



# SJU NEWSBITES

## ST JOSEPH UNIVERSITY



Virgin Town, Ikishe Model Village, Dimapur, Nagaland, India-797115

VOL. III NO 5

NOVEMBER 2021

## CONSTITUTION: ITS PRINCIPLES AND VALUES

### Editorial

Dear Readers,

The editorial team is glad to publish this newsletter, inspired by the celebration of the Constitution Day, based on the theme “**Constitution: Its Principles and Values**”. Firstly, the editorial team joins you all in mourning the tragic demise of civilians following the military operations at Oting village, Mon district on 4th Dec 2021. The editorial team joins the rest of the society to condemn all acts of violence and pray that the reign of law is upheld for welfare of all. The editorial team requests all the readers to maintain a moment of prayer in silence in honour of the departed souls.

Despite all the constitutional values and principles, we have experienced the painful incidents of violence from time to time, such acts of violence signal the absence of respect for the fundamental human rights of the citizens in a democratic country. In the midst of cease-fire and peaceful negotiation, such acts are highly condemnable. The Armed Forces (Special Powers) Act is in force in Nagaland since 1958 and it has caused much harm. Therefore, revoking AFSPA is considered the first and the best step in order to bring peace in the region.

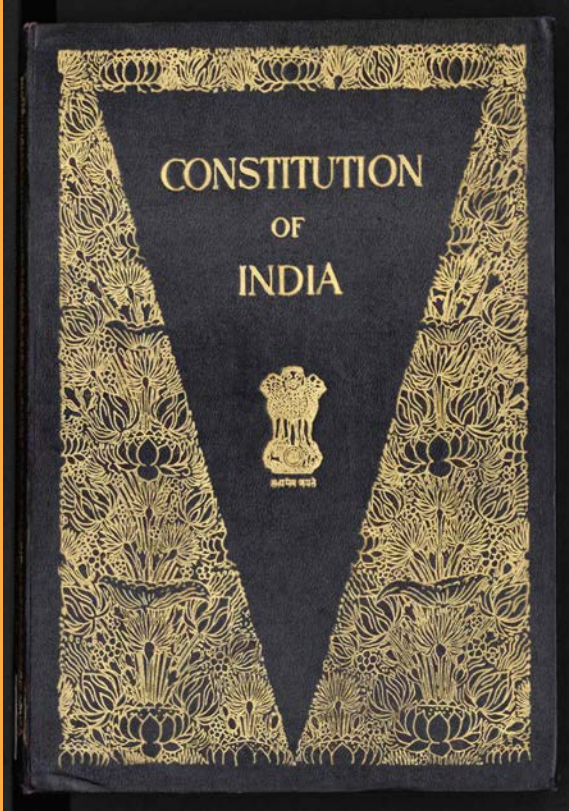
The constitution of any country serves several purposes it lays down. It provides for certain ideals that form the basis of the kind of country that we as citizens aspire to live in. A constitution serves us a set of principles, rules and procedures on which there is a consensus. These form the basis according to which the people want the country to be governed and the society to move on.

The constitutional values are reflected in the entire constitution of India, but its preamble embodied the fundamental values and the philosophy on which the constitution is based. The preamble to any constitution is a brief introductory statement that conveys the guiding principles of the document. The preamble to Indian constitution also does so. The values expressed in the preamble are enshrined as objectives of the constitution. They are sovereign, socialist, secular, democratic, republic character of state, justice, liberty, equality, fraternity, human dignity and the unity & integrity of the nation. They are more important because they are the most effective against the evils of stratification and marginalisation. They safeguard the human rights of every citizen of India.

They ensure fairness or justice towards all citizens of India. All these make the constitution unique. The values and principles are no different from beliefs or a belief system. Both constitute a moral code that individuals internalize. It guides the individual to distinguish what is right or wrong. We do these instinctively without even thinking because values form part of our consciousness. Principles derive from a value system whereas values are internalized; principles are outward instructions more like rules or laws. They are easier to follow. They arise from one's value system as they ought to. Practically value refers to truth, nonviolence, peace, cooperation, honesty, respect and kindness and above all empathy. In fact, in a layman's understanding value is that which is very essential or worth having for the existence of human society and entity. The Indian constitution contains all such values, that are universal, human and democratic for the modern age. May the reign of law be upheld by all.

Thanks  
The Editorial Team

## Message from Deputy Controller of Examination



Dear Readers,

The term 'Constitution' is used quite often. It is used in various contexts such as Constitution of a State or a Nation, Constitution of an Association or Union, Constitution of a Sports Club, Constitution of a non-governmental organization (NGO), Constitution of a company and so on. Does this term mean the same in all these contexts? No, it is not so.

As used commonly, constitution is a set of rules, generally written, which defines and regulates the structure and functioning of an organization, institution or a company. But when it is used in the context of a State or a Nation, Constitution means a set of fundamental principles, values, basic rules and established procedures.

It identifies, defines and regulates various aspects of the State and the structures, powers and functions of the major institutions under the three organs of the Government such as the executive, the legislature and the judiciary. It also provides for rights and freedom of citizens and spells out the relationships between individual citizen and the state and the government.

A Constitution may be written or unwritten, but it contains fundamental laws of the land. It is the supreme and ultimate authority. Any decision or action which is not in accordance with it will be unconstitutional and unlawful. A Constitution also lays down limits on the power of the government to avoid abuse of authority. Moreover, it is not a static but a living document, because it needs to be amended as and when required to keep it updated. Its flexibility enables it to change according to changing aspirations of the people, the needs of the time and the changes taking place in society.

A Constitution helps serve as a set of principles, rules and procedures on which there is a consensus. These form the basis according to which the people want the country to be governed and the society to move on. This includes not only an agreement on the type of government but also on certain ideals that the country should uphold.

The Constitution rests on seven basic principles. They are popular sovereignty, limited government, separation of powers, federalism, checks and balances, republicanism, and individual rights. The term value refers to concepts such as truth, non-violence, peace, cooperation, honesty, respect and kindness etc. In fact, in a layman's understanding, value is that which is very essential or 'worth having and observing' for the existence of human society as an entity.

The values expressed as objectives of the Constitution are: sovereignty, socialism, secularism, democracy, republic, justice, liberty, equality, fraternity, human dignity and the unity, integrity of the Nation, international peace and a just international order and fundamental duties.

Therefore, a Constitution provides the citizens a set of values and principles that all in a country can agree upon as the basis of the way the country is to be governed. The constitution also spells out the ideals the citizens believe that their country should uphold.

**Fr. B. Y. Augustin MMI**  
**Deputy Controller of Examination**

# Meetings

## Editorial Committee

The SJU Newsletter Editorial Board conducted its meeting on the 1st of December 2021 at 9 AM through Google Meet. The meeting was chaired by Dr. Fr Sunny and was attended by 11 members.

## Spiritual Committee

The spiritual committee, St. Joseph University held its meeting with the committee members and the university administrators on 22nd November 2021

## Academic Working Committee Meeting

Academic Working Committee Meeting was conducted on 5th, 12th and 26th November 2021.

## HOD Meeting

The St. Joseph University HOD meetings were held on 6th, 9th 15th and 22nd of November, 2021 at 11 AM, 2.30 PM, 9:45 PM and 2:30 PM respectively at the Board Room. The meeting was conducted by Dr. I. Arokia Mary (DOA), and was attended by all the administrators and HODs.

## Department Meetings

Department	Date
Botany	10th November
Chemistry	10th November
Computer Science	18th November
Economics	1st, 8th and 10th November
Education	11th and 25th November
English	16th and 24th November
Physics	6th November
Political Science	5th , 17th and 24th November
Psychology & Counseling	4th,10th, 16th, 23rd November
Social Work	9th and 11th November
Sociology	10th , 17th and 24th November
Zoology	16th and 23rd November
Mathematics	12th and 29th November
History	9th, 10th and 25th November
JMC	18th November



**It took almost 3 years to write the Constitution of India!** To be precise, it took 2 years, 11 months and 18 days to come up with the final draft of the Indian Constitution. No wonder it is the longest Constitution in the world!



**It is the Longest Constitution In The World!** The Indian Constitution is the longest of any sovereign country in the world. In its current form, it has a Preamble, 22 parts with 448 articles, 12 schedules, 5 appendices and 115 amendments.



**The Constitution was Handwritten, not Typed!** The Constitution of India, which is the longest written constitution of any country in the world, was handwritten in Hindi and English rather than being printed or typed. The document was written by Prem Behari Narain Raizada in a calligraphy font.

## MoU

### St. Joseph University, Dimapur signs MoU with ICAR National Research Centre on Mithun



SJU, Dimapur and ICAR National Research Centre on Mithun signed MoU on 1st November 2021

### St. Joseph University, Dimapur signs MoU with National Institute of Technology (NIT), Dimapur



An MoU was signed between St. Joseph University, Dimapur and National Institute of Technology (NIT), Dimapur signed on 23rd November 2021. The Director of NIT Nagaland and Vice-Chancellor of St. Joseph University has signed the MoU in the presence of Prof. R. Kumar-Registrar NIT, Dr. A. Anthonisan-Registrar SJU, Dr. Amrit Puzari-Dean Academics NIT, Rev. Sr. M. Thaines Mary- Dy. Registrar SJU, Rev. Fr. L. Savariappan-PRO SJU, and Deans and HODs from NIT and St. Joseph University on 23rd November 2021.



**Each Page Was Decorated by Artists from Shantiniketan:** The original hand-written constitution was decorated by artists from Shantiniketan – a neighbourhood that was expanded by Rabindranath Tagore.

## ACTIVITIES

### NSS conducts cleanliness drive



The NSS Member of St. Joseph University Dimapur, conducted a social work activity (cleanliness drive ) along with two coordinators (Monjit Roy & Jandeno Ezung) on 16th November 2021 on the theme “**Not Me But You**” from university gate till main road. More than 55 students participated in the cleanliness drive.

### Student Council Oath Taking

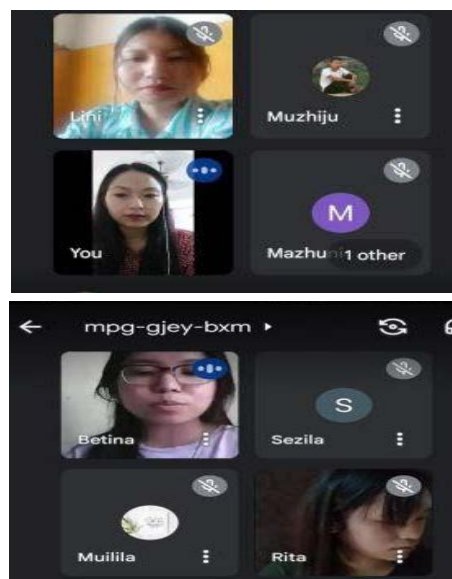


Student Council Oath taking was held on the 20th November 2021



**The Original Copies Are Stored in Special Cases:** The original copies of the Indian Constitution, which were written in Hindi and English, are kept in special helium-filled cases in the Library of the Parliament of India.

## Drama Club organises Dialogue Writing Competition

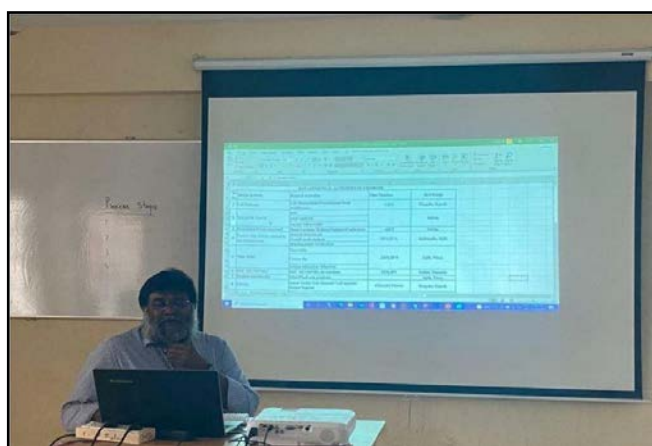


On Friday, 5th November 2021, the Drama Club, St. Joseph University organised a Dialogue Writing Competition via Google Meet.

## FACULTY DEVELOPMENT PROGRAM

St. Joseph University Dimapur organized a one Day Faculty induction program to professors, Asst professors of the University who are having less 2 years of Experience on 20th November 2021

## Department of English: Departmental Orientation



On 9th of November 2021, the Department of English held a Departmental Orientation session among the teaching faculty members, with the purpose to enhance the over-



all spirit of the Department towards greater accomplishments. Dr. V Selvin hosted the Orientation hour and initiated a carefully researched and enlightening presentation.

## Department of Botany: Faculty Training Programme

A training programme on 'Quality management, process definition and tenets of quality management' was conducted for the faculty members of Botany department at 2pm on 23rd November 2021. Resource person was Dr V Selvin, Professor, Department of English, St Joseph University.

## INSTITUTION INNOVATION COUNCIL



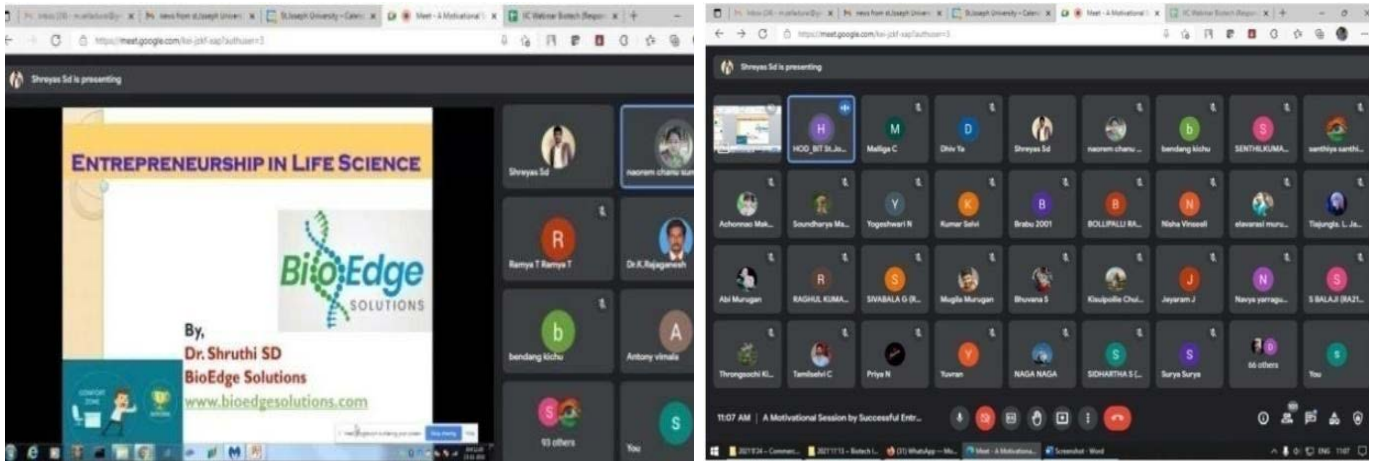
The Institution's Innovation Council (IIC) and Department of Physics of St. Joseph University, Dimapur jointly organized a one day webinar on “Creativity & Innovation using Optical Fiber Technology” on 18th November 2021 (Thursday) through Google Meet. The Resource Person of the programme Er. Dinesh Gupta, Assistant Professor and Head, Department of Computer Science & IT, Yogananda College of Engineering and Technology, Jammu & Kashmir handled the session

## Department of Zoology

The Department of Zoology in association with Institution's Innovation Council IIC Organized “SJU'S Organic Farming Expo 2021” on the 9th of November. The resource persons and Judges were Dr Lilongchem Assistant Professor, Department Of Zoology, Kohima Science College, Mr J. Akato Chishi, Senior Technical Assistant, Department Of Entomology SASRD, Nagaland University and Dr S Rajaram HOD department of Commerce. The Inaugural address was delivered by The Registrar SJU, Dr. A. Anthonisan.

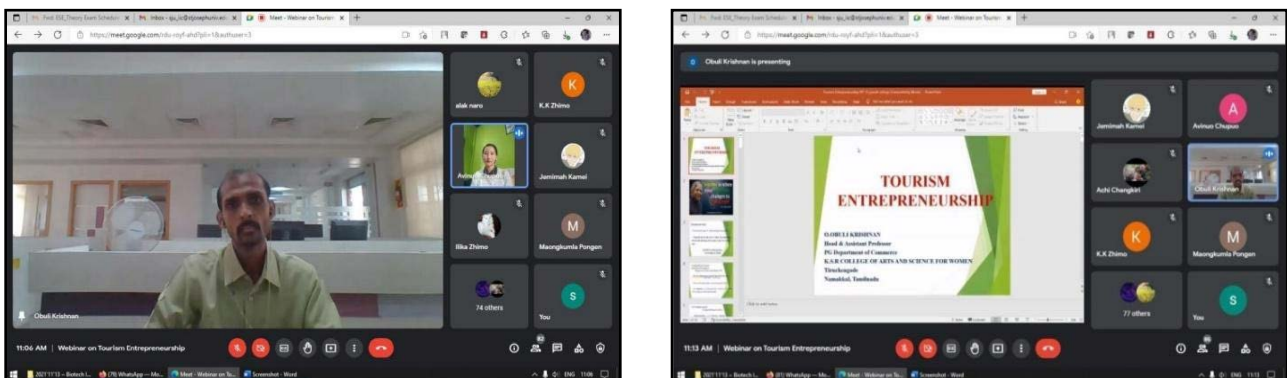


## Department of Bio Technology



The Institution's Innovation Council (IIC) and Department of Biotechnology of St. Joseph University, Dimapur jointly organized a one day webinar on “Entrepreneurship in Life Science” a motivational session by Successful Entrepreneur on 13th November, 2021 through Google Meet. The Chief Guest of the programme , Dr. Shruthi SD, Proprietress, Bio Edge Solutions, Bangalore, Karnataka handled the session.

## Department of History



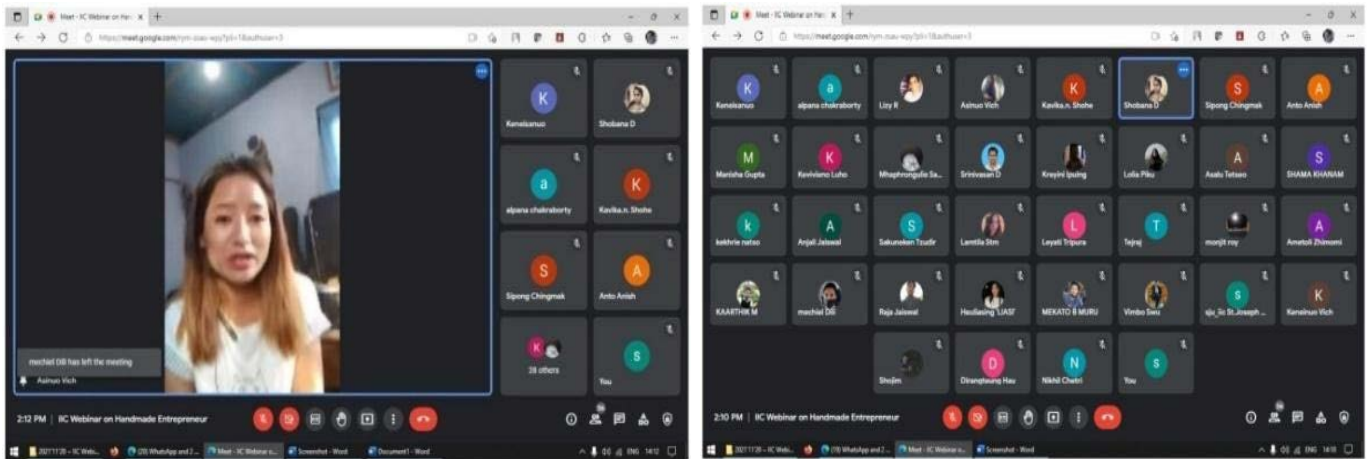
The Institution's Innovation Council (IIC) and Department of History of St. Joseph University, Dimapur jointly organized a one day webinar on “**Innovative Entrepreneurial Avenues in Tourism Industry**” on 12th November, 2021 through Google Meet. The Resource person was Mr. O .Obuli Krishnan, Head and Assistant professor, PG Department of commerce K.S.R. College of Arts and Science for Women Tiruchengode, Nammakkal.



**The Father of The Indian Constitution, Dr Ambedkar, Was Ready to Burn It!** Only three years after our Constitution was adopted, its chief architect, BR Ambedkar, publicly disowned it in Parliament. In an astonishing admission in 1953, he condemned it in the Rajya Sabha:

*“Sir, my friends tell me that I have made the Constitution. But I am quite prepared to say that I shall be the first person to burn it out. I do not want it. It does not suit anybody.”*

Ambedkar made this statement as a reaction to some of the issues of the constitution never being addressed, one of which was the fact that the Governor of states has no real power and is for all realistic purposes, just a ‘rubber-stamp head’. Ambedkar was also critical of the parliamentary form of Democracy and believed that it did not fit with the complex social structure of India.



The Institution's Innovation Council (IIC) and Department of Commerce of St. Joseph University, Dimapur jointly organized a one day webinar on “Life as a Handmade Entrepreneur” a motivational session by Successful Innovator on 20th November, 2021 (Saturday) through Google Meet. The Chief Guest of the programme Keneisanuo Dzuwichu, Founder & Designer, Ken Dzuwichu Craftorium, Razhu Point, Kohima, Nagaland handled the session.

## WEBINARS/SEMINARS

### *Department of Zoology*

A National webinar on the theme “Vector Borne Diseases” was organized by the Department of Zoology on the 26th of November, 2021 from 10 am through virtual google meet platform. The resource person was DR R. Paramasivan, Scientist-F & Officer in Charge ICMR-Vector Control Research Centre, Madurai. The resource person spoke on various types of vector borne diseases and how



it affects life giving the examples of malaria, dengue, chikungunya, Zika etc. The webinar was organized by Ms Magdalene Kiewhuo Asst. Professor department of zoology and chaired by Haiyong, L, M.Sc I Semester. The webinar was attended by participants from various colleges across India. Overall it was a successful and fruitful webinar.

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### *Department of English*

As part of National Lecture Series in “Inter-disciplinary/Trans-discursive Critical Thinking”, the Second Lecture on the topic “**What is Literary Hermeneutics?**” was conducted on 27th November 2021. This was organized by the Department of English, St, Joseph University, Dimapur, Nagaland. The special lecture was delivered by Dr. Joseph Dorairaj, Professor of English, Gandhigram Rural University, Gandhigram, Tamil Nadu. The webinar witnessed an active participation from the attendees with an intensive question/answer session moderated by Dr. Selvin Vedamanickam, Professor of English, St. Joseph University.

# WEBINARS/SEMINARS

## *Department of Mathematics*

1. The department of mathematics had organized a webinar entitled “Lectures on the significant roles of Algebra and Differential equations in the 21st century” on 5th November 2021 convened by Dr. P. Mercy, Professor & Head, and coordinated by Mr. A. Jalisraj, Asst Prof. The program had three sessions with three different resource persons delivering lectures on the following topics: Applications of Linear Algebra in Combinatorics by Dr. P. Jeyaraman, Descriptive techniques of wave structure problems by Dr. Harekrushna Behera and Number theory in Cryptography by Dr. J. Basker Babujee.

2. The Department of Mathematics, St. Joseph University, Dimapur, Nagaland held a webinar on 26th November 2021 on the topic “Research Methodology”. The resource person for the webinar was Dr. J. Arivukkarasu, Associate Professor and Head of the department of science and humanities, Vivekanandha College of Technology for Women, Tiruchengode, Namakkal, Tamil Nadu.

## ORIENTATION/FRESHER'S DAY PROGRAM

### *Department of Education*

Orientation Programme for Post Graduate students on Interpersonal skills and Learning skills. Education department organized one day orientation programme for the Post Graduate Student (MA Education) on 30th November 2021 at the University auditorium. Fr. Dr. Peter Salew, SDB (Director of Selection Youth Ministry), Ms. Inalika Chishi, Youth Animator (DBYES) and Mr. Alan Paul Youth Animator (DBYES) were the resource persons. Fr. Dr. Peter Salew spoke on the topic- Inter-Personal Relationship, Ms. Inalika Chishi on “Importance of Networking” and Mr. Alan Paul session on “Learning skills” which was activity based where all the students actively participated.



### *Department of English*

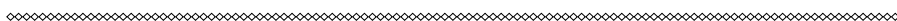
The Department of English, St. Joseph University, celebrated its annual Fresher's Day on 16th November, 2021 at 9:00 AM in the University auditorium.

On the other hand, an orientation program on Exam Evaluation Pattern, Vision and Mission of University, Vision and Mission of Department of English, Respect and Discipline was held on 22nd November 2021 with the students of M.A. English 3rd semester by Dr. Alemenla Walling, Assistant Professor, English Department, St. Joseph University, Dimapur.



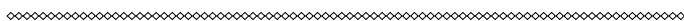
### ***Department of Computer Science***

Orientation Program on the Field of Computer Science. The Department of Computer Science association 'TEKNE CLUB' conducted an Orientation Program on Exploring the Field of Computer Science on 12th November 2021. Mrs. Rajeshwari G who is a working as Professor in the Department of Computer Science, Surya Group of Institution, Tamilnadu gave an interesting talk on the wide range fields available to budding computer professionals.



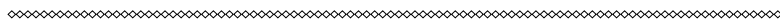
### ***Department of Economics***

On 16th November 2021, Fresher's Day for Department of Economics was held at 1.00 pm organized by Economic Association.



### ***Department of Social Work***

Department of Social Work, St. Joseph University, Dimapur, Nagaland organized the Fresher's Day for both UG and PG on 15th November, 2021 at 10 am in University Auditorium.



### ***Department of Botany***

Fresher's day programme for the first year students of M.Sc and B.Sc Botany was conducted on 23rd November 2021



# ORIENTATION/FRESHER'S DAY PROGRAM

## Department of Sociology

The Department of Sociology, St. Joseph University, organized the 5th Fresher's Day cum Orientation Programme on the 6th of November 2021 to welcome the freshers from both U.G and P.G Level. The Guest of Honour for the programme was Dr. A. Anthonisan, the Registrar of the University. He delivered the exhortation message welcoming the freshers to the University.



## DEPARTMENT PROGRAMS/ ACTIVITIES

### Department of Education

Debate Competition on "Education for the future". The department of Education St Joseph University on the occasion of National Education Day conducted a debate competition under the theme "Education for the future" on 11th November 2021. The Post Graduate students debated on the topic-"On line education is preferred over offline education" while for the undergraduate students the topic of the debate was "children have choices for their education".

SEC Activity on Mask Making and Mask Painting. Department of Education, St. Joseph University conducted an activity on mask making and mask painting for PG 1st semester on 26.11.21 and 2.12.21 as a part of Skill Enhancement course, Life Skills Education-I. The activity was guided by Miss Senteinla and Miss Aorenla Asst. professors of Education Department. The materials used for making the product includes: plaster of Paris, a bowl of water, scissors, newspaper, Vaseline/coconut oil, paint brush, and fabric colours. The students painted the finished product (mask) with their creativity skills which was an enriching experience for the students.



# DEPARTMENT PROGRAMS/ ACTIVITIES

## **Department of English**

Interaction session B.A 1st and 5th semester. Interaction session with B.A 1st and 5th semester was held on 9th of November



Interaction Session MA 1st and 3rd Semester. On date 9th November 2021, MA 1st year and MA 3rd year, Department of English had an interaction session for an hour.



The Research Forum under the Department of English organized a Work in Progress presentation for the PhD scholars on the 15th November 2021, at 10:00 AM.



## **Department of Sociology**

The Department of Sociology organized an Extempore Speech Competition on the 13th November 2021. A total of 18 students from both UG and PG participated.



## **Department of Physics**

Hands-on Workshop on “Solar PV Panel System Design with Hands-on Installation Workshop”. The training, hosted by Department of physics, St. Joseph University Naga-



land-Dimapur, was held on 29th November 2021. The resource persons were Roy K.V Technocrat and proprietor – Arkon Energies-Guwahati and Vilasalie Angami Leads of Solar world Nagaland shop-Dimapur.

## **Department of Physics and Mathematics**

The department of Physics and Mathematics collaborated on a one-day Guest Lecture program on Allied Health courses in CMC Vellore 26th November 2021, with speaker Dr. Paul Ravindran, Principal Allied Health Sciences courses CIHSR and Chief Medical Physicist and Radiation Safety Officer CIHSR.



## **Department of Social Work**

Department of Social Work, St. Joseph University, Dimapur, Nagaland has organized a Guest Lecture Session on Window 7 Basics for Bachelor of Social Work (BSW) I semester on 3rd November 2021. The resource person for the session was Deepak P, Assistant Professor, Department of Computer Science, St. Joseph University, Dimapur, Nagaland.



# DEPARTMENT PROGRAMS/ ACTIVITIES

## **Department of Social Work**

The Department of Social Work, St. Joseph University, Dimapur, Nagaland in collaboration with CAN Youth and National Foundation for India (NFI) organized two days Workshop on “Peace building and SDGs under Project- Leaving No One Behind: Building Pathway for Peace in North East India Via Engagement of Civil Societies and Youth Leaders” on 8th and 9th October, 2021. The resource person of the workshop were Miss Katini Eshena, Field Coordinator, NFI, Mr. Jenpu, Founder and Chief Functionary of CAN Youth and Mr, Thejapfu Secu.



## **Department of Political Science**

The Political Science Department had organized the Extempore Speech Competition on 10th November 2021 at the university auditori-

um. The objective of the competition was to provide platform so that students can reveal their ability and develop a point of view on a general topic and deliver an impromptu speech within limited preparation time.



## **Department of Psychology and Counseling**

The Department of Psychology and Counseling, St Joseph University, Dimapur organized an Annual Day Event and Advent Christmas Programme on 13th November 2021.

MA 3rdsemester students, St Joseph University, Department of Psychology and Counselling organized an assessment based activity “Butterflies in my stomach” on 12 Nov, 2021. The goals of the activity were to assess

presenting problems and concerns, facilitate awareness regarding how the body reacts to stress, assess and promote problem solving



abilities, & enable the verbalization of feelings.

To facilitate the identification and ex-

pression of appropriate ways to express anger and adapt positive problem solving behavior, MA 3rd semester students, St Joseph

University, department of psychology and counselling organized an assessment based activity “Anger Menu”

on 17 Nov, 2021.

To let clients who may be going through a difficult time or experiencing low self-esteem know that they are not alone, MA 3rd semester students St Joseph University, Department of Psychology and Counselling, organized an assessment based activity “You’re A Star” on 23 Nov 2021. The goals of the activity included Improving self-esteem by increasing awareness of love ones, caregivers and helpers, and provide a method of coping with future emotional issues.

# FIELD VISIT

## **Department of Social Work**

Department of Social Work visited Community Avenue Network (CAN) Youth organization on 5th November 2021. The aim of the visit was to get orientation about the organization. There were 81 trainees and two faculties for the visit. Community Avenue Network also known as CAN Youth is a non-profit organization mainly focusing on adolescence and youth by providing help and training for sustainability. During the visit, Mr. Jenpui Rongmai, the founder and director of CAN Youth shared



the details about the organization like how it started, the current projects, the focused areas and the structure of the organization.

On 12th November, 2021, the Department of Social Work, 1st year UG and PG

visited an NGO Known as Pro Rural for an Orientation Programme. The Resource Person was Kevineituo Tewa, Project Coordinator of Pro Rural Organization. The Programme was attended by a total number of 76 Students.

## **Department of Zoology**

The department of Zoology, St. Joseph University Organized a field trip to SASRD and ICAR for the M.Sc. final year students on the 25th of November. The first session of the field trip to SASRD Nagaland University consisted of interaction with the Pro Vice Chancellor and the faculties followed by visit to various labs and apiaries. After the session at SASRD

Nagaland University the students were led to ICAR Mithun farm whereby they were taught on methods of rearing and the importance of Mithun. Following the visit to Mithun farm, the students visited ICAR- National Research Center on Mithun to various laboratories. Altogether 4 faculties and 51 students from the Zoology department participated on the field visit.



## **Department of Botany, Bio Technology and Zoology**

Students of the departments of Botany, Biotechnology and Zoology of St Joseph University visited ICAR-National Research Centre on Mithun (ICAR-NRCM) and attended a lecture on 'Animal Cloning- Scope and Awareness' on 12th November 2021.

The students also visited various research laboratories and Mithun farm maintained by the institute.

A total of 32 students attended the programme, accompanied by two faculties. Resource person



for the invited lecture was Dr. Prem Singh Yadav, Principal Scientist of Animal Physiology and Reproduction Division, ICAR-Central Institute for Research on Buffalos, Haryana.

## **EDITORIAL TEAM**

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3. Co- Patron Dr. A. ANTHONISAN, Registrar

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2. Prof Charles Ezung, Dean- Student welfare
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2. Dr. Fr Sunny Joseph, Professor, Department of Education

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6. Ms. Nenchu Kath, Assistant Professor, Department of PAC
7. Ms. Magdalene Kiewhuo, Assistant Professor, Department of Zoology
8. Ms. Keneisanuo Linyu, Assistant Professor, Department of Commerce

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2. Mr. D. Kayideluo Pfoze Assistant Professor Department of JMC
3. Mr. Keisham Damaru Singh, Assistant Professor Department of JMC

## **CIRCULATION MANAGER**

Rev Fr L Savariappan MMI, Public Relations officer

***Do you have something you'd like to let us know?*** Whether you have a comment or an idea to share, we look forward to hearing from you: [sjunb@stjosephuniv.edu.in](mailto:sjunb@stjosephuniv.edu.in)

For inquiries, email us at: [info@stjosephuniv.edu.in](mailto:info@stjosephuniv.edu.in)

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If you would rather call us, you can reach us at: +918974735421; 03862242069