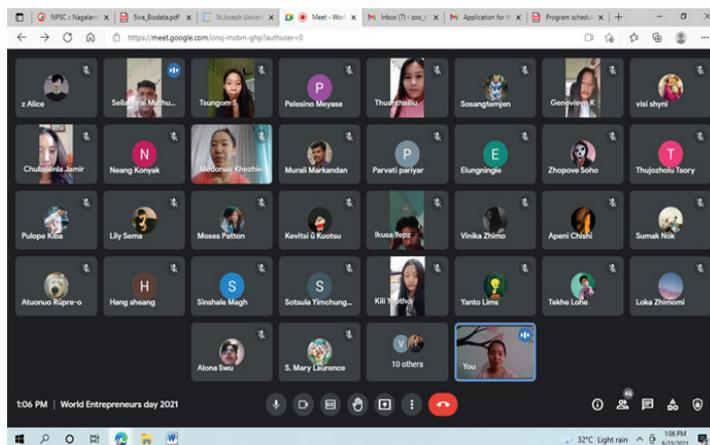
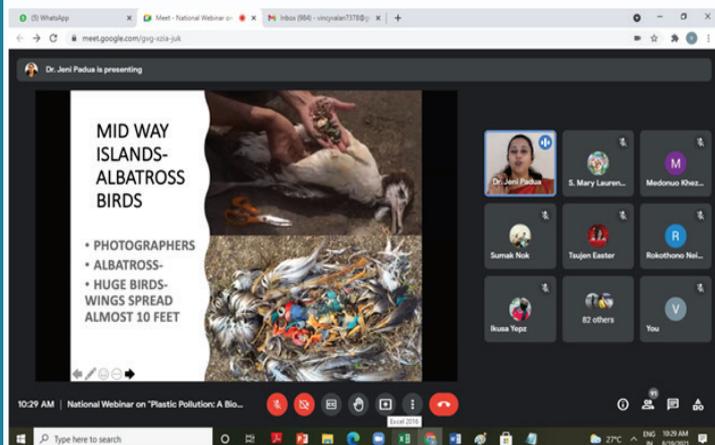


The Department of Education & the alumni of the Department jointly organised a webinar on the topic YOUNG PEOPLE: Gender Sensitivity and Life Skills on 14th of August 2021 with Dr Kaisalo and Ms Veronica as the speakers.

Department of Education celebrated Entrepreneur’s Day, Virtual Skill based Activity under the theme “A better living through Entrepreneurship skill” on 24th of August 2021. The Department also organised a Team Teaching programme on ‘Detail Study of Dissertation’ on 21st of August 2021 from 9 AM to 2 PM for students of PG 3rd semester .



Department of Zoology: A National webinar on “Role of Sulphate Reducing Bacteria for Environmental clean-up” was organized on 13th of August 2021 at 12 PM. Dr. Umesh Chandra Naik, who is an Assistant Professor, Department of Botany, Ravenshaw University, Cuttack-753003, Odisha attended the programme as resource person. Another National Webinar on “Plastic Pollution: A Biological Perspective” was conducted on 19th of August 2021. Altogether, 91 participants participated in the webinar. Dr. Jeni Padua, Dean of Science, Holy Cross College, Tamil Nadu delivered a lecture on “Plastic Pollution: A Biological Perspective”. The Department of Zoology also organized a two-day programme in connection to the World Entrepreneurs day 2021 on the 23rd and 24th of August 2021 from 9:30 AM to 1 PM.



Department of Civil Engineering: A National Level Technical Webinar on “Eco-Friendly Clean-up Technique: Bioremediation” on the 7th of August 2021. The technical session was presented by resource person Lt. Dr. A.K. Priya, Associate NCC Officer & Associate Professor, KPR Institute of Engineering and Technology, Coimbatore. The resource person highlighted the important techniques involved with bioremediation, its application, and its recent approaches.



Department of Mathematics: A one-day “National webinar on MATLAB” was organised by the department on August 23, 2021. Dr. J Nareshkumar and Dr. Gunasekar Associate Professors, Department of Mathematics, Vel Tech Rangarajan Dr.Sagunthala R&D Institute of Science and Technology, Avadi, Chennai-62 attended the programme as resource persons.

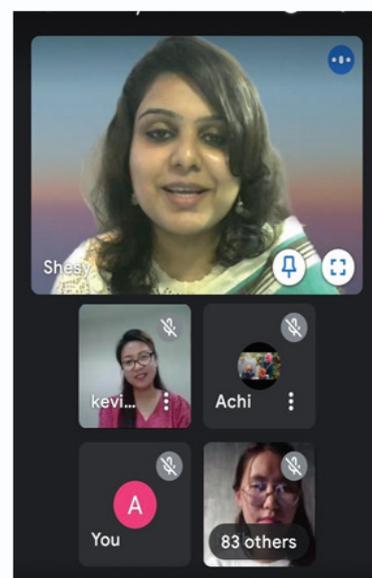
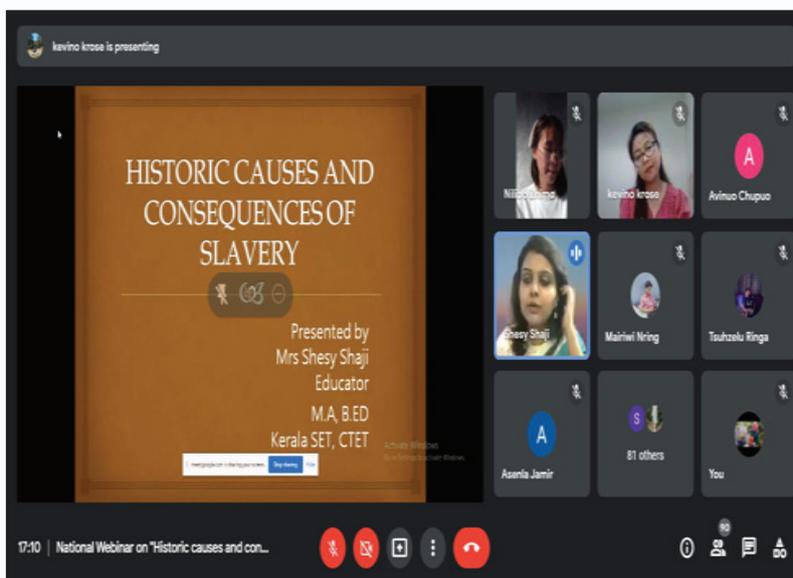


Department of History: “The International Day of the World’s Indigenous peoples” 2021 was observed by the Department of History, SJU on 9th of August 2021 under the theme “Leaving no one behind: Indigenous peoples and the call for a new social contract”.

Commemorating the International Youth Day cum 1st Historia Diem 2021, the department organised a webinar on 12th of August 2021 at 10 AM. The Webinar had two sessions, firstly, Dr. Avinuo Chupuo, HoD, Department of History gave a talk on the theme “Transforming Food Systems: Youth Innovation for Human and Planetary Health” and secondly, the Guest Speaker Mr. Neikedolie Hiekha spoke on the theme “The Prospects of Tourism Trends in Youth Culture” .

Another one-day National Webinar was also organised by the department on 23rd of August 2021 under the theme “Entrepreneurship: Strategies and Avenues” with Mr. Benthungo Kithan as the guest speaker.

Another National webinar was conducted by Department of History in commemoration of “International Day for the Remembrance of the Slave Trade and its Abolition” on 23rd August 2021 on the theme “Historic Causes and Consequences of Slave Trade” with Mrs. Shesy Shaji as the guest speaker.

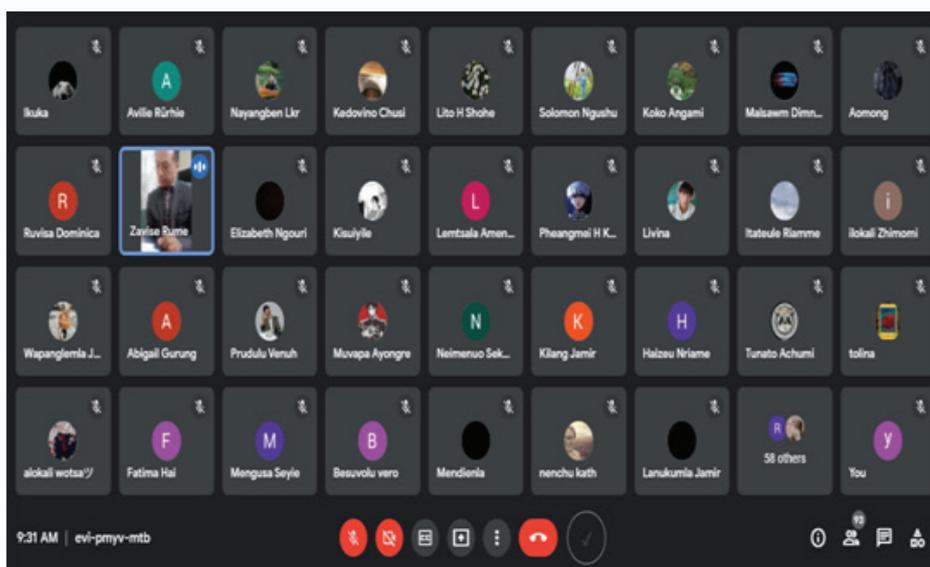


Department of Botany: A National webinar was organized on 7th of August 2021 under the theme “Algal biotechnology for bioenergy, bioremediation and high-value biochemical”. Dr Santhos Kumar Kookal, Research Scientist, International Centre for Genetic Engineering and Biotechnology, New Delhi attended the event as resource person.

On 12 of August, the department conducted a national webinar on “Skills, essential aspects and opportunities in bio-entrepreneurship”. Dr Chandana C, Technology Business Incubator Manager, Business Innovation and Incubation Centre, Mahatma Gandhi University, Kerala was the resource person.

Another national webinar was organised by the Department on 28th of August under the theme “Animal cell culture: basics, applications and modern innovations”. Dr Abhilash C, Biochemist and Animal cell culture specialist from Athminc Biotech Solutions, Trivandrum, Kerala graced the event as resource person.

Department of Psychology and Counseling: A Webinar on “As knowledge increases, wonder deepens” was held on 16th of August 2021 with Dr.Zavisa Rume, Head Professor, Guidance & Counselling Cell, SCERT, Nagaland, as the guest speaker.



ACTIVITIES

Department of Political Science: The department of political science had 2nd virtual quiz competition on 20th August 2021. The quiz was conducted on three rounds based on Aptitude, current affairs and general awareness: North East. M.A (3rd semester) Benoto T Sumi, Kukuka S Chophi and Nengtin Lhai secured the first position. B.A (5th semester) Zuchano, William and Anisha, secured the second position. Quiz Cordinators were Sir Sinyhunlo Keppen, Sir Benjungnungsang and Miss Abetoli.



Department of Economics: On the occasion of “World Entrepreneurship Day” on 24th August 2021, Department of Economics conducted an Intra-Departmental online Quiz competition on the theme ‘Entrepreneurship awareness’.



Department of English: English Department organised an Extempore Speech Competition on August 23rd, 2021. It may be mentioned here that the event was the first co-curricular activity of the department since the beginning of new session. The event was jointly coordinated by Assistant Professors Dr. Alemmenla Walling, Dr. T. Rajesh Singh and Mr. J. Ajith. Wabangtola Kichu (MA ENGLISH III SEM) secured Third position, Rokokhonuo (MA ENGLISH III SEM) was adjudged the second position and the overall champion of the competition was claimed by Tovipu N Awomi (BA ENGLISH SEM V).

PUBLICATIONS

Ms. Mokthoi Khiamn (MA IV semester, Department of English) and Dr. Thokchom Sunanda Devi (Assistant Professor, Department of English) published the paper titled Mental Illness Depicted in Turtles All the Way Down in Quest Journals: Journal of Research in Humanities and Social Science, Volume 9~Issue 7(2021)pp:05-09, ISSN(Online): 2321-9467.

Sr. Laly Varghese (Research Scholar, Department of English) and Dr. Thokchom Sunanda Devi (Assistant Professor, Department of English) published the paper titled Character Analysis of Hagar and Santiago: A comparative study in Old Age through the Novels of The stone Angel and The Old Man and the Sea in International Journal of Creative Research Thoughts (IJCRT), ISSN:2320-2882.

Ms. Thejasnuo Khezhe (Research Scholar, Department of English) and Dr. Thokchom Sunanda Devi (Assistant Professor, Department of English) published the paper titled E-learning in Education during the COVID-19 Pandemic: With special reference to Nagaland in International Journal of Creative Research Thoughts (IJCRT), ISSN:2320-2882.

ARTICLES

Freedom of Expression: A Contextual Understanding

Dr. Achanger
Head, Department of Political Science

The word freedom is often used as synonymous with the word liberty. It is difficult to define in a definite term as it is used in a variety of senses by political theorists, philosophers, economists, industrialists, capitalists, social activities, and others. Therefore, the purpose of this article is to make the readers especially the students to understand the concept of freedom in a lucid way so that it will enable the student to comprehend the notion of 'freedom of expression' as it conveys different ideas to different persons.

The concept of freedom has been changed from age to age. In philosophy, freedom is usually examined as a factor of 'free will'. It has been taken up in every period of western philosophy and by many famous philosophers such as Plato, Aristotle, Augustine, Descartes, and Kant. The term 'free will' was questioned whether individuals possess 'free will' or their actions are entirely determined and what is the true significance. However, the answer to this question depends upon one's conception of human nature and the human mind. During the Middle Ages, Feudal lords monopolized liberty in their favour and denied the same to the landless peasants. Even the slogan of French revolutionaries was confined to the interest of rising industrialists and commercial classes. Liberty defended by the industrialists or the philosophers of laissez-faire was meant to suit the interests of the new classes of businessmen, industrialists, and free entrepreneurs.

By the middle of the 19th century, it became evident that capitalism supported by negative liberty has caused miserable hardships conditions for workers and consumers. This led to humanist writers, socialists, Marxists, and positive liberals to come forward and put up a new meaning of liberty. The prominent supporters of positive liberty were J.S. Mill, T.H. Green, Laski, and Hobhouse and others who further developed the positive concept of liberty. In the twentieth century, the most influential attempt was undertaken by Isaiah Berlin in his essay 'Two Concepts of Liberty' (1958) to distinguish between the concept of negative and positive freedom. This has sometimes been understood as a distinction between being 'free to' do something, and being 'free from' something. Even though, such a distinction is not free from criticism. In Berlin's words, the negative concept of liberty attempts to answer "What is the area within which the subject- a person or group of persons is or should be left to do or be what he is able to do or be, without interference by other persons?" However, not all restrictions are infringements of negative freedom as Berlin states that only restrictions imposed by other people affect one's freedom. Whereas positive concept attempts to answer "What, or who, is the source of control or interference that can determine someone to do, or be, this rather than that?" to which I would like the students to think about this statement whether it is negative or positive freedom- It is an infringement on my freedom to prevent me from substance use.

Thus, we may say that debate on liberty has two aspects, one negative and another positive. In its negative aspects, liberty means an absence of unreasonable restraints, and its positive aspects mean the presence of such opportunities that are essential to the fullest development of one's faculties.

Now, let's look into some important declarations and documents concerning freedom of expression. Article 19 of the Universal Declaration of Human Rights (UDHR) states that "everyone shall have the right to hold opinions without interference" and "everyone shall have the right to freedom of expression; this right shall include freedom to seek, receive and impart information and ideas of all kinds, regardless of frontiers, either orally, in writing or in print, in the form of art, or through any other media of his choice." Later the version of Article 19 was amended in International Convention on Civil and Political Rights (ICCPR) by stating that the exercise of these rights carries "special duties and responsibilities" and may "therefore be subject to certain restrictions" when necessary "for respect of the rights or reputation of others" or "for the protection of national security or of public order (order public), or of public health or morals." In the Indian constitution, Article 19 guarantees six freedoms to the citizens, one of which is the 'right to freedom of speech and expression', which implies that every citizen has the right to express his/her opinions, belief and convictions freely by mouth, writing, printing or through any other methods. However, the right guarantee is limited by our constitution itself by conferring upon the 'State' a pow-

er to impose by its laws reasonable restrictions as may be necessary relating to defamation, contempt of court, decency or morality, security of the state, friendly relations with a foreign state, incitement to an offence, public order, and maintenance of the sovereignty and integrity of India.

This, therefore, meant that declarations and the Indian constitution attempt to strike a balance between individual liberty and social control in the larger interests of the community. While freedom of expression may not be recognized as being absolute it is sacred to individual freedom, institutions and democracy. Hence, it is the responsibility of each citizen to make judicious use of our rights for the right reasons and not to act as a double-edged sword that aims to express and create distress in the environment we live in. Nevertheless, due to its nature, there is some degree of subjectivity and disagreements concerning freedom, freedom as licence and exercise of the right to freedom of expression.

I would like to conclude by quoting a statement from J.S. Mill (On Liberty) on the harm principle. In Mill's words, "the only purpose for which power can be rightfully exercised over any member of a civilized community, against his will, is to prevent harm to others."

The Time that flew away

NEIVINO RINO
7th Semester
B. Tech – Civil Engineering

The school lunch prepared by you, for me,
The dress you bought me, hidingly.
The calls you made after every result declaration,
The joy of your 65th birthday Celebration.

"The present feels like a dream"; you mentioned,
Citing us the difficulties you overcame.
A tight, warm hug you always gave with affection,
Not knowing, the moment will never stay the same.

The moment our eyes met inside the cabin,
The unbearable truth, I couldn't accept.
Heaven already knew your pain and how you have been,
Preparing a song before you slept.

The Love and Prayers you shared seamlessly;
Will always be remembered ceaselessly.
Only if we could spend another day,
Oh, the time that flew away.

Free Flow Speed of a Vehicle

Imkongsunep T Longkumer
7th semester
B. Tech- Civil Engineering.

The 'Free Flow Speed' of a vehicle is defined as the desired speed of drivers in low volume conditions and in the absence of traffic control devices. It is the mean speed of passenger cars that can be maintained in low to moderate flow rate on a uniform free-way segment under prevailing roadway and traffic conditions.

Factors affecting free flow speed are:

- Width
- Lateral clearance
- Number of lanes
- Interchange density
- Geometric Visibility

Based on a study of two-lane rural highways, Elias M. Choueiri, Ruediger Lamm, Juergen H. Kloeckner and Theodor Mailaender found that drivers do not adjust their speed very much under light rain or wet pavement, but they do reduce speed when visibility become obstructed, such as during a heavy rain.

Conclusion

We are happy and thankful to the Almighty Father for choosing everyone, as His own tool to do His will and reach out His glory to the whole world. It will be a constant effort of the Team to keep mirroring the University's activities and innovative initiations undertaken towards the holistic approach of Education Empowerment. Keep connecting with us through this monthly edition and shower us with love by sharing our issue. Thank you.

St. Joseph University

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