



# SJU NEWSBITES

Vol. III

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If women are expected to do the same work as men, we must teach them the same things.

PLATO



**8** Convocation Photo Gallery page

1<sup>st</sup>  
*Convocation*

2022  
**REPORT**

# ST JOSEPH UNIVERSITY

Virgin Town, Ikishe Model Village, Chumuokedima, Nagaland, India - 797115

# INTERNATIONAL WOMEN'S DAY

## EDITORIAL



*The editorial team brings warm greetings to all the readers of this issue. It was exciting to be working on this volume of the SJU Newsbites after the last edition. Along with the international community, the University saw the celebration of the International Women's Day (IWD) on March 08, through an International Panel Discussion organised by the Department of Psychology and Counselling in collaboration with Globethics.Net India on the United Nations IWD theme for year 2022, "Gender Equality Today for a Sustainable Tomorrow".*

*The issue of gender equality shouldn't be relegated for discussion to one day in a year, yet, we appreciate the global efforts to eliminate gender inequality through various measures and in a myriad of arenas. 'Sustainability', in this year's theme, is used primarily from the perspective of the climate crisis and environmental issues that surrounds us, and the need for gender inclusion and gender mainstreaming, particularly of women and girls as agents and mitigators of change in this process. However, it is believed that a gendered participation in the political decision-making should precede empowering women and girls in making decisions about the nature and environment, particularly in a place like Nagaland, with its patriarchally entrenched local institutions. Women and girls can make meaningful contributions to every sphere of life that affects them, only when they are given that political space, autonomy and freedom, so that they feel included, respected and heard.*

*It is not enough to celebrate the contributions of women and girls to society only on International Women's Day. It is high time our society and institutions work towards adopting more gender-inclusive and gender-sensitive policies to accommodate the voices and aspirations of women and girls. Only then can we even envision a gender-equal society free from gender oppression and subjugation.*

*The editorial team hopes that the readers enjoy the contents of this issue, and gain new insights on looking at gender differences and the inherent inequalities that we face today. This is the greatest impediment to progress of our society.*

**Editorial Team**

## GREETINGS FROM THE DEAN ADMINISTRATION

*Gender equality is a basic human right. It is not only a fundamental human right, but a necessary foundation for a peaceful, prosperous and sustainable world. There has been progress over the last decades: more girls are going to school, fewer girls are forced into early marriage, more women are serving in parliament and positions of leadership and laws are being reformed to advance gender equality. Despite these gains, many challenges remain unanswered like, discriminatory laws and social norms remain pervasive, women continue to be under-represented at different levels, and experience sexual violence.*

*For women, all these challenges fall like insurmountable obstacles. But they need to feel that opportunity lies in every crisis. Hence, today, women have independent and equal roles, and are making significant contributions to the economy, to governance, to business, in agriculture as entrepreneurs and employees.*

*They bring in perfect blend of success with compassion, focus, assertiveness and determination in various segments of the society. Hearing all these, there is a need to create more opportunities for the women who do not have them in order to enhance the power of leadership for women.*

*Today's status of women has come a long way, from holding a dependent identity. As the saying goes "Gender equality must become a lived reality" and it is heartening to see society taking the right strides in building an inclusive lifestyle. One such day that acknowledges women's achievements and celebrates the economic, political, and social achievements of women, while showing respect and admiration is "International Women's Day".*

*In accordance with the theme 'Gender equality today for a sustainable tomorrow', we (Josephites) have the bounden duty to empower women to break the bias and March towards creating a world free of discrimination. A world; where women are valued and celebrated. It is time we all 'walk the talk' starting from our homes to the places we study and work, to ensure that we become the catalyst of a cultural shift that leads to the creation of a society that embraces the right to dream for all.*



**Sr. Dr. I Arokia Mary  
Dean Administration  
St Joseph University**



## MEETINGS

<b>Academic Working Committee Meeting</b>	11th March 2022
<b>All Staff Meeting</b>	22nd March 2022
<b>Admission Committee Meeting</b>	
Manipur and Arunachal Committee	5th March 2022
Manipur and Nagaland Committee	15th March 2022
Arunachal Committee	31st March 2022
<b>Convocation Committee Meeting</b>	7th & 15th March 2022
<b>HODs' Meeting</b>	3rd & 21st March 2022
<b>Management Committee Meeting</b>	5th March 2022

## Department Meetings

Department of Economic	26th March
Department of English	5th, 9th and 31st of March
Department of History	7th March
Department of JMC	17th March
Department of Social Work	5th March
Department of Sociology	1st and 8th of March
Department of Mathematics	17th March
Department of Physics	11th March
Department of Psychology and Counselling	14th, 15th, 18th & 21st March

# SJU organises First Convocation Ceremony

1016 GRADUANDS FROM 19 DISCIPLINES FELICITATED; 37 RECEIVED GOLD MEDALS, 36 SILVER



St. Joseph University, Nagaland conducted its first-ever Convocation Ceremony for the graduates of UG, PG, and M. Phil Degree on 28th March 2022 at the University campus. The event was presided by the Guest of Honour, His Excellency, Most. Rev. Leopoldo Girelli, Apostolic Nuncio, India and Nepal. The honorable Deputy, Chief Minister, Shri. Y. Patton, in his Convocational Address, exhorted that “Education is a life-long process and urged the students to acquire in-

tellectual hunger”. Rev. Sr. Dr. I Arockia Mary, Dean of Administration pronounced the welcome address which was then followed by the University report delivered by the Vice Chancellor, Dr. D. Gnanadurai. The event was then felicitated by the Most. Rev. Dr. Francis Kalist, who encouraged the graduands to be responsible citizens to transform the society. The keynote speaker, Most. Rev. Dr. James Thoppil, Pro-Chancellor of SJU, addressed that such Convocation ceremony

mirrors the academic excellence of the University and he congratulated the University for adhering to the ethic of sound academia. The degrees were awarded to the Graduands by Rev. Fr. Dr. J. E. Arul Raj, Chancellor of the University. There were altogether 1016 graduands from 19 disciplines and they were felicitated for bringing laurels through their academic excellence and achievements. 37 graduates were awarded with Gold Medals and 36 with Silver Medals.

# International Women's Day Celebration

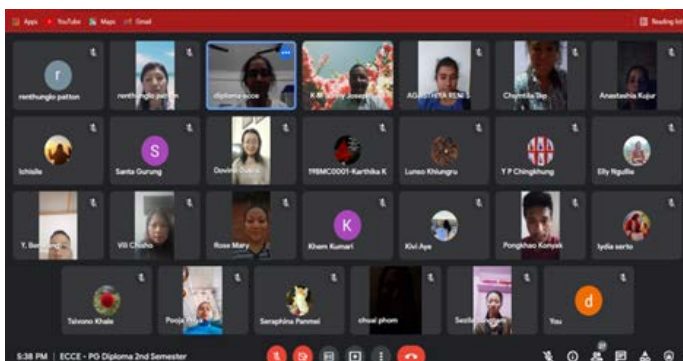
## Department of Chemistry

The students of chemistry organised a short programme on International Women's Day on 8th of March 2022 where each participant gave briefs on the importance of women in the society as well as women empowerment.



## Department of Early Childhood Care & Education PG Diploma

Webinar on **"Women Power in Today's World"**. The department of ECCE (Early Childhood Care and Education) had a webinar on the topic **"Women Power in Today's World"** by Dr. Renthunglo Patton, MBBS, Holy Redeemer Health Centre, Chumoukedima on 8th March 2022 at 4 PM through Google meet.



## Department of History

On 8th of March 2022, to commemorate and celebrate International Women's Day 2022, **"Gender Equality today for a sustainable tomorrow"**, the Department of History, SJU conducted an activity where students from both UG II semester and PG II semester had participated in preparing and distribution of bookmarks with motivational messages to all the women both teaching and non-teaching staff.



## Department of Psychology and Counselling

The Department of Psychology and Counselling & Globethics.Net India jointly organized a blended mode International panel discussion on **"Gender Equality Today for a sustainable Tomorrow: Status of Women Today with Reference to North East India"** on 8th March 2022 to celebrate the International Women's day.

Dr. Tiatula Ozukum, Assistant Professor Dept of Sociology St. Joseph University, highlighted a brief history of the women's status in India and further reflected on the current social status of women that prevails in Naga Society. Dr. Chubatila, Assistant Professor Department of Political Science St. Joseph University and Ms Lozua Kape, Centre Coordinator, Childline Dimapur; Ms. Christine Housel from Globethics.net Geneva Switzerland; Dr. Anna Neena George, Dean faculty of Education Associate Professor, Goa University also attended the programme.



## Department of Social Work

On 8th March 2022, Department of Social Work, St. Joseph University, Chumoukidema, Nagaland celebrated the International Women's Day at Dayat Naharbari Village, East Dimapur, Nagaland along with the villagers with the theme on **"Gender Equality Today for Sustainable Tomorrow"**.

Around 200 participants took part in the event. Addressing the programme as resource person, Ms. Kh. Katini, Field Coordinator, CAN Youth said that there is need of supporting women in every field for sustainable tomorrow and added that support alone is not enough but all women should also have their own determination for better change.



# Departmental Programmes

## Department of Botany

Training on Molecular Techniques vis-a-vis PCR-Basic Applications by ICAR National Research Centre on Mithun, Medziphema, Nagaland. Botany students of St Joseph University attended hands on training programme on molecular techniques at ICAR-National Research Centre on Mithun, Medziphema, Nagaland. The programme was organized. The three day training programme started on 15th March 2022 and ended 17th March 2022. Total 25 students from Botany department of St Joseph University participated in the programme. The programme was coordinated by Dr. H. Lalzampuia, Scientist of ICAR National Research Centre on Mithun, Medziphema, Nagaland. Co-coordinators of the programme were Dr. JK. Chamuah, Dr. Stephen S Hanah, Dr. Sunitibala Devi, Dr. Vikram R.



crease their knowledge, facilitate the learning process and provide special experience for students that cannot be found in books.

The students can learn about the processing train in sampling and analysis of milk products and to know the end products, quality control measures and tests that are used for hygiene and food standards to meet regulatory and customer demands.



**Award:** Two M.Sc students of Chemistry Department, Ms. Imsumongla Jamir and Mr. Raju Thakur received the best presentation award in a Two-Day National Conference on “Anthropology: Biological Diversity and Affinities-A critical Rethinking of the Enduring Issues in India (ABDACREII-2-22)” organised by Department of Zoology on 17th and 18th March, 2022.

Five students from the Department of Chemistry participated in the 3rd Ignite Fest organized by Department of Commerce and Management on 23th-25th March'2022. Students of Chemistry Department won 1st position for best debater in debate competition (Mr. Stephen J Kithan), 2nd position in Business plan (Mr. Stephen J Kithan) and 2nd position in Mad Ads (Mr. Stephen J Kithan & Mr. D. Thounagai).



## Department of Chemistry

**Guest Lecture** on Noble Gas Compounds. A one day guest lecture programme on the topic “Noble Gas Compounds” was organized by the Department of Chemistry on 10th of March'2022. Dr. Rahul, Assistant Professor and Head, Department of Chemistry, St. John College Dimapur Nagaland was the resource person for the programme.



**Industrial Visit:**An industrial visit to Dimapur District Co-operative Milk Producers (Dairy Plant) was organized by the Department of Chemistry, St. Joseph University on Tuesday, the 22nd of March 2022. Forty-six students and three faculty members visited the plant. The purpose for visiting the plant was to make students more diligent, in-

### Department of Commerce

Industrial visit to Dimul at Nagaland . The Department of Commerce organized industrial visit for its M.Com students to Dimul dairy unit at Nagaland. Dr.Mhasizokho Lhoushe, Chief Executive officer and Mr.Kikrusekho Chales junior supervisor welcomed the staff and students to get them into the processing unit and explained the kinds of Dimul dairy products and the importance of marketing with the special taste of Dimul products. Mrs.Arenla and Ms.Keneisanuo Linyu, faculties from St. Joseph University lead the team for the successful completion of this industrial visit.



### Department of Mathematics

On 10th and 11th March 2022, the Department of Mathematics, SJU conducted a two days webinar in the theme "Fuzzy Set Theory". The Speakers were Dr. M. Chandramoulieswaran, Rtd. Professor and Dr. K.Kalaiarasi, Associate Professor, Department of Mathematics, Cauvery College for Women, Trichy.

### Department of Physics

Field trip to ICAR-National Research Centre on Mithun. Department of Physics, St. Joseph University, organized an industrial visit to the ICAR-National Research Centre on Mithun, on 4th March 2022 especially for PG final year students and UG second semester students. The main objective behind the visit was to make students aware of the basic biological research.



### Department of Political Science

International webinar on "Enhancing Professional Ethics through Teaching of Politics". The Department of Political Science, St. Joseph University (SJU), Choumukedima, in collaboration with Gloethics.net India organised an International Webinar on "Enhancing Professional Ethics through Teaching of Politics", on the 16th of March, 2022, which was transmitted online, at the University Auditorium. The key-note speaker, Rev. Dr. Paulacharan Kochappilly, Former National Director, Globethics.net spoke on three focus areas for achieving professional ethics: (i) "No one is safe unless everyone is"; (ii) "Whoever protects the dharma (law) is protected by the dharma"; and (iii) "All for life and life for all". Dr. Prasenjit Biswas, Associate Professor of Philosophy at the North-Eastern Hill University, Shillong. Ms. Christine Housel, Strategic Partnership and Donor Relations Officer at Globethics.net Geneva gave a presentation on the ongoing and future projects and partnerships that the Globethics is engaged in and shared the many ways in which teaching faculty and the students can make use of the various resources that the organisation has to offer.

### Department of Psychology and Counselling

Training programme for college students on "Early Identification and Intervention of Children with Intellectual and Developmental Disabilities". The Department in collaboration with National Institute for the Empowerment of Persons with Intellectual Disabilities (DIVYANGJAN) & Office of the State Commissioner for Persons with Disabilities, Government of Nagaland organized a training programme for college students "Early Identification And Intervention Of Children With Intellectual And Developmental Disabilities" on 22nd March, 2022. Session facilitators, Dr Ravi Prakash, officer in-charge NIEPID RC, Navi Mumbai, Dr Neeral Mishra, lecturer, Occupational therapy, CRC Davangere, Mrs Keerti Sudha Rajput, Lecturer, Rehabilitation Psychology, NIEPID RC Kolkata highlighted the importance of creating the awareness and sensitizing the community about persons with disability.



### Department of Psychology and Counselling

Training programme for Caregivers: “Rehabilitation of Persons with Intellectual and Developmental Disabilities” & Psychological Assessment Camp. Department of Psychology and Counselling in collaboration with National Institute for the Empowerment of Persons with Intellectual Disabilities (DIVYANGJAN) (NIEPID) & Office of the State Commissioner for Persons with Disabilities, Government of Nagaland organized a training programme for caregivers and psychological assessment camp on 23rd March, 2022. A team of professionals comprising of Dr Ravi Prakash, officer in charge NIEPID RC, Navi Mumbai, Dr Neeral Mishra, Lecturer, Occupational therapy, CRC Davangere, Mrs Keerti Sudha Rajput, Lecturer, Rehabilitation Psychology, NIEPID RC Kolkata conducted the training and assessment camp for 52 caregivers, teachers and children.



### Awareness programme on Academic Stress

BA 6th semester students’ of Psychology and Counselling Department conducted an awareness programme on “Academic Stress” on 23rd and 30th March at Rincho Academy and Hebron Higher Secondary School, Sovima respectively.



### Department of Social Work

**World Social Work Day Celebration:** The Department of Social Work, St. Joseph University, Dimapur, Nagaland organized a programme on “World Social Work Day” on 15th March 2022 at St. Joseph University Auditorium. The event theme of this year was “Co-building a New Eco-Social World: Leaving No One Behind”. M. Thianes Mary, Deputy Registrar, St. Joseph University, Chumoukedima, Nagaland was the guest speaker for the event.



**Awareness Programme on Menstruation:** Department of Social Work, St. Joseph University, Chumoukedima, Nagaland, Dimapur, Nagaland organized an awareness programme on Menstruation with the theme of “Speak Up: Be Positive in Menstruation” on 25th March 2022 at Chumoukedima Town Council Hall, Chumoukedima, Nagaland. Dr. Renthunglo Patton, MBBS, Medical Officer, Holy Redeemer Health Centre, Chumoukedima, Nagaland was the resource person of the program. The speaker highlighted about the important of menstrual hygiene management during the menstrual period.



### Department of Sociology

**Socio Logos Fiesta-3:** The Department of Sociology, St. Joseph University, has organised “Socio Logos Fiesta-3” on 21st March, 2022 at the University Auditorium. The Programme was divided into four sessions; the formal session was followed by three different events. In the formal session, Dr. A. Anthonisan, Registrar, St. Joseph University exhorted the faculties and the students. The Second session was on Declamation, it was moderated by Ms. Jandeno Ezung, Assistant Professor, Department of Sociology. The third session was on Narrative Drama. This session was moderated by Ms. Imnasangla Changkija, Asst. Professor, Department of Sociology. The fourth session was chaired by Mr. Kelevil Neikha, Assistant Professor, Department of Sociology, on Sociologist



**Department of Zoology  
DRDO, SERB, INSA & CSIR**

**sponsored Two Days Conference:** Zoology Department of St. Joseph University organized Two Days Conference on “Anthropology: Biological Diversity and Affinities- A Critical Rethinking of the Enduring Issues in India” was sponsored by DRDO, New Delhi; DST-SERB, New Delhi; INSA, New Delhi; and CSRI, New Delhi on 17th& 18th



Director, ICAR Research Complex for NEH Region Nagaland Centre, Medziphema talked about how Northeast region is

rich in ecosystem and how the environment works by pointing out the small things which helps the environment work. Dr.C.Raghunathan, Joint Director and Scientist-E, Zoological Survey of India, Kolkata also mentioned about the plants and animal species diversity in North East Region especially in Nagaland. More than 250 participants were participated in the knowledge sharing conference.

## Inter-Departmental Programmes

**Ignite Fest 2022:** The Department of Commerce and Management Studies, St. Joseph University organized the 3rd Ignite fest from 23rd-25th March, 2022 with the motto “Learn together grow together”.

The theme for this year was “Fire up your skills”. Dr. Andrew Aphoto Sumi Chairman of Livingstone Foundation graces the opening ceremony. Some of the events conducted were Debate, Minute to win it, MAD ADS, The voice, Ignite Hunt, E-sports, Cosplay, Basketball, Penalty Shootout, Business plan and Photography; around 11 colleges from Nagaland and various Departments of St Joseph University participated in the events. The sponsors for the events were The Mentor consultancy, Little Hut, Nagaland coffee, Niathu Resort, Hands of change, Fingerprints and BP.

### Memoirs of Ignite Fest



**Inter-Departmental Football Tournament:** The first ever open inter-departmental football tournament was organized by the Department of Economics for 3 (three) consecutive days i.e., from 4th to 6th March 2022. A total number of 15 teams were registered and compete for the trophy. The inaugural programme was graced by the Registrar of SJU with an exhortation and the Dean of Students Affairs; Prof. Charles Mhonthung Ezung declared the tournament opened.



## Webinars

### Department of Civil Engineering

**IEI-Students Chapter:** A National Level Technical Webinar on "Soil Exploration and In situ Testing" was organized by the Department of Civil Engineering, St. Joseph University (SJU) in association with The Institution of Engineers (India)—Student Chapter, St. Joseph University, Nagaland on March 22, 2022. The resource person was Dr. Arunav Chakraborty, Assistant Professor, Department of Civil Engineering, Tezpur University, Napaam, 784028, Assam, India



### Department of English

The Department of English, St. Joseph University conducted a National Webinar Series, an Interdisciplinary/ Transdiscursive Critical Thinking – Discourse 7, on the topic "Crimes against Women and the New Legislation" on 25th March, 2022. Dr. A. Kala, Associate Professor & Head, Department of English, Tagore Govt. Arts and Science College, Pondicherry, India was the guest lecturer for the programme.

## Students' Corner

### *Song of a Halcyon*

-Azuna Nsamding  
B.Sc Zoology VI Semester

*Oh! Peace Peace Peace  
That wonderful and astray from men  
One and only, which make men ease  
From the fear, the fear poured from men.*

*Peace for a song and in high spirit,  
Let bygonas be bygonas with open amity.  
Peace be not pressured nor limit  
But peace be done through empathy.*

*Peace, with mind full of terror  
What a pity thing to be unjust,  
Like a kite, flying high in the air  
Not its wish, but the wish of gust*

*If my verse about peace be reliable  
Then, let peace be hear tell.*

### YOUR STRUGGLE MATTERS

Alice Seb  
B.Sc Zoology VI Semester

If you're struggling with your dreams, or your vision, good for you. The struggle means you're still alive.

But even if you've given up, there's still hope. Get back in touch with the God who created you, saved you and called for you.

Embrace the struggle. Allow your creator to help you move from inner struggle to inner success.

Do the day-to-day work that your dreams require. It doesn't always have to be a big leap, sometimes, just be present. And, through that, find the strength on the far side of the struggle.

Sure, getting there is hard work. So is any good thing in life. But remember, what makes it hard is also what makes it valuable.

### Department of Physics

The Department of Physics has organized a national webinar on "Battery Materials" on 10th March 2022 through the Google meet platform. The lecture in this webinar was given by Dr. B. Nalini, Assistant Professor, Department of Physics, Avinashilingam Institute for Home Science & Higher Education for Women, Coimbatore, Tamil Nādu, India.



### Department of Psychology and Counselling

The department of Psychology and counselling conducted a webinar on "Broaden and Build Theory of Positive Emotions" on 25th March 2022 for the students of MA 4th semester. The resource person for the webinar was Ms. Ruovizokhonuo E. Pienyii, counsellor, JNV, Dimapur. She talked about how limited information on positive emotion resulting into greater emphasis on negative emotions and how this theory has hypothesized in broadening the positive emotions and resulting into building these emotions for new way of thinking and acting. She also emphasizes on how positive can undo residues for negative emotions and can effect in protecting health, well being and leading to meaningful life.

## QUOTATIONS

**"To achieve gender equality we must first remove the mindset of a girl weakness but give them an equal opportunity and we will see the benefits with our own eyes."**

-Sungjemwati Ozukum  
B.Sc Zoology VI Semester

**"India is called "Bharat Mata", than why are women not safe! Why?"**

-Yinglem  
B.Sc Zoology VI Semester

# Photo Gallery: First Convocation Ceremony of SJU, Nagaland



# CONCLUSION

March 2022 was a fruitful month for the University, having organised a number of programmes with the efforts from all the faculties and students for the long term success of the University.

## EDITORIAL TEAM

1. Chief Patron Rev. Fr. Dr. J.E. ARULRAJ, Chancellor
2. Patron Dr. D. GNANADURAI, Vice Chancellor
3. Co- Patron Dr. A. ANTHONISAN, Registrar

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2. Prof Charles Ezung, Dean- Student welfare
3. Sr. Thianes Mary DMI, Deputy Registrar

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1. Dr. Alemmenla Walling, Assistant Professor, Department of English
2. Dr. Fr Sunny Joseph, Professor, Department of Education

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2. Dr. Avinuo Chupuo, Head, Department of History
3. Dr. Imkumnao, Head, Department of philosophy
4. Dr. Nidheesh K.S, Head, Department of Botany
5. Ms. Krelo Vincenza, Assistant Professor, Department of English
6. Ms. Nenchu Kath, Assistant Professor, Department of PAC
7. Ms. Magdalene Kiewhuo, Assistant Professor, Department of Zoology
8. Ms. Keneisanuo Linyu, Assistant Professor, Department of Commerce

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3. Mr. Keisham Damaru Singh, Assistant Professor Department of JMC

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Do you have something you'd like to let us know? Whether you have a comment or an idea to share, we look forward to hearing from you: [sjunb@stjosephuniv.edu.in](mailto:sjunb@stjosephuniv.edu.in)

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